

IPA Spring Institute

Intensive Telepsychology Training: Legal, Ethical, Technical and Clinical Best Practices

15 Continuing Education Credits

Presented by Marlene M. Maheu, PhD

Friday and Saturday, May 8 & 9, 2020 <u>May 8th, 8- 8:30 am Registration and Continental Breakfast</u> May 8th Workshop 8:30 am – 6 pm <u>May 9th, 7:30- 8:00 am Continental Breakfast</u> May 9th Workshop 8:00 am – 5:30 pm

> The Chateau Hotel and Conference Center 1601 Jumer Drive (just off Veterans Parkway) Bloomington, Illinois 309-665-5680

> > Sponsored by: Illinois Psychological Association

About the Workshop

The first day of this workshop will cover basic clinical, legal and ethical skills of telepsychology practice, including how to choose and manage technology. The second day will focus on more advanced skills including risk management, crisis intervention, special concerns, and safety issues involved in this scope of practice.

THE PRESENTER



Marlene M. Maheu, PhD

Dr. Marlene Maheu started delivering her first telehealth service in 1994. Donned the "telepsychology visionary" by former APA President Pat DeLeon, PhD, JD, MPH, she is a consultant, researcher, author, and trainer. Dr. Maheu trains professionals interested in legal and ethical best practices related to telehealth and various technologies. She serves as the Executive Director of the Telebehavioral Health Institute, Inc., where she oversees professional

training in telebehavioral health via an eLearning platform that has served behavioral clinicians from 73 countries. For more than twenty years then, Dr. Maheu's focus has been on legal and ethical risk management related to the use of technologies to better serve behavioral health clients and patients. She has served on a dozen professional association committees, task forces and work groups related to advancing telebehavioral health as well as establishing standards and guidelines for telebehavioral health dozens of peer-reviewed articles and is the lead author of multiple telehealth textbooks.

As Faculty Associate of the Nicholas A. Cummings Doctor of Behavioral Health Program, School of Health Solutions, she teaches doctoral students how to work with technology as behavioral health professionals. As Editor-in-Chief of the Telebehavioral Health News, she oversees the publication of a weekly newsletter and providing a community blog as free educational services to help TBHI's community of more than 14,000 licensed professionals. From 1994-2016, she was the Founder and Editor-in-Chief of SelfhelpMagazine, an online portal that supported millions of consumers worldwide.

As the Co-Founder and President of the Coalition for Technology in Behavioral Science (CTiBS) from 2011 to the present, she has led the nonprofit organization through several initiatives to responsibly advance the use of technology in the behavioral sciences. The initiatives include the development of interdisciplinary Telebehavioral Health Competencies and the launch of the Journal for Technology in Behavioral Science (JTiBS), which is funded and published by Springer Publishing. CTiBS is also focused on developing credentialing for telebehavioral health practitioners.

LOCATION AND HOTEL GUEST ROOM INFORMATION

The workshop will take place at The Chateau Hotel and Conference Center in Bloomington, Illinois located at 1601 Jumer Drive (just off Veterans Parkway). The hotel is holding a small group of rooms at the special rate of \$119 for a single or double for arrival on May 7th. Please contact Marsha Karey at 312-372-7619 x201 to make your reservation ASAP. This is graduation weekend for ISU so hotel rooms will go very quickly.

CONTINUING EDUCATION CREDITS

Intensive Telepsychology Training: Essential Legal, Ethical, Technical and Clinical Best Practices is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content. APA CE credits satisfy the continuing education requirements of Illinois Licensed Professional Counselors and Social Workers. <u>Fifteen (15) continuing education credits will be awarded</u>.

5/8/2020:	TOPICS	LEARNING OBJECTIVES Identify at least 3 terms that are used in the scientific literature to refer to the field of telepsychology.			
8:30-9:20	TBH DOMAIN I.ACLINICAL EVALUATION & CARE: <i>Evaluation &</i> <i>Treatment</i> CTiBS: Theory & Theory Integration; Fundamentals: competencies, definitions, concepts, theory & research; Screening, Assessment, Referrals, Treatment				
9:20 —9:35	TBH DOMAIN I.B CLINICAL EVALUATION & CARE Cultural Competence & Diversity	List 3 ways in which multi-cultural and diversity issues are relevant to telepractice.			
9:40 - 10	TBH DOMAIN I.C: CLINICAL EVALUATION & CARE Documentation and Administrative Procedures	Name at least two ethical solutions to potential problems related to intake, and assessment in telepsychology.			
10:15-11:45	TBH DOMAIN II Virtual Environment & Telepresence: Video Office Set-Up; Hardware (e.g. cameras, monitors); software (video platforms); room elements; production values/skills/web-side manner	List at least two production values (web-side manner) that could have clinical relevance when videoconferencing.			
12:30 – 1:15	TBH DOMAIN II Virtual Environment & Telepresence: Telepresence Factors; Client/Patient Education Internet Dependency & Other Problems	Name three topics to cover when educating your client/patient about telepractice.			
1:15 - 2	MOCK DEPOSITION #1 Litigating Attorney for the Defense Questions Joanne Johnson, PhD	Describe how an attorney can make it appear that you are incompetent when you haven't had significant TBH training.			
2:15 – 3	CTiBS TBH DOMAIN III <i>Technology</i> <i>Choices</i> (video, email, text message)	Name at least 2 questions to ask a technology vendor before purchasing technology services.			
3 – 3:30	CTiBS TBH DOMAIN IVLegal & Regulatory Issues: Practicing over state lines; other licensure issues, privacy /confidentiality with state and federal laws (HIPAA & HITECH), mandated reporting, Tarasoff, suicide and abuse, Malpractice Insurance, Telesupervision	Describe the complications that may exist with issues such as Tarasoff when practicing in multiple states.			
3:45 - 6:00	CTiBS TBH DOMAIN IV Legal & Regulatory Issues: Risk Management: Safety Issues / Crisis Management / Handling Emergencies	Describe at least three elements of a safety plan for telepractice.			

Workshop Schedule and Learning Objectives

May 9th:	TOPICS	LEARNING OBJECTIVES				
8:00 - 9:00	CTIBS TBH DOMAIN IV <i>Legal & Regulatory Issues</i> : Reimbursement Strategies	Identify at least three CPT codes and one POS code of particular relevance to telebehavioral health.				
9:00 - 10:15	TBH DOMAIN V.AEvidence-Based & Ethical Practice: Evidence-base, Standards & Guidelines	Identify at least 1 ethical code of relevance to telebehavioral health				
10:30 - 11:15	TBH DOMAIN V.AEvidence-Based & Ethical Practice: Informed Consent Lab	Name at least 1 issue of specific relevance to your population to address in your informed consent document				
11:15 – 11:30	TBH DOMAIN V.AEvidence-Based & Ethical Practice: Home Offices: Legal, Ethical & Practical Issues	Name at least two things that can go wrong when working from your home office				
11:30 - 11:45	TBH DOMAIN V.BEvidence-Based & Ethical Practice: Social Media and Digital Information Collection Facebook, Yelp and other social media consumer rating sites	Intelligently discuss the pros and cons of looking for information about your client/patient online.				
12:30 - 1	CTIBS TBH DOMAIN VI – Mobile Health Technologies Including Applications (APPs) Part I: How to find evidence-based apps for clinical care	List at least 3 criteria for identifying an evidence- based app.				
1- 1:30	CTiBS TBH DOMAIN VI – Mobile Health Technologies Including Applications (APPs) Part I: How to find evidence-based apps for clinical care.	List at least 3 criteria for identifying an evidence- based app.				
1:30 - 2	App Exercise	Name at least one issue to address when assigning an app in the course of treatment				
2 - 3	TELEPRACTICE DEVELOPMENT Part 1 CTIBS TBH DOMAIN VII Business Issues	Describe what to do if an online employer asks you to deliver a service illegally.				
3:15 - 4	TELEPRACTICE DEVELOPMENT Part 2 CTIBS TBH DOMAIN VII: Social media tips and strategies for legal and ethical online marketing through white papers, eBooks, webinars, podcasts; apps; etc.	Describe at least two ethical issues to consider when developing "products" to be disseminated via the Internet.				
4 – 5:00	MOCK DEPOSITION #2 Litigating Attorney for the Defense Questions Joanne Johnson, PhD	Describe how an attorney can make it appear that you are sloppy and incompetent when you haven't attended to the basics of good clinical practice.				
5:00 - 5:30		Wrap-up Q&A: Live Audience Interaction				

Bibliography

Hilty, D.M., Randhawa, K., Maheu, M.M., Drude, K.P., Pantera, R. (in press). Quality telepractice and the therapeutic relationship: Learning from virtual reality, augmented reality and telepresence. Academic Psychiatry.

Maheu, M.M., Hilty, D. M., Drude, K.P., Hertlein, K.M. (2018). A framework for telebehavioral health competencies across Professions: Process, outcome and practice considerations in a complex era of healthcare. Academic Psychiatry.

Glueckauf, R. L., Maheu, M. M., Drude, K. P., Wells, B. A., Wang, Y., Gustafson, D. J., & Nelson, E. (2018). Survey of psychologists' telebehavioral health practices: Technology use, ethical issues and training needs. Professional Psychology: Research and Practice.

Maheu M. M., Drude, K., Hertlein K., Lipshutz, R., Wall, K., Long, R., Hilty D. M., (2017). An Interprofessional Framework For Telebehavioral Health Competencies. Journal for Technology in Behavioral Science, 1(4).

Hilty D. M., Maheu M. M., Drude, K., Wall, K., Long R, Hertlein K, Luoma, T. (2017). The Need For Telebehavioral Health Competencies: An Approach Based On Competency Frameworks And Common Themes Across Fields. Journal for Technology in Behavioral Science, 1(1).

CANCELLATION POLICY

No refunds will be offered for this workshop. Grievances about the workshop may be addressed to the Illinois Psychological Association in writing.

ACCESSIBILITY

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by April 3, 2019 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201 or mkarey@illinoispsychology.org).

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

Registration and Workshop Times

<u>May 8th, 8-8:30 am: Registration and Continental Breakfast—Workshop: 8:30am-6pm</u> <u>May 9th, 7:30-8 am: Continental Breakfast—Workshop: 8am-5:30</u> APA RULES DICTATE THAT YOU MUST BE PRESENT FOR THE ENTIRE WORKSHOP TO GET THE CE CERTIFICATE.

<u>For those arriving on May 7, 2020</u>, there will be get-together dinner at 7 PM at the Destihl Restaurant and Brew Works at 318 S. Towanda Avenue in the Shoppes at College Hill Mall. RSVP to Dr. Mary Dellorto by May 1, 2020 at 309-825-1050 or <u>drdellorto@frontier.com</u>.

Registration Form Intensive Telepsychology Training: Essential Legal, Ethical, Technical and Clinical Best Practices

Friday and Saturday, May 8 and 9, 2020 Bloomington, Illinois

Register Early - Attendance is limited

Registration Form	<u>or Register On-li</u>	<u>ne at </u> w	ww.	illinois	spsyc	hology.org	<u>9</u>
Name/Degree:							
Profession: (Psychology,	Social Work, etc.)						
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Before April 30, 2020 IPA Member Non-Member IPA Student Members	\$350.00 \$450.00 \$150.00			<u>After April 30, 2020</u> IPA Member Non-Member IPA Student Members			\$450.00 \$550.00 \$180.00
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