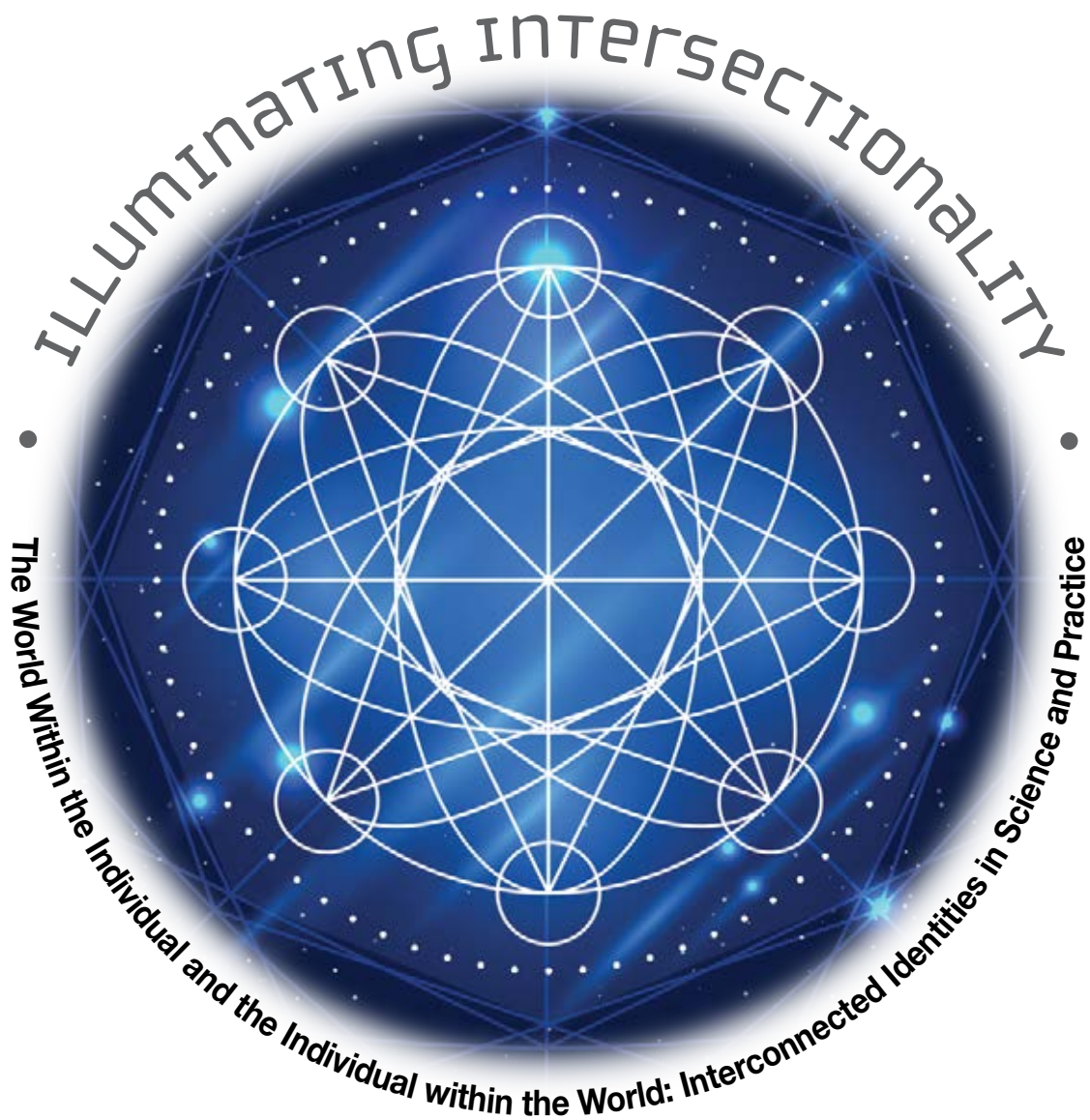




IPA 2019 ANNUAL CONVENTION



NOVEMBER 14,15 & 16, 2019

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Conference at a Glance

CONVENTION REGISTRATION

Thursday, November 14, 2019
8:00 AM - 4:00 PM *Ballroom Foyer*

Friday, November 15, 2019
7:30 AM - 5:30 PM *Ballroom Foyer*

Saturday, November 16, 2019
8:00 AM - 1:30 PM *Ballroom Foyer*

Thursday NOVEMBER 14, 2019

8:00 AM - 4:00 PM
Registration
Ballroom Foyer

8:00 AM - 9:00 AM
Breakfast
Sponsored by IPA Academic & Behavioral Medicine Neuropsychology Sections

8:00 AM - 4:30 PM
Exhibitors
Ballroom Foyer

9:00 AM - 5:30 PM
Full-Day Workshop:
Regency Ballroom
6 Continuing Education Credits

9:00 AM - 11:00 AM
Program Description:
“Making Meaning Making Music: Experiencing Multicultural Drumming, Affirming Identity, & Enhancing Belonging”
With Funkkadesi's Rhythm Ambassadors: Kwame Steve Cobb, Carlos Antonio Cornier, Marinder Singh, and Rich Conti

11:15 AM - 12:15 PM
The Challenges of Bringing Yourself: Intersectionality and Institutionalized Violence among Latinos

12:15 PM - 1:15 PM
Lunch

1:15 PM - 2:15 PM
Intersectionality of Minority Mental Health, Poverty and Race with Regards to African American

2:30 PM - 5:30 PM
Program Description:
“Calling All Psychologists: The Ethical Imperative of Intersectional Social Justice”

Friday NOVEMBER 15, 2019

7:30 AM - 4:30 PM
Registration
Ballroom Foyer

7:30 AM - 8:45 AM
Breakfast
Sponsored by IPA Clinical Practice Section

8:00 AM - 5:00 PM
Exhibits
Ballroom Foyer

FRIDAY MORNING PROGRAMING 1.5 AND 3-HOUR SESSIONS

8:15 AM - 8:45 AM
Thursday Workshop Planning Committee Debriefing Session

PROGRAM 1
9:00 AM - 12:15 PM
Building Her Inner Strength and Caring Relationships in #MeToo Context

PROGRAM 2
9:00 AM - 10:30 AM
Alternative Family Dynamics and the Impact on Divorce and Estate Planning

PROGRAM 3
9:00 AM - 10:30 AM
The Manager Mom Epidemic: How Moms Got Stuck Doing Everything for Their Families

PROGRAM 4
9:00 AM - 10:30 AM
A New Lens for Understanding Chronic Depression: Radically Open DBT

10:30 AM - 10:45 AM
Mid-Morning Break
Sponsored by IPA Women's Section

PROGRAM 5
10:45 AM - 12:15 PM
White Fragility/White Privilege, Within Me/Us & Built into Systems

PROGRAM 6
10:45 AM - 12:15 PM
Illinois Advocacy in Action

PROGRAM 7
10:45 AM - 12:15 PM
Intersectionality in Humanitarian Work: Tools, Technologies and Teachings

12:30 PM - 1:45 PM
IPA Annual Awards Luncheon
President's Address
Kalyani Gopal, PhD, HSPP
Awards
Distinguished Illinois Psychologist Lynda Behrendt, PsyD.
Presidential Recognition Awards Legislative Awards
Representative Anna Moeller
Senator Melinda Bush
IPAGS Jennifer Manfre Award
Matthew Harrings, MA
Psychologically Healthy Workplace Award
Other Awards may be added

PROGRAM 8
2:15 PM - 5:30 PM
Hot Topics in Ethics and Diversity

PROGRAM 9
2:15 PM - 3:45 PM
Testing Codes & Consequences Affecting Reimbursement

PROGRAM 10
2:15 PM - 3:45 PM
Working with Diversity in Practice

PROGRAM 11
2:15 PM - 3:45 PM
What's The Body Got To Do With It? Mind-Body Interventions

3:45 PM - 4:00 PM
Mid-Afternoon Break
Sponsored by Psychology Specialist and the IPA Organizational & Business Consulting Section

PROGRAM 12
4:00 PM - 5:30 PM
Redefining Trauma: Exploring the Scars of “Normal”

PROGRAM 13
4:00 PM - 5:30 PM
Intersectional Approaches to Trans and Gender Affirming Therapy

PROGRAM 14
4:00 PM - 5:30 PM
The Emerging Public Health Crisis of Recreational Marijuana

5:00 PM - 5:45 PM
Student Poster Presentation Competition

5:45 PM - 7:15 PM
President's Reception:
Sponsored by The Chicago School of Professional Psychology

Saturday NOVEMBER 16, 2019

8:00 AM - 1:30 PM
Registration
Ballroom Foyer

8:00 AM
Coffee and Bakery Breakfast
Sponsored by IPA Early Career Psychologist, Social Responsibility, SOGI Sections

8:15 AM - 8:45 AM
Annual All Association Meeting & Future Plans of RxP Plus Friday Planning Committee Debriefing Session
All Attendees are invited to attend

PROGRAM 15
9:00 AM - 10:30 AM
Importance of Research in Clinical Practice: From Theory to Practice

PROGRAM 16
9:00 AM - 10:30 AM
Student Perceptions of Clinical Supervision Effectiveness: Reason for Concern

PROGRAM 17
9:00 AM - 10:30 AM
Hell Hath No Fury Like a Woman Scorned

PROGRAM 18
9:00 AM - 10:30 AM
Surveillance, Trauma, and Collective Black Healing

PROGRAM 19
9:00 AM - 12:15 PM
Creating Space for Us: Ethno-Racial Dialogues by, for and about People of Color

10:30 AM - 10:45 AM
Mid-Morning Break
Sponsored by Midwestern University

PROGRAM 20
10:45 AM - 12:15 PM
How Constant Collaborative Care Builds Your Practice

PROGRAM 21
10:45 AM - 12:15 PM
IPAGS Workshop: Ethical Dilemmas Encountered by Students and Psychologist during Training

PROGRAM 22
10:45 AM - 12:15 PM
Seeing the Future: Therapy with Individuals with Chronic Illness

PROGRAM 23
10:45 AM - 12:15 PM
Intersectionality Between Technology and Neuropsychology Evaluations

PROGRAM 24
1:30 PM - 3:00 PM
Psychologist in Divorce: Family, Community, and Court

PROGRAM 25
1:30 PM - 3:00 PM
Keys to Success in Applying to Internship

PROGRAM 26
1:30 PM - 3:00 PM
Immigration and Human Trafficking: Social Justice Response in Practice

PROGRAM 27
1:30 PM - 3:00 PM
New Skills When Working with Clients, Employers & Short-term Disability Companies

PROGRAM 28
1:30 PM - 3:00 PM
Beyond CBT: Don't Just Do Something—Stand There!

Welcome to 2019 IPA Convention

Dear Colleagues and friends:

Welcome!

It is with great pleasure that as your President for the 2019-2020 year, I write to welcome each one of you and your guests to the Illinois Psychological Annual Convention, November 14-16, 2019. This years creative program involving intersectionality could not have been so thoughtfully developed without the incredibly active participation of our planning committee, and invaluable support of our Executive Director, Marsha Karey. It is therefore with immense gratitude that I give thanks to our fantastic IPA Convention Planning Committee members in seniority: Dr. Bruce Bonecutter, Dr. Cliff Saper, Dr. Laura Faynor-Ciha, Dr. Rahul Sharma, and our very special IPAGs leaders, Marc Chaney and Morgan Ferris. We have stressed the importance of including and involving students at every stage of the planning process and have been amazed at their enthusiasm and commitment. I have had such fun working with our team! We hope you find the program as informative, engaging, and interactive as we have strived to create for you.

To give you a brief preview: The program has three primary tracks: Research, Practice, and Training. We added a fourth track due to the relatively large number of proposals we were able to accept, and successfully placed presentations within their tracks and themes. Each day will start with a debriefing session by the Planning Committee to process the prior day's sessions. We invite speakers from the previous day to attend if possible.

THEMES:

Thursday: **Exploring Intersectionality: A Primer for Psychologists**

Friday: **Specifics and Insights into Intersectionality**

Saturday: **Actionable Steps to Incorporating Intersectionality**

Thursday's program stars four speakers, with Dr. Rahul Sharma who opens our Convention Keynote address in what will surely be an exciting way! He is followed by Dr. Elena Quintana and Dr. Ingar Burnett-Zieglar, both highly respected psychologists who highlight critical issues in intersectionality within the Latinos and African American communities. Our afternoon keynote, Dr. Kevin Nadal, urges us with a Call to Action to intertwine intersectionality within all areas of practice, training, and research in psychology. On Friday, we dive into the depths of the specifics and on Saturday, we join together to create actionable steps and future goals. The aim of this convention is to collaborate and engage in discussions on intersectionality, which will fuel our ability to utilize best practices when engaging with our patients, students, and colleagues. I look forward to what will be an excellent event!



Sincerely,

Kalyani Gopal, PhD, HSPP

President, Illinois Psychological Association

Board of Directors, APA, Society for Clinical Psychology

Founder/President, SAFE Coalition for Human Rights (SAFECHR)

President, Mid-America Psychological and Counseling Services, PC

Deadline Dates

OCTOBER 23, 2019

Request for Special Arrangements for Persons with Disabilities – Contact the IPA office: 312/372-7610 x201

OCTOBER 31, 2019

IPA Room Reservation Rate Cut-Off Date for the Doubletree by Hilton Lisle/Naperville

OCTOBER 24, 2019

Pre-Registration Discount Deadline

NOVEMBER 7, 2019

Final Day for Refunds – Contact the IPA office: 312/372-7610

Convention Registration

Thursday

NOVEMBER 14, 2019

8:00 AM - 4:00 PM
BALLROOM FOYER

Friday

NOVEMBER 15, 2019

7:30 AM - 5:30 PM
BALLROOM FOYER

Saturday

NOVEMBER 16, 2019

8:00 AM - 1:30 PM
BALLROOM FOYER

Welcome from the IPA Executive Director

Dear IPA Convention Attendee:

Welcome to the IPA 2019 Annual Convention! As Executive Director it has been a pleasure to work with Dr. Gopal on this year's annual convention. Dr. Gopal and her convention committee have worked tirelessly to put together a broad scope of programs.

I hope that you will take full advantage of the opportunities offered at this year's annual convention. In addition to the learning offered by continuing education programs, the convention also enables you to network with your colleagues, exchange information and to learn from one another.

Don't miss Thursday's all-day workshop; Exploring Intersectionality: A Primer for Psychologists. The presenters are experts in Intersectionality. This presentation will include fun and unique elements.

I encourage you to take time to visit with our exhibitors, inquire about their products and services and make them feel welcomed. Walk through the Student Poster Session; your feedback means a lot to them. This year the Student Poster Session will be held later in the day and will be displayed at the President's reception.

The IPA Annual Awards Luncheon will take place on Friday, and there will be food breaks throughout the day. We hope you will attend the President's reception Friday evening. The President's reception is nice way to catch up with old colleagues and make new ones, as well as a great networking opportunity.

Keep in mind the continuing education hours you earn at this convention will apply to those required by the State for your next licensing period. Attend the entire convention and you will earn 15 continuing education credits.

I would like to thank the IPA CE Committee, for their efforts in approving each of the workshop learning objectives. I also want to express gratitude to everyone on the convention committee and to all the volunteers.

I look forward to meeting all of you and learning how the IPA can better serve our members and all psychologists in the state of Illinois.

Sincerely,

Marsha Karey

Executive Director, Illinois Psychological Association

Arrangements for Persons with Disabilities

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey, 312/372-7610, x201, to discuss what accommodations can be provided by October 23, 2019.

All questions, concerns, or complaints should be directed to Marsha Karey.

Program Responsibility

There is no commercial support for this program, nor are there any relationships between IPA, CE Sponsor, presenting organization, presenter, program content, research, grants or other funding that could reasonably be construed as conflicts of interest.

Not a member of the IPA?

JOIN NOW.

Complete the application on page 23 and mail it with your registration form to obtain the member conference discount.

Exhibitor Information

The exhibits of the IPA convention represent a diverse range of ideas, techniques, and equipment. The use of these products should be guided by the APA ethical principles of psychologists. IPA is not responsible for the products and services displayed.

VISIT THE EXHIBIT BOOTHS
Thursday 8:30 AM–5:00 PM
Friday 8:00 AM–5:00 PM

The following are the exhibitors at the time of printing.

Please extend your gratitude to these supporters of the Illinois Psychological Association by visiting their booths.

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YellowBrick

There will be additional exhibitors that joined the convention after the brochure was printed.

Sponsors

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IPA Behavioral Medicine & Neuropsychology
IPA Clinical Practice Section
IPA Early Career Psychologist
IPA Organizational & Business Consulting Section
IPA Social Responsibility Section
IPA Sexual Orientation and Gender Identity Section
IPA Women Section

HMS Midwest
Mid-America Psychological and Counseling Services
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Continuing Education Criteria

Continuing education credits are earned by way of a “one program hour to one CE credit” basis. For example, a symposium which meets for 1.5 hours is equal to 1.5 CE hours. A verification of attendance certificate will be awarded at the conclusion of each program. If you have any questions regarding the continuing education system, please inquire at the registration desk.

- The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.
- The Illinois Psychological Association is a Registered Social Worker Continuing Education Sponsor: License #: 159-001359.
- IPA sponsored APA CE credits satisfy the continuing education requirements of Illinois Licensed Clinical Professional Counselors.

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M.A. in Industrial and Organizational Psychology
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M.A. in Psychology: Specialization in Military Psychology
M.A. in Psychology
M.A. in Counseling: Specialization in Clinical Mental Health Counseling
Master of Public Administration

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Ph.D. in Counselor Education and Supervision
M.A. in Counseling: Art Therapy
M.A. in Couple and Family Therapy
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Learning Objectives

The following learning objectives describe the knowledge and/or skill participants will acquire from each session.

Friday, November 15, 2019

- 1. Building Her Inner Strength and Caring Relationships in #MeToo Context**
 - Participants will be able to describe two impacts that negative gender-related messages and gender bias can have on females' self-experience and relationship experience.
 - Participants will be able to incorporate two advanced clinical skills in using the psychotherapy relationship to help girls and women develop their own minds, turn away from mistreatment, and pursue mutually caring interpersonal skills.
 - Participants will be able to discuss two ways parents can provide accurate and positive parenting responses and model caring relationships to their girls that will help girls come to want and expect this kind of relating in their own relationships.
- 2. Alternative Family Dynamics and the Impact on Divorce and Estate Planning**
 - Participants will be able to identify two alternative family dynamics and circumstances to take into consideration when divorcing and developing parenting plans.
 - Participants will be able to define Alternative Dispute Resolution and identify two main options
- 3. The Manager Mom Epidemic: How Moms Got Stuck Doing Everything for Their Families**
 - Participants will understand maternal identity and two things moms tell themselves they have to do in order to be "good" mothers.
 - Participants will learn two ways to manage resistant/traditionalist dads.
- 4. A New Lens for Understanding Chronic Depression: Radically Open DBT**
 - Participants will be able to describe two ways why RODBT is effective in treating chronic depression.
 - Participants will be able to define two typical characteristics associated among individuals with maladaptive emotional overcontrol.
- 5. White Fragility/White Privilege, Within Me/Us & Built into Systems**
 - Participants will be able to identify one "progressive sounding" pillar of Racism, code-talk.
 - Participants will be able to list two print, video and/or organizational activities designed for Awareness Building Resources on the factual development of White Privilege in the USA.
- 6. Illinois Advocacy in Action**
 - Participants will list at least two bills that impact the practice of psychology
 - Participants will understand at least two reasons why advocacy is important and how to approach a legislator.
- 7. Intersectionality in Humanitarian Work: Tools, Technologies and Teachings**
 - Participants can identify two practical tools for conducting humanitarian projects by employing models from two other disciplines.
 - Participants can identify two ways to use psychology in policy development and sustainability.
- 8. Hot Topics in Ethics and Diversity**
 - Participants will be able to identify three specific ways in which the cultural identities of clients and psychologists may impact ethical dilemmas that arise in psychotherapy
 - Participants will be able to describe two ethical principles or standards relevant to the provision of culturally competent services.
 - Participants will be able to discuss two guidelines for ethical practice regarding working with clients of diverse cultural backgrounds.
- 9. Testing Codes & Consequences Affecting Reimbursement**
 - Participants will be able to describe at least three major differences in 2019 coding definitions that affect reimbursement.
 - Participants will be able to describe three significant changes in documentation requirements for the new 2019 testing codes for neuropsychological and psychological testing.
- 10. Working with Diversity in Practice**
 - Participants will be able to identify and implement the ADDRESSING model in practice.
 - Participants will be able to name and assess two intersectionality dynamics at play in practice.
- 11. What's the body got to do with it? Mind-body interventions**
 - Participants will learn one way to identify the acceptability and feasibility of mindfulness-based interventions delivered in community setting to improve mental health outcomes including stress reduction, sleep improvement, reduce burnout and depression symptoms among high-risk populations.
 - Participants will be able to identify two ways the role sensori-motor psychotherapy can play in holistic based psychotherapy treatment and how to begin to identify sensori-motor presentations in the treatment setting.

12. Redefining Trauma: Exploring the Scars of “Normal”

- Participants will be able to define Big T, little T and developmental trauma with an understanding of Adverse Childhood Experiences (ACE) and two ways ACE’s impact individual’s lives.
- Participants will understand what chronic Autonomic Nervous System arousal is and two ways it affects the body in both short- and long-term ways.

13. Intersectional Approaches to Trans and Gender Affirming Therapy

- Participants will be able to define what trans/gender affirming counseling is and become more confident in providing it.
- Participants will develop knowledge about two barriers to affirming therapy for trans clients and how other identities (such as race) further bolster barriers.

14. The Emerging Public Health Crisis of Recreational Marijuana

- Participants will assess the growing body of literature that discusses the bio-psycho-social consequences of the use of high grade grown marijuana.
- Participants will discuss at least two things behavioral health providers must do to address the consequences of marijuana use.

Saturday, November 16, 2019**15. Importance of Research in Clinical Practice: From Theory to Practice**

- Participants will identify two factors related to the importance of research in clinical practice.
- Participants will provide at least two methods to incorporate research and data collection in an effective manner.

16. Student Perceptions of Clinical Supervision Effectiveness: Reason for Concern

- Participants will explain how a variety of ethical standards apply to the practice of clinical supervision; describe general types of liability that may be incurred by a supervising psychologist and describe at least two safeguards that can decrease ethical infractions and other forms of liability.
- Participants will be able to discuss two limitations of competency-based education as presently practiced in clinical psychology and interventions for enhancing the utilization of competency-based models in clinical training.

17. Hell Hath No Fury Like a Woman Scorned

- Participants will define and explain at least two ways that betrayal trauma is created in partners of sex addicts.
- Participants will describe the etiology of PTSD symptoms explained by Powers’ Theory.

18. Surveillance, Trauma, and Collective Black Healing

- Participants will analyze, from a historical perspective, two ways that institutionalized racism impacts stress and trauma in urban communities.
- Participants will apply two psychological concepts to understand how to promote health among African Americans and other people of color.

19. Creating Space for Us: Ethno-Racial Dialogues by, for and about People of Color

- Participants will learn at least two dialogues relating to people of color.
- Participants will be able to apply at least two skills to what they learn clinically.
- Participants will gain at least two skills to enhance their cultural competence.

20. How Constant Collaborative Care Builds Your Practice

- Participants will be able to describe at least three current steps to take to enhance coordination of care between psychologists and allied health care providers.
- Participants will be able to describe three models of collaborative care between psychologists and physicians, which builds a psychology practice.

21. IPAGS Workshop: Ethical Dilemmas Encountered by Students and Psychologists during Training

- Participants will be able to identify two intersectional issues that may arise during trainee supervision, their impact on training and clinical practice, and guidelines for ethical conduct in these situations.
- Participants will be able to recognize two intersectional issues that may be present in the classroom, their impact on learning and guidelines for ethical conduct in these situations.

22. Seeing the Future: Therapy with Individuals with Chronic Illness

- Participants will be able to define two experiences of individuals with chronic medical problems.
- Participants will be able to recognize two therapy principles and practical techniques related to the treatment of individuals with chronic medical problems.

**23. Intersectionality
Between Technology and
Neuropsychology Evaluations**

- Participants will learn two skills to evaluate bias in assessment,
- Participants will learn the efficacy of nonverbal testing to reduce cultural bias, facilitate cross-cultural assessment, assess construct of interest thus reducing impact of language and assess individuals with language issues.

24. Psychologist in Divorce: Family, Community, and Court

- Participants will gain increased understanding at least two methods and processes that divorce impacts their individual and family clients.
- Participants will observe applications of at least two different methods and policies of divorce by applying them to a case study family in its process of divorce.

**25. Keys to Success in
Applying to Internship**

- Continuing Education credits are not available for this workshop.

**26. Immigration and Human Trafficking:
Social Justice Response in Practice**

- Participants will identify two ways the field of psychology and social justice intersect and how this intersection can bridge gaps to unite individual and community healing.
- Participants will be able to identify at least two signs of human trafficking with their patients.

**27. New Skills When Working with
Clients, Employers & Short-
term Disability Companies**

- Participants will understand the inherent role conflicts and identify two strategies to set a different therapeutic frame.
- Participants will learn two ways to differentiate psychosocial issues leading to time-off requests with true psychiatric impairments and to discuss this directly with clients.

**28. Beyond CBT: Don't Just Do
Something—Stand There!**

- Participants will learn two reasons why skills-based approaches have limited utility.
- Participants will learn two reasons why healing developmental relational injuries is essential to creating enduring therapeutic change.

Convention Drawing

Winners will be
announced at the
President's Reception.



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Thursday, November 14, 2019

8:00 AM - 4:00 PM

Registration

Ballroom Foyer

8:00 AM - 9:00 AM

Breakfast

Sponsored by IPA Academic & Behavioral
Medicine Neuropsychology Sections

8:00 AM - 5:30 PM

Exhibitors

Ballroom Foyer

9:00 AM - 4:30 PM

Full-Day Workshop:
Regency Ballroom

6 Continuing Education Credits

9:00 AM - 11:00 AM

Program Description:

“Making Meaning Making Music: Experiencing Multicultural Drumming, Affirming Identity, & Enhancing Belonging”

With *Funkadesi's Rhythm Ambassadors*:
Kwame Steve Cobb, Carlos Antonio
Cornier, Maninder Singh, and Rich Conti

Given the increasing recognition in our field that we must do better in addressing issues of social justice and inclusion, and increase our multicultural competence (as practitioners, researchers, advocates, educators, and concerned professionals), we must look to innovative proven methods that address the complexities of these issues. Combining the latest theory and evidenced-based methods of facilitating difficult dialogues on issues of diversity and inclusion, and utilizing evidenced-based innovations with group drumming, this conference-wide session synthesizes multiple strains of proven techniques that strike a balance between being welcoming and engaging while addressing important issues. In particular, this session offers a unique approach to affirming individual and community identities while promoting

mutual belonging. The session will begin with Dr. Sharma providing a brief overview of principles that have guided the intercultural musical project he founded, Funkadesi, for over two decades. This overview will be followed by Funkadesi's Rhythm Ambassadors providing each audience member with a drum, and leading hands-on, experiential drumming sections (Latin Clave rhythm, Punjabi Bhangra rhythm, West African Lamba rhythm, and more). Reflecting the Funkadesi Rhythm Ambassadors' signature Indo-Afro-Caribbean rhythmic connection, the session will culminate with the entire audience playing each cultural rhythm they just learned in order to weave together a sonic intercultural fabric. The session will close with audience members self-reflecting on their experience of making intercultural music, and Dr. Sharma underscoring relevant themes, take-homes, and potential applications.



Funkadesi's Rhythm Ambassadors

ABOUT THE PRESENTER



Rahul Sharma, PsyD

Dr. Rahul Sharma is a strategic consultant, speaker, psychologist, and musician. He received his doctorate in Clinical Psychology in 1998, specializing in multicultural psychology. He is former Director of the University of Chicago's Resources for Sexual Violence Prevention. Dr. Sharma was Associate Professor at the Illinois School of Professional Psychology (ISPP) and Chair of its Diversity Concentration for 13 years. In addition, Dr. Sharma is founder and bassist/sitarist for the intercultural award-winning music group Funkadesi, comprised of diverse members (Indian-American, African-American, Jamaican, Latino, and European-American) who are musicians, activists, educators, and healers.

Dr. Sharma has used music as a vehicle for advancing emotional intelligence, leadership, and cultural competence. He recently served as an NEA grant review panelist for proposals that apply art to community wellness and equity endeavors. In 2017, Dr. Sharma was the recipient of the Joyce Foundation Award, commissioned to co-write a musical piece "Quantum Englewood" that was performed by hundreds of musicians, aiming to provide arts opportunities for youth in the Englewood neighborhood. The critically acclaimed performance took place in September 2018. Dr. Sharma also trained Evanston's Police Department on mental health response, integrating issues of diversity and community concerns. Most recently, he has partnered with Depaul University's Theatre School as a strategic consultant on system-wide issues related to diversity, communication, and leadership.

Dr. Sharma continues to train, consult, deliver keynotes and lectures, & lead workshops on many topics related to diversity, social justice, mental wellness, music, and healing.

Learning Objectives:

1. Participants will be able to list 3 techniques via experiential musical and large group facilitation techniques to address issues of diversity, identity, and belonging.
2. Participants will be able to list 2 ways artistic wisdom can be applied to multicultural and social justice related work.

11:15 AM - 12:15 PM

The Challenges of Bringing Yourself: Intersectionality and Institutionalized Violence among Latinos

The presentation will cover the heterogeneity of Latinos with racism, colorism, and classism within our cultures. Immigration, acculturation, integration and exclusion as well as the politics of wholeness will be discussed. Solutions include inclusion and access to justice to breed wellness. The significance of epigenetics and intergenerational harm in relation to Latinos will also be addressed.



Elena Quintana, PhD

Elena Quintana, a PhD, is the Executive Director of the Institute on Public Safety & Social Justice at Adler University. Dr. Quintana studied Clinical and Community Psychology. Her work focuses on research and programming that reclaims human potential and promotes socially just solutions to address public safety concerns. This work includes designing and evaluating community violence prevention efforts, addressing institutionalized violence, and creating and evaluating alternatives to incarceration. Dr. Quintana is also trained as a Master Trainer Community Resilience Coach educated in helping communities,

agencies, and governments to understand and respond programmatically to Adverse Childhood Experiences research.

Learning Objective:

1. Participants will be able to list 3 ways in which marginalization leads to decreased life expectancy and quality, while inclusion increases life quality and expectancy. .

12:15 PM - 1:15 PM

LUNCH
Mexican Buffet

fresh melon with chile lime,
southwest salad with roasted corn,
peppers, black beans, tomatoes
& chipotle ranch dressing,
arroz verde with poblanos & cilantro
—all prepared vegetarian

seasoned ground beef tacos & tostadas
with soft and hard taco shells

DESSERT:
mini churros with
cinnamon-chocolate sauce

1:15 PM - 2:15 PM

Intersectionality of Minority Mental Health, Poverty and Race with Regards to African American

Several large-scale epidemiological studies have demonstrated that African American adults are less likely to have most psychiatric conditions than those who are white. However, when taking into account the impact of social determinants of health such as education, income, employment, and neighborhood environment, African American adults are at increased risk for chronic stress, traumatic stress and depressive symptoms. Further, African American adults are 50 percent less likely to access mental health treatment and when they do, they are less likely to receive guideline concordant care. This presentation will provide an overview of epidemiological research on the comparative prevalence of the most common mental illnesses among African Americans and the concrete and psychological barriers to access and engagement in treatment. Specifically, the impact of ethnic identity as protective against the development of mental illness and barrier to participation in treatment

will be discussed. This presentation will highlight the ways in which cultural beliefs and practices interact with the healthcare system in ways that result in inadequate care provided to African American communities and persistent disparities in mental health. In close, the presentation will address individual and health system methods for achieving mental health equity.



Inger Burnett-Zeigler, PhD

Dr. Inger Burnett-Zeigler is a licensed clinical psychologist and associate professor in the Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine at Northwestern University. Dr. Burnett-Zeigler utilizes traditional psychotherapy and complementary and integrative health approaches to help clients with mood and anxiety disorders, stress management, interpersonal relationships and wellness. Dr. Burnett-Zeigler is passionate about eliminating mental illness stigma and assuring that all individuals have access to high-quality, evidence based mental health care. Her research program focuses on examining the factors associated with access and engagement in mental health service utilization and using this data to develop, test and implement acceptable and accessible evidence-based interventions in community-based settings. Inger's long-term goal is to improve mental and physical health among socio-economically disadvantaged individuals by creating a sustainable model to efficiently deliver effective interventions in community-based settings. Dr. Burnett-Zeigler's research has been featured in *The New York Times*, *TIME* magazine, *The Hill*, and *Chicago Tribune*. She is on the board of directors for several large healthcare non-profits including Heartland Alliance Health and Thresholds.

Learning Objective:

Participants will be able to list 3 predictors of mental illness and treatment participation as they relate to the role of social determinants of health, race/ethnicity, and culture.

2:30 PM - 5:30 PM

Program Description:

“Calling All Psychologists: The Ethical Imperative of Intersectional Social Justice”

Throughout the history of the United States, there have been many social movements that have resulted in an array of historic societal outcomes—ranging from the end of racial segregation to women’s voting rights to the legalization of same-sex marriages. Despite the positive outcomes derived from political activism, many psychologists have struggled with how to advocate for social justice, while maintaining their professional responsibilities and ethical boundaries. The current presentation will review the historical ways that psychologists have participated in political movements- from the use of psychological research in landmark U.S. Supreme Court cases to psychologist-led pushes for policy changes in psychology, medicine, and other mental health related fields. Next, a critical review will be provided of some of the major controversies or dilemmas regarding psychology, social justice, and political participation—including:

(a) ethical concerns and professional boundaries, (b) the utility of political neutrality in psychology, (c) psychologists’ balance and self-care, (d) psychologists’ lack of advocacy training, and (e) beliefs of the role of social justice advocacy in psychology. Finally, the presentation will conclude by discussing the concepts of “intersectionalities” and “psychologist-activist”—highlighting the many ways that psychologists across various subfields and institutions can combat oppression on individual, interpersonal, group, and institutional levels, through a critical intersectional lens.

ABOUT THE PRESENTER



Kevin Nadal, PhD

Kevin Leo Yabut Nadal, Ph.D. is a Professor of Psychology at both John Jay College of Criminal Justice and the Graduate Center (GC) at the City University of New York (CUNY). He is the author of over 100 publications and 10 books, including *Filipino American Psychology: A Handbook of Theory, Research, and Clinical Practice* (2011, Wiley), *Sage*

Encyclopedia of Psychology and Gender (Sage, 2017), *Microaggressions and Traumatic Stress* (2018, APA). He is the past President of the Asian American Psychological Association (AAPA), the former Executive Director of the CLAGS: The Center for LGBTQ Studies at CUNY, a national trustee of the Filipino American National Historical Society (FANHs), and the founder of the LGBTQ Scholars of Color Network. A scholar-activist, he has written for *Huffington Post*, *Buzzfeed*, and *New York Times*, and he has been featured on NBC, ABC, CBS, Fox, PBS, The Weather Channel, The History Channel, and more. Dr. Nadal received the American Psychological Association Early Career Award for Distinguished Contributions to Psychology in the Public Interest in 2017, was named one of NBC’s Pride 30 in 2018, and received the Thought Leader Award from the Robert Wood Johnson Foundation In 2019

Learning Objectives:

1. Participants will be able to identify 2 historical examples of social justice activism within the field of psychology
2. Participants will be able to cite 2 examples of how the APA Ethics Codes are related to issues regarding social justice activism
3. Participants will be able to define 2 practical ways that psychologists can integrate activism into their professional and personal lives

Friday, November 15, 2019

7:30 AM - 4:30 PM

Registration

Ballroom Foyer

7:30 AM - 8:45 AM

Breakfast

Sponsored by IPA Clinical Practice Section

8:00 AM - 5:00 PM

Exhibits

Ballroom Foyer

**FRIDAY MORNING PROGRAMING
1.5 AND 3-HOUR SESSIONS**

8:15 AM - 8:45 AM

**Thursday Workshop Planning
Committee Debriefing Session**

Program 1

9:00 AM - 12:15 PM

**Building Her Inner Strength
and Caring Relationships
in #Me Too Context**

This Women’s Issues Section workshop will help participants deepen their expertise using the therapeutic relationship to strengthen self-worth,

resistance to mistreatment, and pursuit of mutually caring relationships in teen girls and women while considering their social and cultural context, including #MeToo, and help parents foster genuine self-worth in girls.

Patricia Walker, PhD, Chair
Private Practice
IPA Women’s Section Chair

Joshuan R. Ollswang, MA, Co-Chair
Intern, *Smart Love Family Services*

Carla M. Beatrice, PsyD
Private Practice, *Director of Clinical Services, Smart Love Services*

Tamara T. Garrity, PsyD
Private Practice, Director of Training

Michael Zakalike, PysD
Private Practice, Director of Marketing

Program 2

9:00 AM - 10:30 AM

Alternative Family Dynamics and the Impact on Divorce and Estate Planning

This workshop will cover various alternative family dynamics, including LGBT and non-monogamy, and unique circumstances to take into consideration when divorcing and developing parenting plans. They will discuss Alternative Dispute Resolution options as well as issues to consider when estate planning.

Lisa Irgang, PsyD, Chair
*Relationship Solutions Center,
Private Practice*

Jessica L. Malmquist, JD, LL.M., M.Phil
Greenwich Law Group

Eva Matela Kogut, JD
Kogut & Wilson, L.L.C.

Program 3

9:00 AM - 10:30 AM

The Manager Mom Epidemic: How Moms Got Stuck Doing Everything for Their Families

Moms continue to do way more household work and childcare than dads. Despite the crushing mental load women bear for their families, no one has come up with a plan to make things change until now. Manager Mom Epidemic provides a road map for women to take their lives back.

Thomas Phelan, PhD, Chair
Private Practice

Program 4

9:00 AM - 10:30 AM

A New Lens for Understanding Chronic Depression: Radically Open DBT

Radically-Open Dialectical Behavior Therapy is a treatment for disorders of overcontrol (OC), including chronic depression. OC characteristics include inhibited emotional expression and aloofness (resulting in social isolation). Core interventions vary considerably from other treatments.

Theory, main treatment strategies, and research review specific to chronically depressed adults will be discussed.

Abigail Damsky Brown, PsyD, Chair
IPA ECP Chair

Danielle Doucette, PsyD, CEDS,
*Clinical Director, Eating Disorders
Midwest Counseling & Diagnostics*

10:30 AM - 10:45 AM

Mid-Morning Break

Sponsored by IPA Women's Section

Program 5

10:45 AM - 12:15 PM

White Fragility/White Privilege, Within Me/Us & Built into Systems

For me, for us White Americans, we must understand "White Fragility: Why Its So Hard for White People to Talk About Racism". I will present main concepts in the book by Robin DiAngelo on the topic via a 22 minute video and review what I have learned in groups working to reduce systemic Racism. Participants will be invited to discuss their experience and suggestions for reducing Racism in Illinois. Jemar Tisby's outline of ARC = Awareness of Racism; Relationship Building; Commitment to Working on Change, will be used.

Bruce Bonecutter, PhD, Chair
*IPA Social Responsibility Section Chair
Past President, IPA*

Program 6

10:45 AM - 12:15 PM

Illinois Advocacy in Action

Understanding the Legislative Process and how to Participate This presentation will explain how a bill becomes a law in Illinois. The presentation includes how advocacy plays an important role in a bill becoming law and will present ways to be more involved and more effective in the legislative process. The presentation will also provide legislative updates on bills that impact the practice of psychology.

Lisa Grossman, JD, PhD
*IPA Legislative Committee
Chair, Past President, IPA*

Fahad Khan, PsyD
IPA Legislative Committee Co-Chair

Jay Handler, MA
IPA Legislative Committee

Terrence Koller, PhD, ABPP
IPA Legislative Liaison

IPA Attorneys and Lobbyist

Jennifer Morrison, JD

Mark Taylor, JD

Ryan Taylor, JD

Rob Uhe, JD

Program 7

10:45 AM - 12:15 PM

Intersectionality in Humanitarian Work: Tools, Technologies and Teachings

Using psychology in policy development and sustainability along with humanitarian interventionism will be shared along with examples from innovative nonprofits that will open new perspective, ideas and approaches for attendees to learn from and adapt to their interests and work. An abundant tool kit and resources will also be provided.

Chris E. Stout, PhD, Chair
Past President, IPA

12:30 PM - 1:45 PM

IPA Annual Awards Luncheon

President's Address

Kalyani Gopal, PhD, HSPP

Awards

Distinguished Illinois Psychologist

Lynda Behrendt, PsyD.

Presidential Recognition Awards

Legislative Awards

Representative Anna Moeller
Senator Melinda Bush

IPAGS Jennifer Manfre Award

Matthew Harrings, MA

Psychologically Healthy Workplace Award

LUNCH

Friday Menu

bruschetta chicken, lightly breaded/
seasoned chicken breast with a
mixture of tomato, onion, garlic, basil
and parmesan cheese on top. served
with fresh vegetables and pasta

VEGETARIAN CHOICE:

portabella ratatouille tart, layers of
portabella mushrooms, squash,
zucchini, bell pepper and goat cheese

Caesar salad, rolls and butter

DESSERT:

Cannoli Cake with pistachio anglaise

Coffee, tea, decaffeinated
coffee and iced tea service

Program 8

2:15 PM - 5:30 PM

Hot Topics in Ethics and Diversity

This program meets the Illinois mandatory ethics continuing education requirement for psychologists.

The intersecting cultural identities and values of client and therapist are an important consideration when addressing ethical dilemmas in psychotherapy. Roles, responsibilities, decision making and manner of relating are all impacted by cultural factors. The IPA Ethics Committee will address this topic, offering case vignettes to highlight guidelines for prudent practice

Susan Zoline, PhD, Chair
*Adler University, IPA Academic
Chair & Ethics Co-Chair*

Scott Hammer, JD
*Wilson Elser Moskowitz
Edelman & Dicker LLP*

Margo Jacquot, PsyD
Private Practice, Juniper Center

Peter Perrotta, PhD
Private Practice, IPA Ethics Committee

Ann Sauer, PhD
*Midwestern University,
IPA Ethics Committee*

Abigail Sivan, PhD, Co-Chair
IPA Ethics Committee

Program 9

2:15 PM - 3:45 PM

Testing Codes & Consequences Affecting Reimbursement

New testing procedure codes introduced in 2019 affected the clinical practice of psychologists nation-wide. These represent a paradigm shift in how psychological and neuropsychological testing should be documented and billed, producing significant challenges for both practitioners and payors. The IPA's *Healthcare Reimbursement Committee* will review recent developments in clinical practice and provide updates on their advocacy work. Emphasis will be placed on review of new testing codes, including definitions, coding suggestions and limitations, and documentation requirements.

Patricia Farrell, PhD, Chair
*IPA Past President, Chair HCRC,
Chair Clinical Practice Section*

Lynda Behrendt, PsyD
IPA Immediate Past President

Neil Pliskin, PhD, ABPP-CN

Theresa Schultz, PhD, Chair,
Sub-Committee

Program 10

2:15 PM - 3:45 PM

Working with Diversity in Practice

Diversity and intersectionality are ever-present in the therapy room. These factors can be critically important when building relationships with our clients. This presentation will facilitate experiential learning in identifying and working with multiple identities. Understanding diversity factors will be centered on Pamela Hays' (1996) ADDRESSING model

Marc Chaney, MA, Chair
IPAGS Chair, Adler University

Bethany Rosner, MA
*Chicago School of
Professional Psychology*

Morgan Ferris, MA
Adler University

Xander Mach, MA
Adler University

Program 11

2:15 PM - 3:45 PM

What's The Body Got To Do With It? Mind-Body Interventions

This research-based and experiential symposium focuses on mind-body interventions for psychological wellness. Sensorimotor mechanisms and mindfulness techniques in psychotherapy will be demonstrated. First-author research results will include mindfulness among diverse and hi-risk populations and research showing the role race, education, and income play in mental illness and healthcare access.

Jane Conron, PhD, Chair
*Private Practice and Clinical
Faculty, Northwestern Feingberg
School of Medicine*

Rachel H. Jacobs, PhD
*Private Practice and Adjunct Assistant
Professor of Psychiatry & Behavioral
Sciences; Feingberg School of Medicine*

Inger E Burnett-Zeigler, PhD
*Assistant Professor of Psychiatry
and Behavioral Science
Northwestern Feinberg School of Medicine*

3:45 PM - 4:00 PM

Mid-Afternoon Break

*Sponsored by Psychology Specialist
and the IPA Organizational &
Business Consulting Section*

Program 12

4:00 PM - 5:30 PM

Redefining Trauma: Exploring the Scars of "Normal"

Most of us have had painful experiences in our lives that have profoundly shaped who we are and how we experience the world. These experiences often have a negative impact and yet often go unacknowledged. By working on our "scars", we are able to completely transform our lives.

Colleen Duffy Cira, PsyD, Chair
Private Practice

Program 13

4:00 PM - 5:30 PM

Intersectional Approaches to Trans and Gender Affirming Therapy

The intersections of gender identity, race, economic status, and healthcare determine someone's ability to engage in therapy. Transgender clients face unique barriers to finding and securing adequate therapeutic services; one significant barrier is lack of education and training for therapists around gender and sexuality. This workshop explores the foundations of trans and gender affirming therapy.

Marc Chaney, MA, Chair
IPA IPAGS Chair

Carolyn Leach, LCP
Gender and Sexuality Counselor

Dafne Paglia, MA
Social Worker Student

Program 14

4:00 PM - 5:30 PM

The Emerging Public Health Crisis of Recreational Marijuana

With the recent passage of legislation by the State of Illinois the drug marijuana will now be available to adults for its recreational use. This will make Illinois the 11th state to legalize its use as a recreational drug. There are those proponents who have aggressively advocated for legalization and those who are concerned about the consequences. On the political spectrum, the issue of legalization for recreational use is divisive. Looking at those concerns expressed, this presentation will review and synthesize the public health and public safety impact of marijuana in those ten states that have legalized the drug. There is also a growing body of literature that discusses the bio-psycho-social consequences to the use of high grade grown marijuana which will included in the presentation.

Joseph E. Troiani, PhD, CADC
Chair, Adler University, IPA Military Chair
Past President, IPA

Catherine McNeilly, PsyD
Adler University

5:00 PM - 5:45 PM

Student Poster Presentation Competition

5:45 PM - 7:15 PM

President's Reception:

Sponsored by: The Chicago School of Professional Psychology

This year the student poster boards will be on display during the reception. Please join us! Show your support for our student presenters while enjoying entertainment, delicious hors d'oeuvres, wine and chance to meet with your colleagues and IPA Leadership. Poster Awardees will be announced and Exhibitor drawing winners.

Entertainment by:
Musician Peter Storms and Melodious Singer Sponsor by: Theresa M. Schultz, PhD/The Lodestone Center for Behavioral Health and Mid-America Psychological and Counseling Services

Complimentary Wine Bar Sponsored by: Dr. Gregory Sarlo, PsyD

Information about wines and pairings will be provided.

Saturday, November 16, 2019

8:00 AM - 1:30 PM

Registration

Ballroom Foyer

8:00 AM

Coffee and Bakery Breakfast

Sponsored by IPA Early Career Psychologist, Social Responsibility, SOGI Sections

8:15 AM - 8:45 AM

Annual All Association Meeting & Future Plans of RxP Plus Friday Planning Committee Debriefing Session

All Attendees are invited to attend

Program 15

9:00 AM - 10:30 AM

Importance of Research in Clinical Practice: From Theory to Practice

Data collection and research not only improves performance in clinical practice, it also contributes to positive outcomes. Psychologists are trained as clinicians and researchers, thereby possessing both skills innately through education and training required for licensure. This presentation will highlight the importance of research in practice and provide practical methods.

Fahad Khan, Chair
IPA Legislative Committee Co-Chair
Deputy Director, Khalil Center

Program 16

9:00 AM - 10:30 AM

Student Perceptions of Clinical Supervision Effectiveness: Reason for Concern

A sample of students (n = 1,234) completed a 72-item questionnaire to assess student perceptions associated with clinical training effectiveness. Ninety-two percent (92%) of the student respondents were from APA accredited programs (PhD/PsyD). Numerous significant differences were identified among the factors assessed in this study.

Gerardo Rodriguez-Menendez, PhD, ABPP, MSCP, Chair
The Chicago School of Professional Psychology

Alyssa Cunningham, MA, LPC, NCC
The Chicago School of Professional Psychology

Morgan Ferris, MA, MS
IPAGS Chair-Elect Adler University

Program 17

9:00 AM - 10:30 AM

Hell Hath No Fury Like a Woman Scorned

This presents Power's theory of a sex addict's partner's response to betrayal trauma. Based on J. Bowlby's Theory of Mourning, the function of a Partners; PTSD symptoms is described and a hypothetical "Fatal Attachment/Attraction" case is presented. A client exercise, Tilley the Trauma Train is Explained.

Diane Powers, PsyD, CADC, CSAT, Chair
Private Practice

Program 18

9:00 AM - 10:30 AM

Surveillance, Trauma, and Collective Black Healing

Through sharing my own journey in the field of psychology for the past 25 years, I present the evolution of my thinking, training, and research gained when examining trauma, resiliency, and violence in African American communities. We will pay particular attention to how various forms of institutionalized racism and state sanctioned violence have contributed to stress, anxiety, and collective depression.

Kalyani Gopal, PhD, HSPP, Chair
IPA President

Brian L. Ragsdale, PhD
Senior Core Faculty, Walden University

Program 19

9:00 AM - 12:15 PM

Creating Space for Us: Ethno-Racial Dialogues by, for and about People of Color

Graduate students of color* (self-identified from any non-dominant ethnoracial group) are invited to this 3-hour Difficult Dialogues session, to explore power structures, gain self-understanding and practice professional application of intra- and inter-group dynamics that do not center dominant groups or obscure cultural, linguistic, historical, racial, and power-based identities.

Erin Alexander, PhD, Chair
IPA Section of Ethnic Minority Affairs Chair

Shipra S. Parikh, PhD, LCSW
Private Practice

10:30 AM - 10:45 AM

Mid-Morning Break

Sponsored by Midwestern University

Program 20

10:45 AM - 12:15 PM

How Constant Collaborative Care Builds Your Practice

Improving use of physician time and appointment availability makes it possible for physicians to delegate much of the behavioral health care to psychologists. Failure to coordinate care, to manage transitions in levels of care, and to address lapses in care continues to impede healthcare in our society. Integrated behavioral care promotes offering psychological services at the primary care point of contact between patients and physicians. All providers and the institutions supporting their work are dedicated to enhancing public health. Care coordination makes services more widely available.

Likewise, this addresses the relationship between physical and psychological health and illness. Care coordinators funded by insurers are dedicated to assisting patients in transitions of care. Moving from more intense to less intense treatment settings have affected partial success in ensuring continuing care for patients who must adjust to increased self-management. Emphasis on the demonstration of efficacy of psychological intervention techniques has made accountability for the use of scarce health care dollars an ongoing focus.

This program will also review BCBSIL/ HCSC initiatives which target enhancing the coordination of, and collaboration in care by providers and funding institutions; it will offer ideas for improving the quality of care received by our patients through enhanced care coordination

Patricia Farrell, PhD, Chair
IPA Past President, Chair IPA HCRC, Chair IPA Clinical Practice Section

Lynda Behrendt, PsyD
IPA Immediate Past President, HCRC Committee Members

Jennifer Escamilla, MS, LPC
Sr. Manager, BH Quality Improvement & Data Analysis, HCSC/BCBSIL

Marlin Hoover, PhD, MSCP, ABPP-CL NM
Prescribing Psychologist, IPA Past President

Neil Pliskin, PhD, ABPP-CN
IPA HCRC Member

Theresa Schultz, PhD
IPA Sub-Committee Health Care Reform, IPA HCRC Committee Member, APA - LIWP, CEC, Independent Practitioner Editor

Program 21

10:45 AM - 12:15 PM

IPAGS Workshop: Ethical Dilemmas Encountered by Students and Psychologist during Training

This program meets the Illinois mandatory ethics continuing education requirement for psychologists

This experiential workshop for students and psychologist will engage participants in situations that may arise while working in the field or in the classroom. An overview of ethics related to intersectionality will be followed by attendee participation in different situations. Ethical scenarios will incorporate supervising/teaching and diversity dynamics.

Ann Sauer, PhD, ABPP, Chair
IPA Ethics Committee Member, Midwestern University Clinical Psychology Program

Arielle Carmel, MA
IPAGS Committee, Midwestern University

Morgan Ferris, MA, MS
IPAGS Chair-Elect, Adler University

Susan Zoline, PhD
IPA Academic Section & IPA Ethics Committee Co-Chair, Adler University

Program 22

10:45 AM - 12:15 PM

Seeing the Future: Therapy with Individuals with Chronic Illness

This presentation will discuss therapy principals and techniques with individuals adjusting to chronic illness. The presentation will use as an example; individuals with low-vision or blindness. Part of this adjustment in this underserved community requires a redefinition of self. Relevant research will be reviewed with an emphasis on practical applications.

Michael C. Smith, PhD, Chair
Private Practice

Program 23

10:45 AM - 12:15 PM

Intersectionality Between Technology and Neuropsychology Evaluations

Evaluates validity of Leiter-3 in Scandinavia. Data from Leiter-3 in Sweden is analyzed to examine presence of bias. Group comparisons, test function across ages, models controlling for random effects, and Scandinavian-based norms are presented. Nonverbal testing to reduce test bias and its efficacy to assess cognition is presented

Brian Syzdek, PsyD, Chair
Stoetling

Shilfali M. Singh, MS
*Neuropsychology Resident,
Rush University Medical Center*

Program 24

1:30 PM - 3:00 PM

Psychologist in Divorce: Family, Community, and Court

Divorce can be one of the most impactful transitions to individuals both in how they interact with their world, and how their world may impose changes on their identities. Psychologist have an important role in aiding the interactions of our clients: in their families, in their community, and in the courts. We will trace a family case study as they make their decision, as they choose what method of divorce (mediation, collaboration, litigation), as they respond to various choices along their journey of separating (custody evaluations, court-order therapy, child alienation, parenting coordination, reunification therapy,

assessment of special needs of children, parental substance abuse and untreated mental illness) Our objective will be to improve the identity and credibility of our profession as psychologist as we help clients negotiate the difficult changes in our clients' interconnectedness.

Gail Petrich, JD, PsyD, Chair
Attorney and Psychologist, LLC

Hollie Sobel, PhD
Private Practice

Mary Gardner, PsyD
Private Practice

Program 25

1:30 PM - 3:00 PM

Keys to Success in Applying to Internship

(CE Not Available for this workshop)

The internship process can be an overwhelming and stressful time for students and is an important, final step before graduation. This presentation will discuss the keys to a successful internship process with consideration of perspectives from a fourth-year doctoral student, Supervising Licensed Psychologist and an Associate Director of Training.

Marc Chaney, MS
*IPAGS Chair
Adler University*

Hiren Ghayal, PsyD
Private Practice

Peter Battista, PsyD, ABPP
*Adler University, Associate
Director of Training*

Program 26

1:30 PM - 3:00 PM

Immigration and Human Trafficking: Social Justice Response in Practice

Panelists will provide an overview of the immigration and human trafficking crises and describe how agencies and practitioners respond through an intersectional lens of psychology and social justice. The field of psychology is positioned to respond to these societal challenges by bridging the gap between practice, advocacy, and policy.

Kalyani Gopal, PhD, HSPP, Chair
IPA President

Nicole St. Jean, PsyD
*Principal Investigator and Director,
Kolver Child Trauma Center, Research
Associate, Northwestern University,
Feinberg School of Medicine*

Jenna Adler, MSW
Boston University

Brittany Parrinello, LSW

Program 27

1:30 PM - 3:00 PM

New Skills When Working with Clients, Employers & Short-term Disability Companies

The topic of "workplace stress and absence" has gained focus in the occupational health literature. (Dewe, Trojanowski, Joosen & Bonato, 2016). Psychologists working with clients who are off work have to navigate new therapeutic roles (Mischoulon, 2002). This presentation highlights the skills needed to collaborate with disability insurance companies.

Paul Pendler, PsyD, ABPP
*Employee Assistance Psychologist,
JPMorgan Chase & Company*

Program 28

1:30 PM - 3:00 PM

Beyond CBT: Don't Just Do Something—Stand There!

CBT is a useful tool for therapists to have in their toolbox but approaches that don't address the healing of underlying relational trauma are limited in the depth and duration of their impact. This presentation will discuss the relational aspects of therapy, beyond technique, that are crucial to such healing.

M. Chet Mirman, PhD, Chair
*Private Practice, Partner
Affiliate in Counseling*



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KIDS CAN BE
WHATEVER THEY DREAM

FATHER'S RIGHTSSM

*"Dear Jeffery,
I would like to congratulate you on the publication of your book, How to Be a Good Divorced Dad. I am honored that you chose to share it with me. Thank you for your commitment to ensuring that fathers play a role in their children's lives. It is a cause that both you and I feel strongly about and I appreciate your leadership."*

— President Barack Obama

JEFFERY LEVING^{ESQ.}

The Law Offices of Jeffery M. Leving, Ltd.
MATRIMONIAL TRIAL ATTORNEYS

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Follow Our Victories

Convention Location and Hotel Information

THURSDAY through SATURDAY

Double Tree by Hilton Lisle/Naperville

3003 Corporate West Drive
Lisle, IL 60532
630/245-0900

HOTEL RESERVATIONS

The special group rate at the Double Tree by Hilton Lisle/Naperville Hotel for the IPA is \$108 per night.

- Reservations for the convention must be made by the individual directly with the Double Tree by Hilton Lisle/Naperville Hotel by calling 630/245-0900.
- Individuals making reservations must mention they are requesting the group rate for Illinois Psychological Association
- To receive the IPA group rate, reservations must be made no later than **October 29, 2019**.
- Reservations made after **October 29, 2019** will be subject to prevailing rates and accepted on a space available basis.
- All reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. The hotel will not hold any reservations unless secured by one of the above methods.
- Check in time is 3:00 PM and check out time is Noon.

Please Make Your Hotel Reservations Early



PARKING

There is complimentary onsite parking at the hotel.

[RESERVE YOUR ROOM NOW](#)

[DIRECTIONS TO HOTEL](#)

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Building Healthy Connections

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- Family Therapy
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- Neuropsychological Testing

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1200 Harger Road, Suite 600 Oak Brook, IL 60523 Call Us Today! 630-571-5750



Registration Information

PRE-REGISTRATION DEADLINE:

October 24, 2019 at 4:00 PM

All attendees and presenters must register at the IPA Registration Area. Please pick up name badges at the Registration Desk. Name badges must be worn at all times for security purposes.

REGISTRATION TIMES:

Thursday, November 14, 2019
8:00 AM – 4:30 PM

Friday, November 15, 2019
7:30 AM – 5:30 PM

Saturday, November 16, 2019
8:00 AM – 1:30 PM

METHODS OF PAYMENT:

You may pay by cash, check, money order, municipal, county, or state vouchers, or by VISA, Mastercard or American Express.

IPA FEIN # 36-6109267.

REFUND POLICY:

Written cancellations must be received by IPA by November 6, 2019 in order to receive a refund. There will be a \$35.00 cancellation fee. No refunds will be given for non-attendance or cancellation after November 6, 2019.

To register online go to:
www.illinoispsychology.org

Illinois Psychological Association Annual Convention

November 14-16, 2019

Registration Receipt

Date Paid _____

Amount Paid _____

Method of Payment

Check #: _____ Master Card Visa American Express

Please Note:

You will not receive confirmation of registration before the conference. However, if there is a discrepancy when you arrive for the program, someone will be available to ensure you are able to attend and that the discrepancy is resolved.

Thank you for helping us keep our costs down by not requiring a confirmation of registration.

SAVE THIS AS YOUR RECORD OF PAYMENT.

2019 CONVENTION REGISTRATION FORM

illuminating Intersectionality: The World Within the Individual and the Individual within the World

November 14-16, 2019

(You may copy this form.) Please print the following information.

Name: _____ Highest Degree: _____

Organization/Affiliation: _____

Address: _____ Phone: _____

City: _____ State: _____ Zip Code: _____

Email Address _____

CIRCLE REGISTRATION CHOICES

	REGISTRATION RECEIVED BY October 24, 2019	After October 24, 2019 or ON SITE
THURSDAY, FRIDAY AND SATURDAY PROGRAMS		
IPA Members or Affiliates	\$395	\$445
Non-Members	\$495	\$545
THURSDAY WORKSHOP ONLY (includes lunch)		
IPA Members or Affiliates	\$175	\$200
IPA Student Members:	\$45	\$60
Non-members	\$225	\$275
TWO DAY PACKAGE:		
IPAGS Student Member Special: Friday, Saturday Programs -- \$25/*\$35 (*with lunch on Friday)		
FRIDAY PROGRAMS ONLY (includes lunch)		
IPA Members or Affiliates	\$190	\$215
Students who are not IPA Members (no lunch/lunch included) . . .	\$45/\$65	\$75/\$95
Non-members	\$225	\$275
SATURDAY PROGRAMS ONLY ~Lunch on Own~		
IPA Members or Affiliates	\$100	\$125
Students who are not IPA Members	\$25	\$40
Non-Members	\$150	\$180

TOTAL CONFERENCE FEES: _____

I prefer a vegetarian lunch on Friday I am a new IPA member (joined after 1/1/2019)

VISA/MASTER CARD/AMEX CARD # _____ Expiration Date: _____

Signature: _____

YOUR PROGRAM CHOICES: Check the number of programs you plan to attend on Friday and Saturday.

This information will help determine meeting room size. Refer to program numbers listed with program titles.

- FRIDAY: A.M. 1 2 3 4 5 6 7
- FRIDAY: P.M. 8 9 10 11 12 13 14
- SATURDAY: A.M. All Association Meeting—Future for RxP 15 16 17 18 19 20 21 22 23
- SATURDAY: P.M. 24 25 26 27 28

Make check or voucher payable to Illinois Psychological Association Convention and mail with this form to:
ILLINOIS PSYCHOLOGICAL ASSOCIATION, 67 EAST MADISON STREET, SUITE 1817, CHICAGO, ILLINOIS 60603
Phone: 312/372-7610 Fax: 312/372-6787

REGISTER NOW

Detach this page. Complete the registration form on the other side and mail or fax it to the

Illinois Psychological Association
67 East Madison Street, Suite 1817
Chicago, Illinois 60603
Fax: (312) 372-6787

Complete the box on page 20.
That and/or your cancelled check
will serve as a receipt of your
registration for the Convention.
No other confirmation will be mailed.

To register online go to: www.illinoispsychology.org



2019-2020 Membership Application

IPA Fiscal Year runs July 1, 2019 to June 30, 2020

JOIN ONLINE AT: www.illinoispsychology.org

APPLICANT INFORMATION

Name _____ Highest Degree _____ Year Granted _____ School _____

Please complete both work and home addresses. Check a box for your preferred mailing address.

WORK _____

Independent Practice or Employment Setting

Street _____ City _____ State _____ Zip _____

() _____
Business Phone

() _____
Business Fax

Title _____ Nature of Business _____

HOME _____

Street _____ City _____ State _____ Zip _____

() _____
Home Phone

() _____
Home Fax

_____ Email

TYPE OF MEMBERSHIP (Please check one of the following)

Full Membership—Licensed: Must be currently licensed in the state of Illinois License #: _____ Year Licensed _____

Full Membership—Not Licensed: Applicant has a doctoral degree in psychology but is not a licensed psychologist. Applicant must meet the following requirement. Earned a doctoral degree in psychology from a program accredited by the Council of Post Secondary Accreditation or accredited by the American Psychological Association.

Student Member: Applicant is a full-time tuition paying student who is majoring in psychology or an intern/resident in psychology.

Name of School

Affiliate Member: Applicants have an interest in psychology such as but not limited to certified paraprofessionals, high school teachers and members of the general public. Affiliate Members are considered non-voting members of the Association. Affiliate Members may serve as members of committees of the Association and participate in programs and discussions of issues.

Out-of-State Member: Applicant is a former member who has relocated to another state or a psychologist or psychology graduate student from another state who wished to be affiliated with the Association.

Optional: Ethnicity Category

African American/Black American Indian/Alaska Native Asian American/Asian/Pacific Islander Hispanic/Latino/Latinx
 European American/White Prefer not to answer

PLEASE READ AND SIGN

In making this application, I agree to be bound by the Ethical Principles of Psychologists and the Code of Conduct of the American Psychological Association. I affirm that the statements made in this application correctly represent my qualifications for membership and understand that if they do not, my membership may be voided. I understand that my membership in IPA does not certify my competence in any area of psychology. I will not use my membership in IPA as an indication of my competence in any representation to the public.

Membership may be denied to an applicant for cause, which includes but is not limited to disciplinary action for ethical reasons by the American Psychological Association, disciplinary action by any Psychology Licensing Board (including but not limited to censure, suspension, revocation or denial of licensure), misrepresentation of qualifications to the public or the Association, or any cause that constitutes grounds for disciplinary action by the Illinois Clinical Psychologists' Licensing and Disciplinary Board.

Signature: _____ Date: _____

JOIN NOW AND YOU WON'T HAVE TO RENEW UNTIL JULY 1, 2020

(over)

Step 1: MEMBERSHIP TYPE (See Page 1 for Membership Type definitions)

FULL MEMBER:

DUES:

Early Career Licensed Psychologist (ECP) Licensed in the past 5 years: Year licensed must be provided

First and Second year as an IPA member: \$140 plus \$30 Legislative and Income Based supplemental Assessment

After year two, ECP psychologists move to Licensed Second Year Membership Dues: \$205 plus legislative fees

Licensed (IPA Dues are discounted for first two years of membership)

- First year as an IPA member \$140 (Licensed Applicants pay this amount)
- Second Year \$205
- Third Year and Beyond \$245

Non-Licensed Doctoral

- First year as an IPA member \$95
- Second Year \$110
- Third Year \$125
- Fourth Year and Beyond \$140 plus \$60 Legislative and Income Based supplemental Assessment

Other

- Affiliate \$140
- Out-of-State \$50
- Student \$40 (Includes membership in IPAGS)

STEP 1 DUES TOTAL: \$ _____

Step 2: SECTION MEMBERSHIP—Optional (See www.illinoispsychology.org for Section Descriptions)

Check choices

- Academic \$10
- Clinical Practice \$30
- Consulting \$25
- Early Career Psychologists (first seven years out of grad school) \$10
- Graduate Students (IPAGS) \$25 (included with Grad Student Membership)
- Behavioral Medicine and Neuropsychology \$10
- Military Psychology \$10
- Section on Ethnic Minority Affairs \$15
- Sexual Orientation and Gender Identity \$15
- Social Responsibility \$10
- Women's Issues \$10

STEP 2 SECTION MEMBERSHIP TOTAL: \$ _____

Step 3a: Mandatory \$60.00 (\$30 for two year ECP) Legislative Assessment Fee for Licensed Members and 4th Year Non-Licensed Doctoral Members

Step 3b: Mandatory Supplemental Legislative Assessment Fee for Licensed Members and 4th Year Non-Licensed Doctoral Members

If your annual net income is:	\$30,000 - \$50,000	\$80
	\$50,001 - \$80,000	\$130
	\$80,001 - \$110,000	\$170
	Over \$110,000	\$200

TOTAL (STEP 3A + 3B) LEGISLATIVE ASSESSMENT FEE: \$60 + \$ _____ = \$ _____

Explanation of the Licensed Psychologist Legislative Assessment Fee: The mandatory Base and Supplemental Legislative Assessments are collected exclusively for IPA Legislative and Advocacy activities. The IPA continually defends the rights of psychologists to continue to provide the services for which they are trained. The IPA also monitors activities and advocates for legislation that has an impact on the consumers we serve, consumers who are not organized to protect themselves. Legislative assessments are charged to all Illinois licensed psychologists with the rationale that even those psychologists who see only a few patients a week do so because the IPA works to protect that right.

Step 4: ADD: Step 1 Total \$ _____

Step 2 Total \$ _____

Step 3 Total \$ _____

=

TOTAL DUE: \$ _____

PAYMENT METHOD: Enclosed is a check for \$ _____

Or charge the above total to my: Visa MasterCard

Card Billing Address: Home Business

Card Number _____ Exp Date _____

Signature _____

Please complete this application form and mail/fax it to:

Illinois Psychological Association
67 East Madison Street, Suite 1817
Chicago, IL 60603
Fax: 312/372-6787

For Assistance Call: 312/372-7610 x201

The Illinois Psychological Association Works for You

- ✓ IPA is one of the top State Associations in gaining broad legislative recognition for the practice of psychology.
- ✓ IPA speaks for psychology by advocating for the proper care and treatment of those with mental disorders.
- ✓ IPA's Regional Representatives to IPA Council assure input in policy development and implementation from all areas of Illinois.
- ✓ IPA is the only Illinois psychology organization affiliated with the American Psychological Association.
- ✓ IPA has eleven special interest sections including a Early Career Psychologist Section.
- ✓ IPA promotes participation of graduate students and interns in professional psychology activities at the State level.
- ✓ IPA provides liaison services for academic psychologists to facilitate promotion of dialogue on issues of student education and training in psychology.

Membership Benefits and Services

PRACTICE ASSISTANCE PROFESSIONAL REPRESENTATION

- ✓ Practice/Billing Tip of the Month via the IPA Listserv and IPA Website
- ✓ Health Care Reimbursement Committee consultations on claims problems/insurance issues.
- ✓ Confidential Ethics Committee consultations at no cost.
- ✓ Access to IPA Listserv, including potential new referrals, practice issues & behavioral health resources.
- ✓ Updates on legal/regulatory changes affecting IL practice
- ✓ Successful Advocacy for Post-Doctoral trainees & graduate students: See Blue Review May 2018 publication on new BCBSIL reimbursement policy for post-doctoral fellows developed by IPA'S HCRC with assistance from APA.
- ✓ Updates on licensing statutes/laws & CE
- ✓ Discounts on CE workshops & at the IPA convention
- ✓ Quarterly E-newsletter from IPA on timely issues affecting your practice
- ✓ At no cost, phone consultations on issues affecting clinical pre-authorizations; billing & coding; & reimbursement from a Professional Practice Management firm

SPECIAL INTEREST SECTIONS

Academic Section
Clinical Practice Section
Early Career Psychologist Section (ECP)
**Behavioral Medicine and
Neuropsychology Section**
IPA Graduate Student Section (IPAGS)
Military Psychology Section

**Organizational and Business Consulting
Psychology Section**
Sexual Orientation and Gender Identity Section
Section on Ethics Minority Affairs
Social Responsibility Section
Women's Issues Section

IPA Convention

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IPA Council

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The logo for Barnes & Klatt PC features the company name in a serif font, with a stylized ampersand between the words. The letters 'B', 'K', and 'P.C.' are in a larger, bold font, while 'arnes' and 'latt' are in a smaller font. The logo is set against a dark, rounded rectangular background.

Ann T. Barnes, Psy.D., R.D.
Licensed Clinical Psychologist
Registered Dietitian

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As the largest health system in Illinois, AMITA Health is leading the way in innovative care and treatment in behavioral health and addiction. We offer 24/7 access to behavioral medicine services throughout the Chicagoland area with 630 inpatient beds and comprehensive outpatient treatment programs.

Services provided:

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www.IllinoisPsychology.org

67 East Madison Street, Suite 1817
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ILLUMINATING INTERSECTIONALITY

The World Within the Individual and the Individual within the World: Interconnected Identities in Science and Practice

The World Within the Individual and the Individual within the World: Interconnected Identities in Science and Practice

