



Black Women's Mental Health: Working with Black Women in Therapy

Three Continuing Education Credits

***Presented by
Adia Gooden, Ph.D.
&
Donna Baptiste, Ph.D.***

***Friday, March 24, 2017
9:00 AM to 12:15 PM***

***Illinois Psychological Association
Building Conference Room
67 East Madison Street 18th Floor
Chicago, Illinois 60603
312-372-7610 x201***

***Sponsored by:
Illinois Psychological
Association***

About the Workshop

Black women in the United States are a unique population and it is important to understand their social, ecological, and historical experiences in order to effectively support them in therapy. Presenters will provide attendees with information about the strengths Black women possess, the challenges they face, and the clinical implications of these common experiences. Presenters will review challenges and pitfalls that clinicians may face in their work with Black women and share strategies to successfully build therapeutic relationships with these clients. Presenters will use case examples and role playing to actively engage attendees in learning helpful clinical skills that they can use when working with Black female clients in individual therapy, couple therapy, and family therapy. Overall, this workshop will increase attendees multicultural competence related to working with Black women in therapy.

Learning Objectives

Participants will be able to:

- Identify two skills that may improve therapeutic relationships with Black women
- Identify one culturally competent approach to utilize in therapy with Black female clients
- Identify two common challenges related to doing therapy with Black women and strategies to overcome these challenges

THE PRESENTERS

Adia Gooden, Ph.D.

Donna Baptiste, Ph.D.

Workshop Schedule

9 - 10:30 AM: Workshop

10:30 - 10:45 AM: Break

10:45 – 12:15 PM: Workshop

CONTINUING EDUCATION CREDITS

Black Women's Mental Health: Working with Black Women in Therapy is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

Three continuing education credits for psychologists will be awarded.

CANCELLATION POLICY

No refunds will be offered for this workshop.

Grievances about the workshop may be addressed to the Illinois Psychological Association in writing.

**Illinois Psychological Association
67 East Madison Street Suite 1817
Chicago, Illinois 60603**

LOCATION

Illinois Psychological Association

Black Women's Mental Health: Working with Black Women in Therapy will be held on Friday, March 24, 2017 from 9:00 a.m. to Noon at the Illinois Psychological Association Building conference room located on the 18th floor of 67 East Madison Street, Chicago, Illinois 60603. Although valet parking is available, attendees can also park in the Millennium Grant Park Garage. Public transportation is highly recommended.

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by March 2, 2017 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201 or mkarey@illinoispsychology.org).

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

See Registration Form on Next Page

REGISTRATION FORM

Black Women's Mental Health: Working with Black Women in Therapy
March 24, 2017

Register Early - Attendance is limited

Name/Degree: _____

Profession :(Psychology, Social Work, etc.) _____

Address: _____

Telephone: _____

email: _____

Fees

IPA Members	\$70
Non-Members	\$85
IPA Student Members	\$50

After March 17, 2017 and On-site Registration Fees

IPA Members	\$90
Non-Members	\$105
IPA Student Members	\$70

Payment

Enclosed check for \$ _____ or

Charge \$ _____ to: Visa Mastercard

Card #: _____

Expiration Date _____

Authorized Signature _____

Make checks payable to:

Illinois Psychological Association

Mail to: IPA Black Women's Mental Health
67 East Madison Street, Suite 1817
Chicago, Illinois 60603

Fax to: (312) 372-6787

Voice: (312) 372-7610 ext.201

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