



## ILLINOIS PSYCHOLOGICAL ASSOCIATION

67 E. Madison, Suite 1817 Chicago Illinois 60603

Fax: 312/372-6787 Phone: 312/372-7610

[www.IllinoisPsychology.org](http://www.IllinoisPsychology.org)

### **Autism Spectrum Disorder: What You Need to Know to be More Informed in Your Practice June 1, 2018 9 AM to 4:30 PM**

According to the Centers for Disease Control (CDC), autism spectrum disorder (ASD) occurs in 1 in 68 children. A recent study from the CDC indicates that the prevalence may be plateauing. As a mental health professional, no matter who you see in practice, the topic of ASD is likely to arise in direct and indirect ways with patients and families. Psychologists and other healthcare providers have faced the barrage of information about ASD, including its diagnosis, causes, risk factors, treatments, interventions, and controversies. To best guide and support your patients and families, it is essential to have a current, evidence-based foundation of knowledge about ASD, both what is known and what is not known. This workshop is designed for mental health professionals to teach them accurate, scientifically-validated information about ASD in children, adolescents and adults. If you have necessary information and resources about ASD, you can help your patients and families make thoughtful decisions. This training agenda will emphasize diagnosis, interventions across the lifespan, medical perspectives, research initiatives, and family support.

#### **Presented by the Pediatric Developmental Center at Advocate Illinois Masonic Hospital**

Valeria Nanclares-Nogués, PsyD

Karen Fried, PsyD, BCBA-D

Sarah C. Bauer, MD, MS

Lisa Yeh, MD

#### **Location**

The Illinois Psychological Association will host this workshop at its office at 67 E. Madison, Suite 1817, Chicago, Illinois 60603.

#### **Date**

Friday – June 1, 2018

#### **Time**

The workshop is scheduled from **9:00 AM- 4:30 PM**

#### **Parking**

The Illinois Psychological Association does not have parking facilities. However the building at the

5 South Wabash entrance has valet services and the Grant Park Garage is on Michigan Avenue.

### Arrangements for Persons with Disabilities:

The facility is accessible. Please contact 312-372-7610 x201 concerning arrangements to facilitate workshop attendance. Arrangements should be made two weeks before the workshop.

### Continuing Education:

**This workshop offers 6 CEs.** The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

The IPA has been approved by The Illinois Social Work Continuing Education Committee for the Illinois Department of Professional Regulation to offer CE credit for social workers. #159-001359.

APA CE credits satisfy the continuing education requirements of Illinois Licensed Professional Counselors.

The Illinois Psychological Association has gained approval for this program as an Early Intervention Training Program for 4 continuing education hours as follows:

- 1.0 - Assessment
- 1.0 - Atypical Development
- 1.0 - Intervention
- 1.0 - Working with Families

### About the Presenters



Valeria Nanclares-Nogués, Psy.D.

Dr. Nanclares-Nogués is originally from Argentina and moved to Chicago in 1999. She graduated as a psychologist from La Universidad del Salvador, in Buenos Aires, Argentina in 1993. She began working in the field of autism at FLENI-Neurological Research Institute, Child and Adolescent Neuropsychiatry Department, in Buenos Aires, Argentina. At FLENI she was involved in clinical research, and diagnosis and treatment of youngsters with autism. In 2004 she completed a doctorate in clinical psychology in the US at the Chicago School of Professional Psychology. She has been working in the field of autism for over 25 years. She has been developing and managing the Autism Treatment Program at the Pediatric Developmental Center, Advocate IL Masonic Medical Center since 1999, with expansion to Advocate Children's Hospital in Park Ridge and Oak Lawn. She also is highly involved in training and education of professionals in the field, both in the US and abroad.



Karen Fried, Psy.D., BCBA-D

Dr. Karen Fried is Director of Developmental Pediatric Services at Advocate Health Care. Originally from New York, Dr. Fried is a licensed clinical psychologist and board certified behavior analyst, with a specialty in autism and related disorders. She has over 20 years of experience delivering quality care to individuals with autism in the context of their families, schools and communities. Dr. Fried is a proud member of the Illinois Psychological Association. She is on the board of directors of the Association for Science in Autism Treatment.



Sarah C. Bauer, MD, MS

Dr. Sarah C. Bauer is a developmental and behavioral pediatrician and site medical director at the Pediatric Developmental Center at Illinois Masonic Medical Center. Her clinical interests include the diagnosis and ongoing care of children with developmental differences, including autism spectrum disorders. She has spoken at national and international meetings and published in academic journals as well as multiple media outlets including CNN, Scientific American, Crain's Chicago Business,

and STAT News.



Lisa Yeh, M.D.

Dr. Lisa Yeh is the child and adolescent psychiatrist at Advocate Illinois Masonic's Pediatric Developmental Center (PDC). She is board certified in both general adult psychiatry and child and adolescent psychiatry. At the PDC, she specializes in the diagnosis and treatment of children with developmental disabilities and autism spectrum disorder, 0-18 years old. In addition, Dr. Yeh treats inpatient adults as well as sees the geriatric population in the nursing home setting. These patients have a variety of psychiatric diagnoses. Her passions include training and supervising

residents and fellows from Northwestern University Feinberg School of Medicine, Lurie Children's Hospital, and the University of Chicago.

### Workshop Objectives

After attending this workshop, participants will be able to:

1. List three diagnostic criteria for ASD
2. Describe two methods/assessment tools for diagnosing ASD
3. Identify three evidence-based interventions and three interventions with little to no evidence for ASD
4. State three facts about ASD interventions from birth through transition to adulthood
5. Identify two medical and psychiatric co-occurring conditions of ASD
6. List two community resources for ASD

### Workshop Outline

9:00 AM - 10:30 AM	Dr. Nanclares
10:30 AM - 10:45 AM	Break
10:45 AM - 12:15 PM	Dr. Fried
12:15 PM - 1:15 PM	Lunch break
1:15 PM - 3:15 PM	Dr. Bauer and Dr. Yeh
3:15 PM - 3:30 PM	Break
3:30 PM - 4:30PM	Dr. Nanclares
4:30 PM - 4:45PM	Questions and Answer period for those that would like to participate

### References

Daniels, A. M., Rosenberg, R. E., Law, J. K., Lord, C., Kaufmann, W. E., & Law, P. A. (2011). Stability of initial autism spectrum disorder diagnoses in community settings. *Journal of Autism and Developmental Disorders*, 4(1), 110–121.

Lord, C., & Jones, R. M. (2012). Annual research review: Re-thinking the classification of autism spectrum disorders. *The Journal of Child Psychology and Psychiatry*, 53(5), 490–509.

McPartland, J. C., Reichow, B., & Volkmar, F. R. (2012). Sensitivity and specificity of proposed DSM-5 diagnostic criteria for autism spectrum disorder. *Journal of the American Academy of Child and Adolescent Psychiatry*, 51(4), 368–383.

Ramaswami, G, Geschwind, DH. (2018). Genetics of autism spectrum disorder. *Handbook of Clinical Neurology*, 147, 321-329.

Reichow, B. (2012). Overview of meta-analyses on early intensive behavioral intervention for young children with autism spectrum disorders. *Journal of Autism and Developmental Disorders*, 42, 512-520.

Schendel, DE, Overgaard, M, Christensen, J, Hjort, L, Jørgensen, M, Vestergaard, M, Parner, ET. (2016). Association of psychiatric and neurologic comorbidity with mortality among persons with autism spectrum disorder in a Danish population. *JAMA Pediatrics*, 170, 243-250.

Wong, C., Odom, S. L., Hume, K. A., Cox, C. W., Fettig, A., Kurcharczyk, S., et al. (2015). Evidence-based practices for children, youth, and young adults with autism spectrum disorder: A comprehensive review. *Journal of Autism and Developmental Disorders*. doi: 10.1007/s10803-014-2351-z

### Website Referenced

Association for Science in Autism Treatment: [www.asatonline.org](http://www.asatonline.org)

National Standards Project: [www.nationalautismcenter.org/national-standards-project/phase-2/](http://www.nationalautismcenter.org/national-standards-project/phase-2/)

Centers for Disease Control and Prevention:  
[www.cdc.gov/ncbddd/autism](http://www.cdc.gov/ncbddd/autism), [www.cdc.gov/ncbddd/actearly](http://www.cdc.gov/ncbddd/actearly)

Early Intervention Program in Illinois: [www.dhs.state.il.us/page.aspx?item=37741](http://www.dhs.state.il.us/page.aspx?item=37741)

Parent Rights, IL State Board of Education: [www.isbe.net/Pages/Special-Education-Parent-Rights.aspx](http://www.isbe.net/Pages/Special-Education-Parent-Rights.aspx)

PUNS Database in Illinois (Prioritization for Urgency of Need for Services):  
<http://www.dhs.state.il.us/page.aspx?item=4762>

### About the Pediatric Developmental Center (PDC)

The PDC at Advocate Illinois Masonic Medical Center is the largest outpatient developmental pediatrics program in Chicagoland. It is a family-centered, multidisciplinary clinic with particular expertise in the diagnosis and treatment of children who have both developmental and behavioral or social-emotional difficulties. This is a specialized facility offering comprehensive services to children and families diverse in terms of socioeconomic status, race/ethnicity and presenting concerns. The PDC is part of Advocate Children's Hospital (ACH) and is the clinical hub for outpatient developmental pediatric services delivered at ACH Park Ridge and ACH Oak Lawn.

## Autism Spectrum Disorder Registration Form

Cost for IPA members:                 \$150

Cost IPA student members:         \$55

Cost for Non-Members:             \$185

**Cancellation Policy:** There are no refunds for cancellations after Wednesday of the week of each Workshop.

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Registration Fee:

Payment:  Check or  Credit Card (Visa or MC) Total: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Call the Illinois Psychological Association at 312-372-7610 x201 or email [mkarey@illinoispsychology.org](mailto:mkarey@illinoispsychology.org) to register using your credit card. Call or email to confirm your registration. The IPA website - [www.illinoispsychology.org](http://www.illinoispsychology.org) has an online registration. You can also [mail or fax your registration to the:](#)

Illinois Psychological Association  
67 E. Madison, Suite 1817  
Chicago, Illinois 60603  
Phone 312-372-7610 x201 Fax 312-372-6787  
[www.illinoispsychology.org](http://www.illinoispsychology.org)