



Working with Older Adults: Foundational Competencies in Clinical Gerontology

Co-sponsored by: The IPA Clinical Practice and Health & Rehabilitation Sections
13 Continuing Education Credits

Presented by
Erin E. Emery-Tiburcio, PhD, ABPP
Greg Hinrichsen, PhD, ABPP

Friday and Saturday, April 5 and 6, 2019
9:00 AM to 5:00 PM

Sponsored by:
Illinois Psychological Association

About the Workshop

Every psychologist needs skills in working with older adults. The U.S. Census Bureau estimates that 22.3% of the population in Illinois will be 60 and older by the year 2030, an increase of more than 28% from 2012. Psychologists are in high demand to meet the needs of this population, but few have the necessary training. While most will not choose to attain board certification in clinical geropsychology, foundational competencies for all psychologists who work with older adults have recently been published. This workshop, offered by authors of the competencies, will provide training in the foundational knowledge, skills, and attitudes of clinical geropsychology – the critical elements of what all psychologists should know about working with older adults. Participants who complete the training will receive a certificate of completion from the Council of Professional Geropsychology Training Programs and be better prepared to meet the needs of their older adult clients.

Learning Objectives

At the end of this seminar, participants will be able to:

1. Explain how stereotypes about older adults may impact practitioners' interactions with older clients.
2. Describe at least two elements of the "life span developmental perspective."
3. Explain the difference between "fluid intelligence" and "crystallized intelligence" in older adults.

4. Explain one way in which the prevalence of most mental disorders differ between young versus older adults.
5. Identify two ways in which the presentation of mental disorders differs between older and younger adults.
6. List at least three ways in which the assessment process needs to be adapted for most older adults.
7. Identify the four most common mental health problems seen in outpatient clinical practice with older adults.
8. Identify one unique aspect of substance abuse among older adults.
9. Explain the two differences among delirium, mild neurocognitive disorder, and major neurocognitive disorder.
10. Identify four types of life problems that are a common focus of psychotherapy with older adults.
11. List three psychotherapy models that have been found to be effective in the treatment of depression in older adults.
12. Summarize at least three ways in which psychotherapy may need to be adapted for older clients.
13. Explain two ethical issues that may arise in professional work with older clients.

THE PRESENTERS

Erin E Emery-Tiburcio, PhD, ABPP



Dr. Erin Emery-Tiburcio is an Associate Professor of Geriatric and Rehabilitation Psychology and Co-Director of the Center for Excellence in Aging at Rush University Medical Center. She completed her Ph.D. in Clinical Psychology at Bowling Green State University, residency at Harvard Medical School/VA Boston, and her fellowship in Clinical Geropsychology at Long Island Jewish Medical Center. She is past-President of the Society for Clinical Geropsychology within the American Psychological Association, where she developed GeroCentral.org, a clearinghouse for geriatric mental health resources. She currently serves as Chair of the

American Psychological Association's Committee on Aging. Dr. Emery-Tiburcio is Co-Director of the Geriatric Workforce Enhancement Program of Illinois based at Rush University Medical Center, which is developing multiple educational programs for all levels of professionals who work with older adults, as well as partnering with primary care clinics across the state to transform care for older adults with multiple chronic conditions (www.catch-on.org).

Gregory A Hinrichsen, PhD, ABPP



During over forty years in the field of aging, Greg Hinrichsen has provided clinical services, conducted research, directed psychology internship and fellowship programs, contributed to public policy and aging, and had leadership roles in professional organizations. He is on the faculty of the Dept. of Geriatrics and Palliative Medicine, Icahn School of Medicine at Mount Sinai in New York City and also the Department of Counseling and Clinical Psychology, Teachers College, Columbia University.

Workshop Schedule - Friday & Saturday

- 9 - 10:30 AM: Workshop
- 10:30 - 10:45AM: Break
- 10:45 - Noon: Workshop
- Noon - 1PM: Lunch on your own
- 1:00 - 2:30 PM: Workshop
- 2:30 - 2:45PM: Break
- 2:45 - 5:00-PM: Workshop

Bibliography

- Hyer, L. (2014). *Psychological treatment of older adults: A holistic model*. New York: Springer.
- Hinrichsen, G.A. (in press, likely publication August, 2019). *Assessment and treatment of older Adults: A guide for mental health professionals*. Washington, DC: American Psychological Association.
- Knight, B.G. (2004). *Psychotherapy with older adults (3rd ed.)*. Thousand Oaks, CA: Sage.
- Knight, B.G. & Pachana, A. (2015). *Psychological assessment and therapy with older adults*. Oxford, U.K: Oxford University Press.
- Segal, D.L., Qualls, S.H., & Smyer, M.A. (2018). *Aging and mental health (3rd ed.)*. Hoboken, N.J.: Wiley Blackwell.

CONTINUING EDUCATION CREDITS

Working with Older Adults: Foundational Competencies in Clinical Gerontology is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

The IPA has been approved by The Illinois Social Work Continuing Education Committee for the Illinois Department of Professional Regulation to offer CE credit for social workers. #159-001359.

APA CE credits satisfy the continuing education requirements of Illinois Licensed Professional Counselors.

Thirteen continuing education credits will be awarded.

CANCELLATION POLICY

No refunds will be offered for this workshop.
Grievances about the workshop may be addressed to the Illinois Psychological Association in writing.

LOCATION

**Illinois Psychological Association
67 East Madison Street Suite 1817
Chicago, Illinois 60603**

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by April 3, 2019 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201 or mkarey@illinoispsychology.org).

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

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Register Early - Attendance is limited

Registration Form:

Name/Degree: _____

Profession: (Psychology, Social Work, etc.) _____

Address: _____

Telephone: _____

email: _____

Fees

IPA Member	\$325.00
Non-Member	\$425.00
IPA Student Members	\$140.00

After March 29, 2019 and On-site Registration Fees

IPA Member & Trust Insureds	\$400.00
Non-Member	\$500.00
IPA Student Members	\$160.00

Payment

Enclosed check for \$_____ or

Charge \$_____ to: Visa MasterCard

Card #: _____ Expiration Date _____

Authorized Signature _____

Make checks payable to:

Illinois Psychological Association

Mail to: IPA Wellness and Self Care
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