

2020

IPA ANNUAL CONVENTION




COMING TOGETHER: A FOCUS ON HEALING

IPA'S FIRST EVER VIRTUAL CONVENTION

NOVEMBER 12-14, 2020



Illinois
Psychological
Association
www.IllinoisPsychology.org



**Sometimes life is a walk in the park.
But sometimes it isn't.**

Wexford Health takes care of people when the walk gets hard.

As one of the country's leading correctional health care providers, we treat a drastically underserved population in prisons, jails, and other institutions across the US.

If you became a psychologist because you wanted to make a lasting difference in patients' lives, then we want you on our team.

Help us to help patients who have strayed from the path.

Visit www.wexfordhealth.com to learn more about how Wexford Health "walks the walk" to raise the standard of correctional mental health care.



jobs.wexfordhealth.com

To learn more, please contact:

Liz Dalton, Physician Recruitment Consultant

Call: 618-315-0213

Email: ldalton@wexfordhealth.com

Virtual Convention at a Glance:

Thursday

November 12, 2020

9:00 AM to 10:30 PM

Program 1
**PCBH AND HOLISTIC HEALING
IN THE LGBTQ COMMUNITY**

10:30 AM to 10:45 AM
BREAK

10:45 AM to 12:15 AM

Program 2
**ON RACE AND ETHNICITY:
WHAT SCIENCE CAN TEACH US**

12:15 PM to 1:00 PM
LUNCH BREAK

1:00 PM to 2:30 PM

Program 3
**CONCEPTUAL FOUNDATIONS IN BEHAVIORAL
HEALTH CARE OF LGBTQ PEOPLE**

2:30 PM to 2:45 PM
BREAK

2:45 PM to 4:15 PM

Program 4
**THE LIVED EXPERIENCE OF FACULTY
OF COLOR DURING THE COVID-19 CRISIS
AND BLACK LIVES MATTER MOVEMENT**

4:15 PM to 4:30 PM
BREAK

4:30 PM to 6:00 PM

Program 5
**DISABILITY AND INTERSECTIONALITY:
EMBRACING INCLUSIVE POLICY AND
PRACTICE**

Friday

November 13, 2020

8:00 AM to 8:45 AM

Annual IPA All Association Meeting

9:00 AM to 12:15 PM

Program 6
ETHICS AND THE BUSINESS OF HEALING

10:30 AM to 10:45 AM
BREAK

12:15 PM to 1:00 PM
LUNCH BREAK

1:00 PM to 2:30 PM

Program 7
**ARE WE WITNESSING RACIAL
RECONCILIATION IN AMERICA?**

2:30 PM to 2:45 PM
BREAK

2:45 PM to 4:15 PM

Program 8
**THE MOST RECENT INFORMATION ON
REIMBURSEMENT AND CLINICAL PRACTICE
DURING COVID-19**

Program 9
**ADDRESSING RACIAL DISPARITIES
IN COVID-19**

4:15 PM to 4:30 PM
BREAK

4:30 PM to 6:00 PM

Program 10
**CLINICAL SUPERVISION IN CHALLENGING
TIMES: DEVELOPMENTAL/ECOLOGICAL/
PROBLEM-SOLVING MODEL (DEP)**

Saturday

November 14, 2020

9:00 AM to 10:30 AM

Program 11
**WHEN IT'S BOTH DANGER AND DISCOMFORT:
TREATING ANXIETY DISORDERS DURING
THE PANDEMIC**

10:30 AM to 10:45 AM
BREAK

10:45 AM to 12:15 PM

Program 12
**EMBRACE EXCELLENCE IN TELEPSYCHOLOGY
IN PSYCHOTHERAPY: EVIDENCE,
EXPERIENCE, EXPLORATION**

12:15 PM to 1:00 PM
LUNCH BREAK

1:00 PM to 2:30 PM

Program 13
**CLINICAL TRAINING DURING COVID-19:
CHALLENGES AND LESSONS LEARNED**

2:30 PM to 2:45 PM
BREAK

2:45 PM to 4:15 PM

Program 14
LEGISLATIVE UPDATE FOR PSYCHOLOGISTS

Program 15
**CURATING YOUR LIFE IN A TIME OF
UNCERTAINTY**

4:30 PM to 6:00 PM

Program 16
**PSYCHOLOGISTS ADDRESSING MENTAL
HEALTH OF HEALTHCARE WORKERS
DURING THE PANDEMIC**

STUDENT POSTER PROGRAMMING FOR THE 2020 VIRTUAL IPA CONVENTION!

**DUE DATE:
NOVEMBER**

**1
2020**

TOPICS: The topic of this year's convention is '*Coming Together: A Focus on Healing*'. Given these unprecedented times, topics covering diversity, racial disparities, mental health inequalities, telehealth, and so on are highly encouraged.

SUBMISSION: Please email a *single page pdf* of your poster to ipags.section@gmail.com. Further instructions will be sent out accordingly. IPAGS hopes to have a virtual interactive blog set up for a more 'lively' experience, as well as the opportunity to share posters on social media platforms!

CONTACT INFO: Please feel free to reach out to the current IPAGS Chair (Morgan Ferris; mferrisz@adler.edu) or the current IPAGS Chair-Elect (Aya Haneda; amhaneda@gmail.com) with questions or concerns.

WINNER ANNOUNCEMENTS: Winners will be announced at the **IPA All Association Meeting on Friday November 12th via Zoom** (more details to come)

AWARDS: *Several monetary awards will be available!!* Look for a final lineup of sponsors in upcoming announcements.

Welcome!

FROM OUR PRESIDENT AND 2020 CONVENTION COMMITTEE CHAIR



Dear IPA Members and Colleagues,

Hello and welcome to the 2020 Illinois Psychological Association ANNUAL CONVENTION!

On behalf of IPA Leadership, staff, and the 2020 Convention Committee, thank you for your continued support of the IPA. And thank you for choosing to virtually attend this year's convention: **Coming Together: A Focus on Healing**. This is IPA's first fully virtual convention and Live Webinar Event. We understand you have many choices when considering how to spend your resources, both time and money, and we deeply appreciate the trust you are placing in us by joining us for this event. We sincerely hope you will find it to be an educational and enriching experience. I wish to especially welcome our graduate student members, Early Career Psychologist members, and members of the IPA Leadership Development Program, who collectively represent the future of our association.

We recognize 2020 has presented many challenges and much change. For the first time in decades we were uncertain if it would be possible to have our annual convention. We made the decision early on to move to a virtual format, to find a way to maintain our traditions, and to adapt. We worked hard to reinvent and reimagine our long-held traditions and ways of organizing the convention. We understand many of you will miss the in-person social and networking opportunities the convention typically presents. And we acknowledge that a virtual format may be new and unfamiliar to many. The Convention Committee decided to offer long, full days of diverse workshops, understanding you many not wish to attend every program. Your continuing education certificates will be awarded based on confirmation of your attendance of a workshop, so attend as many or as few as is comfortable for you within your days of registration. We hope you will keep an open mind as we all try something new, together. Keep in mind that the continuing education credits you obtain will be applied to your 2020-2022 continuing education licensure requirements.

I wish to thank the 2020 IPA Convention Planning Committee members Drs. Abigail Damsky Brown, Kalyani Gopal, Cliff Saper, and Gregory Sarlo, as well as IPAGS Chair, Ms. Morgan Ferris, for their tireless work and support in making this event possible. And I want to recognize the Continuing Education Committee for their support. I also wish to thank Ms. Marsha Karey and Dr. Terrence Koller for their indefatigable spirit, hard work, and unending support of the IPA and the planning of this year's convention. And I want to acknowledge Ms. Julia Barich, 2020 IPA Intern, for her support and contributions. It took a large team of people working together in concert to accomplish this herculean effort—THANK YOU.

The committee worked hard to curate an exciting lineup of diverse programs that addresses many aspects of healing. We sincerely hope you will consider joining us for all three days of programming where you could earn more than 22 hours of continuing education credit.

Sincerely,

Daniel Brewer, PsyD

President and 2020 Convention Committee Chair

Illinois Psychological Association

FROM OUR EXECUTIVE DIRECTOR



Dear Convention Attendees,

I would like to start by wishing you and your families my personal best for your health and safety in these difficult times. I know some of you have been affected personally, or perhaps you have had a family member, friend, or colleague who has suffered from COVID-19, or have lost a loved one. My deepest condolences go out to you.

Because of the pandemic, for the first time in IPA history, IPA will not be holding an in-person convention but a virtual one! Early on Dr. Brewer, IPA leadership, and the Convention Planning Committee pivoted our focus to provide an online program format.

As Executive Director it has been a pleasure to work with Dr. Brewer on this year's virtual convention. Dr. Brewer and his convention committee have worked tirelessly to put together a broad scope of programs. Extra time, planning and coordination has gone into the virtual format.

I hope that you will take full advantage of the opportunities offered at this year's virtual convention. You can register for all three days or each day individually. A link for each webinar will be provided, giving you the flexibility to attend all the programs or only the ones you choose.

The continuing education hours you earn at this convention will apply to those required by the State for your next licensing period. Attend the entire convention and you will earn 22 continuing education credits. **Please take the time to read the important registration information** that follows this letter.

The All Association Meeting will be held via Zoom on Friday morning before the first program begins. Information about the meeting and the Zoom link will be available soon on the IPA website, as well as through email announcements. All are welcome to attend.

There are many to thank who worked hard on putting the virtual conference together. Dr. Brewer from the get-go was up for the challenge and enable me to move forward with the virtual format. Dr. Koller was instrumental as we went through each stage in the virtual planning process. Dr. O'Grady, the IPA Continuing Education Chair, for her guidance, as well as Julia Barich and Zino Ukulu, IPA interns who assisted me along the way "virtually" with many preconference tasks. I also would like to express my gratitude to IPA members who volunteered to assist as program moderators. And lastly, a thank you to our presenters, who spent extra time preparing their presentations for the webinar format and participated in presentation tech runs with the webinar hosting provider.

It is surely disappointing that we will not be able to be with each other in person at this annual event that I know so many of you look forward to. I know I will miss seeing you! Hopefully in 2021 we can be together in person!

Sincerely,

Marsha Karey
Executive Director
Illinois Psychological Association

How to Register:

IMPORTANT INFORMATION Please read before you register:

Suggested Browser

We suggest you use the Chrome browser to view the webinar. Do a Google search, “**Download Chrome**”, to obtain the free browser



each workshop you planned to attend. This information is not transferable and cannot be shared.

Registration Confirmation

Your registration email confirmation and webinar link will be sent by **registration@beaconlive**. Please check your spam and junk email if you do not receive shortly after you register.



Make sure you look for your confirmation in the email you used when registering.

Your confirmation will provide the webinar link, ID and pin for

Signing into Webinars/Programs

On each convention day that you attend please sign in at least **15 minutes before the beginning of the event**. A slide will be visible stating that the event has not yet started. Events will start at their scheduled times, so please remain on this screen until the presentation begins. You must attend the entire session to obtain continuing education credit.



Have the support number or email handy if you experience technical issues. This will be included in the registration email. It will be in the confirmation and reminder emails.

Deadline Dates

OCTOBER 12, 2020

Request for Special Arrangements for Persons with Disabilities

Contact the IPA office:
312/372-7610 x201

OCTOBER 24, 2020

Pre-Registration Discount Deadline

Cancellation and Refund Policy

There will be \$30 processing fee to change or cancel your registration. No changes or refunds will be allowed within 5 business days of the event.

To register for the convention please click on the buttons below. Keep in mind that the IPA is not handling registration. Do not contact the IPA office to register. You must register by clicking on the below buttons of your choice, this will bring you to Beacon's registration landing page.

THREE DAY REGISTRATION PACKAGE

THURSDAY ONLY

FRIDAY ONLY

SATURDAY ONLY

Obtaining Continuing Education Certificates

In order to receive Continuing Education, you must be **viewing** the presentation; **audio only will not qualify for CE**.

Make sure you have blocked time on this day to take the webinar, so you do not need to switch devices. There are prompts throughout to make sure you are in attendance.

Prompts will appear during the webinar for attendance confirmation. Please click on all participation verification alerts during the

program to confirm your attendance. Do not type “yes”; just **click on the button marked OK**. You must attend the entire session and your attendance is electronically verified.

To ensure you see the popups, please enable popups for these events.

Immediately after the program ends, a link to complete the certification process will appear. Please complete the evaluation. Once you complete the

evaluation and it is submitted and your attendance verified, your continuing education form will be emailed to you.

If you are unable complete the certificate process immediately after the session, you will receive an email the following day with the link allowing you to complete the process. If you are signed up for the next session don't delay and continue with the next program you signed up for.

Arrangements for Persons with Disabilities

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey, 312/372-7610, x201, to discuss what accommodations can be provided by October 23, 2020.

All questions, concerns, or complaints should be directed to Marsha Karey.

Program Responsibility

There is no commercial support for this program, nor are there any relationships between IPA, CE Sponsor, presenting organization, presenter, program content, research, grants or other funding that could reasonably be construed as conflicts of interest.

Continuing Education Criteria

These webinars are sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

IPA WOULD LIKE TO THANK THE FOLLOWING SPONSORS

Adler University
 Alliant International University
 Amita Health/Alexian Brothers Behavioral Health Hospital
 IPA Academic Section
 IPA Behavioral Health & Neuropsychology Section
 IPA Clinical Practice Section
 IPA Early Career Psychologist
 IPA Graduate Student Section (IPAGS)
 IPA Military Section
 IPA Organizational & Business Consulting Section
 IPA Section on Ethnic Minority Affairs
 IPA Sexual Orientation and Gender Diversity Section
 IPA Women Section
 Midwestern University
 Monahan Law Group
 Optum Behavioral Health
 PSYPACT
 Dr. Theresa M. Schultz, P.C.
 Shared Vision
 The Trust
 Wexford Health Sources, Inc
 Yellowbrick



Not a member of the IPA?
REGISTER FOR THE CONVENTION AND JOIN!

You will receive ½ off IPA member dues.

SIGN ME UP



A national center specializing in trauma informed, research-based neuroscience and psychotherapy treatment of adolescents, emerging adults and families.

Yellowbrick addresses the complex needs of troubled adolescents & emerging adults who have not responded sufficiently to capable treatment in their community. These often high risk individuals require an immersion in a treatment model combining neuroscience interventions, a broad range of cognitive, experiential and neuro-psychoanalytic approaches to psychotherapy, executive function and life-skill support, all embedded in a sober peer community which challenges individuals to engage supported risks for change in real-time as a living laboratory.

Across a spectrum of diagnoses and patterns of dysfunction, the young people from across the country coming to Yellowbrick share the common challenges in negotiating the universal challenges of developmental transitions.



Yellowbrick's trauma-informed model facilitates mind/brain development:

- Identity, integration of dissociated states, empathy, mentalization,
- Research-informed mind-body integration trauma recovery approach
- Self-regulation & distress tolerance skills (DBT, MBSR, ACT, CBT)
- Executive function, life skills, wellness & fitness
- Family education & support for transitions
- *Deep*TMS, neurofeedback; neuromodulation technologies, brain fitness

**For more information, contact Yellowbrick today.
The Assessment Center @ 847-869-1500 ext. 233
www.yellowbrickprogram.com**



Professional Liability Insurance Become a Part of The Trust Community

For Psychologists, By Psychologists!

It's easy to see why The Trust is chosen by more psychologists than any other provider to protect themselves and their careers.

Our policy and supporting programs are tailored to meet your specific needs and to cover you whenever you provide psychological services.

When you're with The Trust, you're more than a policyholder. You're part of a community of like-minded peers with a common goal of making the world a better place, one patient at a time.

In so many ways, we have you covered — *because we're more than just insurance.*

Complete Protection Throughout Your Career

- Affordable claims-made and occurrence policy options
- Free unlimited and confidential risk management consultations
- Free unrestricted ERP or 'tail' upon retirement, death or disability
- Prior acts included when switching from a claims-made policy
- Unlimited defense for sexual misconduct allegations
- Medicare and Medicaid payment audits
- HIPAA privacy violation investigations & licensing board defense
- Case review process for adverse claim or underwriting decisions
- Premises liability, advertising injury and personal injury
- Solid reputation - carrier rated A++ (Superior) by A.M. Best
- Discounts on CE courses and products through TrustPARMA



www.trustinsurance.com | (800) 477-1200

* Insurance provided by ACE American Insurance Company, Philadelphia, PA and its U.S.-based Chubb underwriting company affiliates. Program administered by Trust Risk Management Services, Inc. The product information above is a summary only. The insurance policy actually issued contains the terms and conditions of the contract. All products may not be available in all states. Chubb is the marketing name used to refer to subsidiaries of Chubb Limited providing insurance and related services. For a list of these subsidiaries, please visit new.chubb.com. Chubb Limited, the parent company of Chubb, is listed on the New York Stock Exchange (NYSE: CB) and is a component of the S&P 500 index.

Webinar Learning Objectives:

The following learning objectives describe the knowledge and/or skill participants will acquire from each session.

Thursday, November 12, 2020

PCBH and holistic healing in the LGBTQ community

1. Participants will be able to name two interventions to incorporate when working towards healing with members of the LGBTQ community.
2. Participants will be able to describe the Primary Care Behavioral Health model of care and its impact on holistic healing in the LGBTQ community

On race and ethnicity:

What science can teach us

1. Participants will be able to explain at least two strategies to incorporate multicultural concepts and processes into clinical practice.

2. Participants will be able to identify and articulate at least two resources for obtaining culturally relevant research to inform clinical practices with diverse populations.
3. Participants will be able to identify and explain inconsistencies between the social construct of race and available scientific evidence.

Conceptual foundations in behavioral health care of LGBTQ people

1. Participants will be able to describe the difference between sex, sexual orientation, gender identity and gender expression.
2. Participants will be able to identify how identity development theories and the concepts of minority stress and implicit bias deepen your clinical conceptualization when providing care for LGBTQ people.

The lived experience of faculty of color during the COVID-19 crisis and Black Lives Matter movement

1. Participants will identify two experiences of being a faculty of Color.
2. Participants will be able to explain two ways the Black Lives Matter impacts being a faculty of Color.

Disability and intersectionality: Embracing inclusive policy and practice

1. Participants will be able to explain the models of disability identity and characterize how culture and societal values intersect with identity development.
2. Participants will be able to identify ways to increase inclusivity in education, practice, and advocacy work.

Friday, November 13, 2020

Ethics and the business of healing

1. Participants will be able to identify three specific ways in which the tensions may arise between possessing an empathic stance and psychotherapy as a business.
2. Participants will be able to describe two ethical principles or standards relevant to one's business practices as a psychologist.
3. Participants will be able to discuss two guidelines for ethical practice when establishing business policies as a psychologist.

Are we witnessing racial reconciliation in America?

1. Participants will be able to understand the definition of racial reconciliation.
2. Participants will be able to cite two examples of efforts toward racial reconciliation.
3. Participants will be able to begin to consider a process of racial reconciliation at a national and local level.

The most recent information on reimbursement and clinical practice during COVID-19

1. Participants will be able to describe at least three valid/reliable professional APA resources to guide/inform HIPAA-compliant clinical telepsychology practice.
2. Participants will be able to identify key reimbursement considerations when submitting Telehealth claims to third party commercial payers and Medicare/Medicaid.
3. Participants will be able to list and identify two APA initiatives related to recent reimbursement changes in psychological services.

Addressing Racial Disparities in COVID-19

1. Participants will be able to recognize two ways COVID-19 is disproportionately affecting the African American population.
2. Participants will be able to apply information from the presentation to their professional life (i.e., working with the African American population).

3. Participants will be able to discuss two ways they can increase advocacy and outreach to those disproportionately impacted by COVID-19, particularly via telehealth remote services.

Clinical supervision in challenging times: Developmental/Ecological/ Problem-solving model (DEP)

1. Participants will be able to list and describe the core principles of the DEP supervision model, which includes an integration of developmental, ecological and problem-solving components applicable to supervision practice from preservice training to supervision across the career lifespan and appropriate for telesupervision..
2. Participants will be able to apply the ecological focus of the DEP approach to develop supervisees' diversity and cultural responsiveness and to address issues of diversity, such as culture, race, or sexual orientation, that may impact the supervisory relationship.

Saturday, November 14, 2020

When it's both danger and discomfort: Treating anxiety disorders during the pandemic

1. Participants will be able to identify two ways to assist clients whose struggle with uncertainty that keeps them stuck.
2. Participants will be able to explain two ways to help clients develop a different way to relate to anxiety which fosters progress.

Embrace excellence in telepsychology in psychotherapy: Evidence, experience, exploration

1. Participants will be able to identify two ways that clients/patients can maximize their benefit from videoconferenced psychotherapy.
2. Participants will be able to identify two ways in which video conferenced psychotherapy can add breadth and depth to psychotherapists' assessment and treatment of their clients/patients.
3. Participants will be able to identify two new types of interventions made possible by videoconferencing care.
4. Participants will be able to identify benefits and risks of psychotherapy delivered through telephone or video.

Clinical training during COVID-19: Challenges and lessons learned

1. Participants will be able to describe two ethical considerations and challenges for clinical training during a global health emergency.
2. Participants will be able to articulate two major policies, decision-making and best practices developed by national training organizations regarding COVID-19 including telehealth.
3. Participants will be able to identify how power and relational dynamics affect educational and clinical decision-making during health crises.

Legislative Update for Psychologists

1. Participants will be able to discuss two legislative agenda items proposed by the IPA.
2. Participants will be able to discuss two arguments in support of telepsychology reimbursement legislation in Illinois.


Curating your life in a time of uncertainty

1. Participants will be able to describe the four main elements in the "Curating Your Life" approach to energy management.
2. Participants will be able to use the model both for self-management and to enable clients to achieve heightened productivity and joy in their lives.

Psychologists addressing mental health of healthcare workers during the pandemic

1. Participants will be able to describe a model for providing virtual peer support for Health System staff during a pandemic or disaster.

2. Participants will be able to describe a model for training and supervising Behavioral Medicine staff to facilitate virtual peer support groups and provide psychological first aid.
3. Participants will be able to identify two strategies for educating Health System Leaders and Physicians on the critical contributions of psychologists and Behavioral Medicine within a traditional medical model.



monahan law group, llc
P 312.419.0252 | F 312.419.7428 | www.monahanlawllc.com



**EXPERIENCED & PRINCIPLED ATTORNEYS PROVIDING
COMPREHENSIVE REPRESENTATION & ADVOCACY FOR
MENTAL HEALTH & SOCIAL SERVICE PROFESSIONALS**

Mental Health Law • Confidentiality • Business Succession & Estate Planning
Risk Management • Professional Licensure & Ethics • Private Practice

Webinar Schedule:

Thursday, November 12, 2020

9:00 AM to 10:30 PM

Program 1

(1.5 Continuing Education Credits)

PCBH AND HOLISTIC HEALING IN THE LGBTQ COMMUNITY

Multiple studies have outlined harm to the LGBTQ community by the healthcare field. This presentation will discuss the behavioral health consultant (BHC) model of care and its impact on facilitating the healing process in the LGBTQ community.

Hayley Beth Van Serke, PsyD,
Program Chair
Howard Brown Health

Vanessa Cisneros, PsyD
Howard Brown Health

10:30 AM to 10:45 AM

BREAK

10:45 AM to 12:15 PM

Program 2

(1.5 Continuing Education Credits)

ON RACE AND ETHNICITY: WHAT SCIENCE CAN TEACH US

The presenters will provide their perspectives on racism in the US in view of available scientific research on race. An extended Question and Answer period will be provided to allow participants to reflect on racial and social injustice in a non-judgmental atmosphere to create a "safe space" for all.

Gerardo Rodriguez-Menendez, PhD,
ABPP, MSCP, Program Chair
The Chicago School of Professional Psychology

Leila Ellis-Nelson, PsyD
Roosevelt University

12:15 PM to 1:00 PM

LUNCH BREAK

1:00 PM to 2:30 PM

Program 3

(1.5 Continuing Education Credits)

CONCEPTUAL FOUNDATIONS IN BEHAVIORAL HEALTH CARE OF LGBTQ PEOPLE

The presentation will address core conceptual foundations for providing affirmative care to LGBTQ people. Critical definitions, identity development/coming out models, the impact of discrimination, oppression and violence, social determinants of health and health disparities, minority stress, collective trauma, microaggressions, implicit bias, intersectionality and affirmative communication will be covered.

Kelly Ducheny, PsyD
Howard Brown Health

2:30 PM to 2:45 PM

BREAK

2:45 PM to 4:15 PM

Program 4

(1.5 Continuing Education Credits)

THE LIVED EXPERIENCE OF FACULTY OF COLOR DURING THE COVID-19 CRISIS AND BLACK LIVES MATTER MOVEMENT

We are a group of diverse Clinical PsyD Faculty at The Chicago School of Professional Psychology. We invite

others to join in a conversation regarding the lived experiences of faculty and psychologists of color during the Covid-19 crisis and Black Lives Matter Movement. We are committed to social justice and healing of diverse communities.

Kristin Velazquez Kenefick, PsyD,
Program Chair
The Chicago School of Professional Psychology

Sue Bae, PhD

The Chicago School of Professional Psychology

Cynthia Lubin Langtiw, PsyD

The Chicago School of Professional Psychology

4:15 PM to 4:30 PM

BREAK

4:30 PM to 6:00 PM

Program 5

(1.5 Continuing Education Credits)

DISABILITY AND INTERSECTIONALITY: EMBRACING INCLUSIVE POLICY AND PRACTICE

As one of the largest minorities in the U.S., disability is essential to understand. Ableist ideologies and intersectionality with other diverse identities have marginalized individuals with disabilities, influencing access to healthcare and societal engagement. Given the recent pandemic, an inclusive model of disability in psychology is more essential than ever.

Erin M. Liebich, PsyD

Center for Personal Growth

Jonathan Alvin, MA

Friday, November 13, 2020

8:00 AM to 8:45 AM

ANNUAL IPA ALL ASSOCIATION MEETING, IPA Report, Presidents Address, IPA Awards, Student Poster Board winners to be announced and APA Updates. All are invited, a zoom link will be provided for this session only. Look for the link via; IPA website, email announcements and the IPA listserv.

9:00 AM to 12:15 PM

Program 6

(3 Continuing Education Credits—meets the Ethics Continuing Education Requirement for Licensed Clinical Psychologists)

ETHICS AND THE BUSINESS OF HEALING

Does being empathic mean being broke? What tensions may exist between an empathic stance and psychotherapy as a business? The IPA Ethics Committee will address the interface between

empathy, ethics, and the business of healing across one's career trajectory. Case vignettes will be utilized to highlight guidelines for prudent practice.

Susan Zoline, PhD, Program Chair
Adler University

Scott D. Hammer, JD
Wilson Elser Moskowitz Edelman & Dicker, LLP

Margo Jacquot, PsyD
The Juniper Center

Peter Perrotta, PhD
Centers for Family Change

Ann Sauer, PhD, ABPP
Midwestern University

10:30 AM to 10:45 AM

BREAK

12:15 PM to 1:00 PM

LUNCH BREAK

1:00 PM to 2:30 PM

Program 7

(1.5 Continuing Education Credits)

ARE WE WITNESSING RACIAL RECONCILIATION IN AMERICA?

Racial reconciliation involves the public acknowledgement of racist events and crimes. In recent months, America has confronted the impact of systemic and interpersonal racism, white privilege, and allyship. There have been acknowledgements, conversations, demands and visible changes, but how far will it go? Is American prepared for true racial reconciliation?

Erin Alexander, PsyD
Program Director, Illinois Department of Children and Family Services

2:30 PM to 2:45 PM

BREAK

THE THERAPY PLAYERS



*Free Home Delivery of Comedy
During the Pandemic!*

**CLOSE
OUT THE
CONFERENCE
WITH OUR
ONLINE
SHOW!**

Saturday, November 14, 7 p.m.
www.twitch.tv/therapyplayers



Friday continued

2:45 PM to 4:15 PM

Program 8

(1.5 Continuing Education Credits)

THE MOST RECENT INFORMATION ON REIMBURSEMENT AND CLINICAL PRACTICE DURING COVID-19

Changes in practice and billing reimbursement during COVID-19 have come fast and furious, while changing constantly. Panelists will offer the latest updates to the ongoing dilemma of accurate CPT coding for services to obtain reimbursement for telehealth. Special issues in telehealth group therapy will be reviewed along with “E-Visits”.

Patricia Farrell, PhD, Program Chair
Chair, IPA HealthCare Reimbursement Committee and Clinical Practice Section

Lynda Behrendt, RN, PsyD
Independent Practice

Neil Pliskin, PhD, ABPP-CN
University of Illinois, Department of Psychiatry

Theresa Schultz, PhD
The LodeStone Center for Behavioral Health

Stephen R. Gillaspay, PhD, Discussant
Senior Director, APA Healthcare Financing, Practice Directorate

Program 9

(1.5 Continuing Education Credits)

ADDRESSING RACIAL DISPARITIES IN COVID-19

Sponsored by: IPAGS

Disparities exist between the black population size and the percentage of black individuals infected, hospitalized, and dead from COVID-19. In Chicago, 70% of COVID-19 deaths are of black individuals, although blacks make up 30% of the population. Though data is upcoming, the pattern is irrefutable. Coronavirus is a racial pandemic.

Morgan Ferris, MA, MS
Program Chair Adler University

Aya Haneda, MA

Samantha Barker, MA

4:15 PM to 4:30 PM

BREAK

4:30 PM to 6:00 PM

Program 10

(1.5 Continuing Education Credits)

CLINICAL SUPERVISION IN CHALLENGING TIMES: DEVELOPMENTAL/ECOLOGICAL/ PROBLEM-SOLVING MODEL (DEP)

The DEP Supervision model offers a practical guiding framework for clinical supervision. Its Ecological component integrates systemic considerations into case conceptualization and intervention, specifically fostering diversity and cultural responsiveness. Case illustrations examine skills for establishing an effective supervisory relationship and teaching professional competencies. Adaptations for virtual supervision will be delineated.

Dennis J. Simon, PhD, Program Chair
NSSEO Timber Ridge Therapeutic Day School (Ret.)

Mark E. Swerdlik, PhD
Professor of Psychology,
Illinois State University

Saturday, November 14, 2020

9:00 AM to 10:30 AM

Program 11

(1.5 Continuing Education Credits)

WHEN IT'S BOTH DANGER AND DISCOMFORT: TREATING ANXIETY DISORDERS DURING THE PANDEMIC

In this time of pandemic, many people without anxiety disorders present many of the same signs, symptoms, and confusions of people with chronic anxiety disorders. Clients with anxiety disorders also face new challenges. This presentation will address the treatment challenges faced in both circumstances and offer ways to respond.

David Carbonell, PhD
Anxiety Treatment Center, Ltd.

10:30 AM to 10:45 AM

BREAK

10:45 AM to 12:15 PM

Program 12

(1.5 Continuing Education Credits)

EMBRACE EXCELLENCE IN TELEPSYCHOLOGY IN PSYCHOTHERAPY: EVIDENCE, EXPERIENCE, EXPLORATION

This program will present and illustrate telepsychology approaches and tools that can promote greater in-depth learning about clients' strengths, problems, and resources, customize virtual sessions to promote sustained progress in therapy and inform decisions on when and how

to include or exclude telepsychology approaches in psychotherapy for adults, children and adolescents.

Carroll Cradock, PhD
CAC Counseling Group

12:15 PM to 1:00 PM

LUNCH BREAK

1:00 PM to 2:30 PM

Program 13

(1.5 Continuing Education Credits)

CLINICAL TRAINING DURING COVID-19: CHALLENGES AND LESSONS LEARNED

The COVID-19 pandemic quickly shifted longstanding practices for clinical training.

Saturday continued

This presentation will address lessons learned, ethical issues and challenges faced by students, directors of training, supervisors, and academic programs. Perspectives and information about balancing competing health risk messages, "essential staff" roles, degree requirements and patient care will be explored.

Kim Dell' Angela, PhD, Program Chair
Associate Professor, The Chicago School of Professional Psychology

Rachel S. Nitzarim, PhD
Director of Clinical Training, The Chicago School of Professional Psychology

Bethany Rosner, MA
The Chicago School of Professional Psychology

Felicia Ting, MS
The Chicago School of Professional Psychology

2:30 PM to 2:45 PM

BREAK

2:45 PM to 4:15 PM

Program 14

(1.5 Continuing Education Credits)

LEGISLATIVE UPDATE FOR PSYCHOLOGISTS

Sponsored by: The IPA Legislative Committee

This program will give an update on the legislation that IPA will be pursuing in the upcoming session. It will include legislation related telehealth reimbursement, amending the Probate Act and supporting bills that help the people we serve. We will also review the impact of election results on mental health and the practice of psychology. Legislator of the Year awards will be presented at the beginning of the program.

Fahad Khan, PsyD, Program Chair
Legislative Committee Co-Chair

Lisa R. Grossman, JD, PhD, ABPP
Independent Practice and IPA
Legislative Committee Co-Chair

Terrence Koller, PhD, ABPP
Legislative Liaison

Kristina Pecora, PsyD

Mark Taylor, JD
IPA Lobbyist

Ryan Taylor, JD
IPA Lobbyist

Program 15

(1.5 Continuing Education Credits)

CURATING YOUR LIFE IN A TIME OF UNCERTAINTY

Both psychologists and our clients often struggle with feeling inadequate and exhausted. Those feelings have been exacerbated by recent stresses and uncertainty, and "work-life balance" isn't helping. This workshop will present an alternative model for managing one's energy for peak productivity and joy, based on research, clinical, and coaching experience.

Gail Golden, MBA, PhD
Gail Golden Consulting

4:30 PM to 6:00 PM

Program 16

(1.5 Continuing Education Credits)

PSYCHOLOGISTS ADDRESSING MENTAL HEALTH OF HEALTHCARE WORKERS DURING THE PANDEMIC

The first patient known to be hospitalized in Illinois with COVID-19 entered our Health System in January. I was consulted on managing a front-line staff who was unwittingly exposed yet rejected being quarantined. From that call to the present, psychologists find ourselves playing a major role on Healthcare's center stage for the first time ever.

Clifton Saper, PhD
Director of Clinical Services, Behavioral Medicine AMITA Health

7:00 PM

JOIN MANY OF YOUR COLLEAGUES FOR SOME LAUGHS TO CLOSE OUT THE VIRTUAL CONVENTION with a performance by the Chicago's premiere all-psychotherapist comedy improv troupe, The Therapy Players! www.twitch.tv/therapyplayers

SHARED VISION

PSYCHOLOGICAL SERVICES

Building Healthy Connections



Shared Vision Psychological Services serves the needs of children, adolescents, adults, families, schools, & other professionals, promoting the mental health and welfare of all members of our community.

Telehealth Services Available:

- Individual Therapy
- Group Therapy
- Couples & Family Therapy
- Psychological & Neuropsychological Testing
- Autism Spectrum Evaluations



VISIT US ONLINE- WWW.SHAREDVISION.ORG

1200 Harger Road, Suite 600 Oak Brook, IL 60523 Call Us Today! 630-571-5750



Legal Professionals Helping Mental Health Professionals

CIVIL LITIGATION
RISK MANAGEMENT
CONFIDENTIALITY ISSUES

CONTRACTS AND PROFESSIONAL
NEGOTIATIONS
ILLINOIS DEPARTMENT OF
PROFESSIONAL REGULATION

For information, contact:
Scott Hammer **Michael Vittori**
312.704.0550

wilsonelser.com

55 West Monroe Street
Chicago, IL 60603-5001

 **WILSON ELSER**
WILSON ELSER MOSKOWITZ EDLMAN & DECKER LLP

Dr. Theresa M. Schultz, P.C.

- Leadership Development
- Professional Consultation
- Clinical Services

doctmschultz@gmail.com
www.doctmsleadershipconsulting.com

 **Barnes & Klatt P.C.**

Ann T. Barnes, PsyD, R.D.
Licensed Clinical Psychologist
Registered Dietitian

1660 Feehanville Drive, Suite 400, Mount Prospect, IL 60056
Phone: (847) 981-9200, ext. 222 Fax: (847) 981-9322
www.barnesandklatt.com



Earn a Postdoctoral MS in Clinical Psychopharmacology

TWO-YEAR ONLINE MASTER'S PROGRAM

Over 500 psychologists in 40 states have graduated from, or are currently enrolled in our APA-approved program, which integrates medication and its management in the biopsychosocial treatment of mental disorders.

- Provides in-depth training tailored to active licensed, or license-eligible, psychologists to prescribe safely and effectively in states and federal jurisdictions with prescriptive authority
- Includes coursework in neuropathology, chronic diseases, gender and ethnic issues, child and geriatric psychopharmacology, and molecular nutrition

Apply Now.
Next Class
Begins
January 2021.



A Legacy of Impact



SAN DIEGO | SAN FRANCISCO
LOS ANGELES | FRESNO
SACRAMENTO | IRVINE | ONLINE

TELEPSYCHOLOGY

PRACTICE UNDER PSYPACT

As a psychologist licensed in a PSYPACT state, you are eligible to apply to practice telepsychology in PSYPACT states without obtaining additional licenses.

HERE IS WHAT YOU NEED TO KNOW:



PSYPACT Commission Requirements

- In order to practice telepsychology under the authority of PSYPACT, the PSYPACT Commission requires that a psychologist obtain an Authority to Practice Interjurisdictional Telepsychology (APIT).



Authority to Practice Telepsychology Requirements

- Possess an active ASPPB E.Passport (see requirements below)
- Hold a full, unrestricted license to practice psychology in a PSYPACT state
- Provide attestations



ASPPB E.Passport Requirements

- Have a current, active psychology license based on a doctoral degree in at least one PSYPACT participating state
- No disciplinary action listed on any psychology license
- Have a doctoral degree in psychology from a program that was accredited by APA/CPA or designated as a psychology program by the ASPPB/ National Register Joint Designation Committee at time of conferral; or deemed to be equivalent by a recognized foreign credential evaluation service.
- Successful completion of the Examination for Professional Practice (EPPP) with a score that meets or exceeds the established ASPPB recommended passing score at the time of application
- Annual renewal with three (3) hours of continuing education relevant to the use of technology in psychology



Fees

- APIT Fee: \$40 (one time fee)
- ASPPB E.Passport Application Fee: \$400 (one time fee)
- ASPPB E.Passport Renewal Fee: \$100 (annual fee)



Time Limit

- Unlimited



Scope of Practice

- Subject to the Receiving State's scope of practice



Initiation and Provision of Psychological Services

- When treating a client/patient in a Receiving State, a psychologist must initiate a client/patient contact while physically located in a psychologist's Home State via telecommunications technologies.

The Illinois Association of Prescribing Psychologists is proud to support and celebrate the IPA Convention!

Our IAPP Mission is to fully implement the practice of prescriptive authority by highly trained prescribing psychologists; expand the scope of practice of prescribing psychologists to the full extent of their training and expertise, through effective legislative lobbying and the development and sustaining of alliances with community stakeholders; advocate for the mental health needs of the most underserved populations within Illinois; promote broad diversity and inclusivity within the prescribing psychologist community, and ensure broad diversity and inclusivity within the Association.

IAPP BOARD OF DIRECTORS:

Beth N. Rom-Rymer, PhD, President and CEO
Kyle Bonesteel, MSCP, PhD, ABPP-CN, Vice President
Gretchen Boules, PsyD, MSCP, Secretary
Claudia Mosier, MSCP, PsyD, MP (Prescribing Psychologist, Louisiana), Treasurer
Joseph Troiani, PhD, CADC, Executive Committee Member-at-Large
Steve Veltman, JD, Executive Committee Member-at-Large
Jeremy Bidwell, MSCP, PhD
Brandi K. Boan, MSCP, PsyD, PP (Prescribing Psychologist, Illinois)
Clayton Ciha, MS (President and CEO, AMITA Health Alexian Brothers Behavioral Hospital, AMITA Health System)
Suzane Courtney, PsyD, HSPP, PC
Cristina Cox, PhD
Alyssa Cunningham, MSCP, PsyD
Leila Ellis-Nelson, PsyD
Morgan Ferris, MA, MSCP
Matthew Harings, RN, MSCP, PsyD
Brian Humphrey, MSCP, PsyD
Monika Neale, MSCP, PsyD, PP (Prescribing Psychologist, Illinois)
Derek Phillips, MSCP, PsyD
Edgar Ramos, PsyD
Gerardo Rodriguez-Menendez, MSCP, PhD, ABPP
Mary Talen, MS, MA, PhD
Samantha Taylor, MA, MS, MSCP



For more information, to join, or to learn about becoming a prescribing psychologist, please go to www.ilprescribingpsychologists.com FB/ILprescribingpsychologists TW/ILRxPsych
We welcome your engagement with us!

IPA Governance

IPA EXECUTIVE COMMITTEE

Daniel Brewer, PsyD, President
Kalyani, Gopal, PhD, Past-President
Abigail Damsky Brown, PsyD, President-Elect
Cristina Cox, PhD, Secretary
Gregory Sarlo, PsyD, Treasurer
Clifton Saper, PhD, APA Council Representative

IPA VOTING COUNCIL MEMBERS

Erin Alexander, PsyD, Section on Ethnic Minority Affairs
Lynda Behrendt, PsyD, Metropolitan Regional Representative
Bruce E. Bonecutter, PhD., Chair Social Responsibility Section Chair

Kathy Borchardt, PsyD, Chair, Behavioral Medicine & Neuropsychology Section
Keith Buescher PsyD, South Central Regional Representative
Jane Conron, PhD, Metropolitan Regional Representative
Morgan Ferris, Chair, IPAGS
Derek Phillips, PsyD, Chair, Sexual Orientation and Gender Diversity Section
Ella Yung, PsyD, Chair, Early Career Section
Mary Dellorto, PsyD, North Central Regional Representative
Patricia Farrell, PhD, Chair, Clinical Practice Section
Jeffrey Kellogg, PsyD, South Regional Representative
Lisa Page, PsyD, Chair, Organizational & Business Consulting Psychology Section
Kristina Pecora, PsyD, Chair, Military Psychology Section
Patricia Pimental, PsyD, ABPN, Metropolitan Regional Representative
Theresa Schultz, PhD, North Regional Representative
Margo Jacquot, PsyD, Chair, Women's Issues Section
Susan Zoline, PhD, Chair, Academic Section



YOU ALWAYS WANTED [TO MAKE A DIFFERENCE.]

WE'LL BUILD YOUR FUTURE.

Midwestern University Clinical Psychology program is accredited by the Commission on Accreditation of the American Psychological Association (APA).



MIDWESTERN UNIVERSITY
Educating Tomorrow's Healthcare Team

WWW.MIDWESTERN.EDU

CLINICAL PSYCHOLOGY

Office of Admissions

800/458-6253

AdmissIL@midwestern.edu

Convention Volunteers & Staff

IPA CONVENTION COMMITTEE

Daniel Brewer, PsyD, Chair
Abigail Damsky Brown, PsyD
Morgan Ferris, MA
Kalyani, Gopal, PhD
Clifton Saper, PhD
Gregory Sarlo, PsyD

CONTINUING EDUCATION COMMITTEE

Susan O'Grady, PsyD, Chair
Lynda Behrendt, PsyD, Co-Chair

IPA STAFF

Marsha Karey, Executive Director
Terrence Koller, PhD, ABPP, Legislative Liaison
Julia Barich, Graduate Student Assistant
Infome Ukulu (Zino) Graduate student Assistant



We're here for you, when you need us.

At the AMITA Health Behavioral Medicine Institute, our primary goal is to address the emotional, physical and spiritual needs of the children, adolescents and adults who come to us for holistic care.

We treat patients like family and offer innovative treatments and programs to help them feel their best, including:

- Wellness Program for Professionals
- The Autism Spectrum & Developmental Disorders Resource Center
- AMITA Health Adventist GlenOaks Alternative School Programs
- Outpatient Detox
- Perinatal Mood Disorders Program
- School-Based Counseling Program
- Healthy Sleep Initiative Program

For more information on our programs and treatments, please visit:
AMITAhealth.org/behavioral

AMITA HEALTH®
In sickness and in health®

THE ILLINOIS PSYCHOLOGICAL ASSOCIATION WORKS FOR YOU

- IPA is one of the top State Associations in gaining broad legislative recognition for the practice of psychology.
- IPA speaks for psychology by advocating for the proper care and treatment of those with mental disorders.
- IPA's Regional Representatives to IPA Council assure input in policy development and implementation from all areas of Illinois.
- IPA is the only Illinois psychology organization affiliated with the American Psychological Association.
- IPA has eleven special interest sections including an Early Career Psychologist Section.
- IPA promotes participation of graduate students and interns in professional psychology activities at the State level.
- IPA provides liaison services for academic psychologists to facilitate promotion of dialogue on issues of student education and training in psychology.

SPECIAL INTEREST SECTIONS

Academic Section
Clinical Practice Section
Early Career Psychologist Section
Behavioral Medicine and
Neuropsychology Section
IPA Graduate Student Section
Military Psychology Section
Organizational and Business Consulting
Psychology Section
Sexual Orientation and Gender Diversity Section
Section on Ethics Minority Affairs
Social Responsibility Section
Women's Issues Section

Membership Benefits and Services

Practice Assistance Professional Representation

Practice/Billing Tip of the Month via the
IPA Listserv and IPA Website

Health Care Reimbursement Committee consultations
on claims problems/insurance issues.

Confidential Ethics Committee consultations at no cost.

Access to IPA Listserv, including potential new referrals,
practice issues & behavioral health resources.

Updates on legal/regulatory changes affecting IL practice

Successful Advocacy for Post-Doctoral trainees & graduate
students: See Blue Review May 2018 publication on new
BCBSIL reimbursement policy for post-doctoral fellows
developed by IPA'S HCRC with assistance from APA.

Updates on licensing statutes/laws & CE

Discounts on CE workshops & at the IPA convention

Quarterly E-newsletter from IPA on timely
issues affecting your practice

At no cost, phone consultations on issues affecting clinical
pre-authorizations; billing & coding; & reimbursement
from a Professional Practice Management firm



Join now
and start enjoying
IPA membership

Registering for the convention and you
will receive 1/2 off member dues fees.

SIGN ME UP

Graduate Degrees for Social Change

Adler University is dedicated to training socially responsible practitioners, creating real change in our communities, and advancing social justice. We believe that responsible practitioners must do more than address mental health and well-being at the individual level – we need to create an environment for wellness by advocating for a more just society.

Adler University offers graduate degree programs in psychology, counseling, and public leadership:

ONLINE

Ph.D. in Industrial and Organizational Psychology
M.A. in Industrial and Organizational Psychology
Ph.D. in Organizational Leadership
M.A. in Organizational Leadership
M.A. in Psychology: Specialization in Military Psychology
M.A. in Psychology
M.A. in Counseling: Specialization in Clinical Mental Health Counseling
Master of Public Administration

CHICAGO CAMPUS

PSYCHOLOGY

Doctor of Psychology in Clinical Psychology (Psy.D.)

COUNSELING & FAMILY THERAPY

Ph.D. in Art Therapy
Ph.D. in Couple and Family Therapy
Ph.D. in Counselor Education and Supervision
M.A. in Counseling: Art Therapy
M.A. in Couple and Family Therapy
M.A. in Counseling: Specialization in Clinical Mental Health Counseling
M.A. in Counseling: Specialization in Rehabilitation Counseling

PUBLIC SERVICE & LEADERSHIP

Master of Public Administration
Master of Public Policy
M.A. in Forensic Mental Health Leadership
M.S. in Sport and Human Performance

TAKE ACTION WITH ADLER

If you're ready to change the world,
let's get started.

Contact us today at: **312.662.4100**

Connect with **admissions@adler.edu**

Learn more at **adler.edu/IPA**