

#### ILLINOIS PSYCHOLOGICAL ASSOCIATION

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## Illinois Psychological Association 2024 Mandated Continuing Education Webinar Series

The Illinois Psychological Association is sponsoring a series of 4 workshops in 2024. These workshops will provide training for psychologists to meet the continuing education mandated to maintain your license. These workshops are required of all licensed healthcare professionals and must be taken before renewing your license At the end of September 2024. If you take the workshops sponsored by the Illinois Psychological Association, the credits will count towards the 24 continuing education credits required for your license.

The following workshops are part of the Series. You have the option of registering for the entire series or to pick and choose those workshops you would like to attend.

- 1. Sexual Harassment Prevention Training: June 14, 2024 (1 Hour)
- 2. Dementia Training: June 28, 2024 (1 Hour)
- 3. Implicit Bias Awareness Training: July 12, 2024 (1 Hour)
- 4. Mandated Sexual Abuse Reporting Training: September 13, 2024 (1 Hour)

# The Workshops

## 1. Sexual Harassment Prevention Webinar

June 14, 2024 12 to 1pm

## Margo Jacquot, PsyD

Director of The Juniper Center

Dr. Jacquot is a Licensed Clinical Psychologist, Certified Supervisory Addictions Counselor and Board-Certified Expert in Traumatic Stress. She is a local and national lecturer on trauma recovery, substance abuse, LGBTQ issues, and working with couples. Dr. Jacquot has taught graduate and post-graduate courses in treating trauma, substance abuse, couples and families

and LGBTQ affirming therapies. She is Certified in EMDR (Eye Movement Desensitization and Reprocessing), a powerful treatment to help people resolve anxiety, panic, depression, phobias, stress, and trauma.

Dr. Jacquot provides consultation to businesses and community organizations regarding behavioral health and healthy workplace policies. An active member of several community based organizations, Dr. Jacquot also serves on the board of the Illinois Psychological Association and the Maine Community Youth Assistance Foundation.

#### **ABOUT THE WEBINAR**

# This comprehensive sexual harassment training program includes the following information:

- ✓ Description and clarification of sexual harassment.
- ✓ Examples of sexual harassment conduct.
- ✓ Information about government provisions, such as remedies available to sexual harassment victims.
- ✓ Information about employer's responsibility to prevent, investigate, and correct sexual harassment.
- ✓ Options available to report allegations of sexual harassment.
- ✓ Information about retaliation, also known as "whistle blower" protections.
- ✓ Penalties for sexual harassment, false reports, and interfering with, obstructing, or failing to cooperate with a sexual harassment investigation.

**Sexual harassment prevention training** is required for all persons who hold a professional license issued by the Division of Professional Regulation (DPR) for professions that require CE to renew.

The law requires licensees to complete a one-hour CE course in sexual harassment prevention training. This CE requirement is included in the number of hours already required under the individual Acts and Rules and does not increase the number of hours required to renew a license. If you are a licensed psychologist, you must complete this training before you renew your license at the end of September 2024. This one-hour training counts towards the twenty-four hours required for every two-year licensing period.

#### **LEARNING OBJECTIVES**

#### Participants will be able to

- 1. give at least 2 examples of sexual harassment conduct.
- 2. describe 2 remedies available to sexual harassment victims.
- 3. describe at least 1 way employers are responsible to prevent, investigate, and correct sexual harassment.

#### 2. Alzheimers and Other Dementias Webinar

Where Did I Put My Keys? The Differential Diagnosis and Treatment of Alzheimer's Disease and Related Dementias

June 28, 2024 12 to 1pm

#### Kyle J. Jennette, PhD

#### **ABOUT THE WEBINAR**

Dr. Kyle Jennette, PhD will present on how to differentiate mild cognitive impairment (MCI) and major neurocognitive disorder (e.g., dementia). Particular emphasis will be placed on differential diagnosis of cognitive impairment etiology, and the distinguishing characteristics of Alzheimer's disease from other dementias. Through this CE, psychologist will understand when to refer to a specialist, learn care management and planning goals for family members of affected patients, and understand the behavioral characteristics of common dementia syndromes.

The law requires all healthcare providers At lease a one-hour Alzheimer's training course that covers assessment, diagnosis, effective communications strategies and management and care planning for individuals who suffer from Alzheimer's disease and other dementias. This course must be provided by an approved Illinois continuing education sponsor.

The Alzheimer's and Related Dementias training is required for all healthcare providers who hold a professional license issued by the Division of Professional Regulation (DPR).

The law requires licensees to complete a one-hour CE course in Alzheimer's and Related Dementias training. This CE requirement is included in the number of hours already required under the individual Acts and Rules and does not increase the number of hours required to renew a license. If you are a licensed psychologist, you must complete this training before you renew your license at the end of September 2024. This one-hour training counts towards the twenty-four hours required for every two-year licensing period.

#### **LEARNING OBJECTIVES**

#### Participants will be able to

- Describe two symptoms that differentiate Dementia caused by Alzheimer's Disease version other etiologies.
- 2. List three common behaviors observable in dementia.
- 3. Understand when referral to a specialist is appropriate.
- 4. To list two management care planning goals for family members.

## 3. Implicit Bias Awareness Webinar

July 12, 2024 12 to 1pm

#### Erin Alexander, PsyD

See biography printed in Workshop 4 below.

#### Kim Baker, PsyD

Dr. Kim Baker (Dr. Kim) is a Licensed Clinical Psychologist and the CEO of KB Psychology. Dr. Kim received her Doctorate in Clinical Psychology from the Chicago School of Professional Psychology in 2008. After obtaining licensure in 2009, she immediately began working in the long-term care setting, providing psychotherapy and assessment for older adults.

In 2015, Dr. Kim formed KB Psychology, a psychotherapy practice group that specializes in treating older adults in long-term care. She leads a team of social workers and psychologists in the psychological diagnoses and treatment of a range of different mental health conditions.

In response to the great mental health needs during the 2020 COVID pandemic, Dr. Kim launched "Mind Chats Online," an online therapy service for Illinois residents. She divides her time between practice management, clinical practice, training, and consulting.

Dr. Kim is also actively involved in the Illinois Psychological Association (IPA) where she leads the Women's Section in increasing awareness of gender disparities of all races, cultural backgrounds, sexual orientations, immigration, and socio-economic status. In addition, she is a member of the Equity Diversity and Inclusion Council, a newly erected task force of the IPA charged with advancing diversity training and competency amongst licensed clinical psychologists in Illinois.

#### Blair Brown, PsyD

Dr. Blair Brown is a regional clinical director for LifeStance Health and licensed clinical psychologist who provides therapeutic and psychological testing services for children, adolescents, and adults. She oversees her region of outstanding clinicians and treats patients individually, as part of a couple, or as a family. Dr. Brown is the clinical sponsor for LifeStance's Illinois Chapter for DEIB (Diversity, Equity, Inclusion, and Belonging) and facilitates the implicit bias training state-wide for her company. Dr. Brown is also the North-Central Regional Representative for the IPA and serves as one of the IPA Listserv moderators.

#### HayleyBeth Van Serke

Dr. Hayley Beth Van Serke (she/her) has a master's degree in social work from UW Milwaukee and a doctoral degree in clinical psychology from The Illinois School of Professional Psychology. She has worked in non-profit settings for over 20 years and recently opened her own private practice, Vibrant Minds, Inc. Her interests include emergency medicine, cognitive and behavioral approaches, trauma, 2SLGBTQ+ issues and health psychology. She adjuncts at Adler and The Chicago School. She has been the chair for the SOGD section of IPA for the past 3 years and is a member of the Equity Diversity and Inclusion Council at IPA.

#### **ABOUT THE WEBINAR**

This webinar will provide an overview of implicit bias and its impact on clinical decision making and treatment outcomes. Experiential activities will cover implicit bias, positionality, and intersectionality. Participants will discuss and practice strategies to mitigate the effects of bias in clinical settings.

The law requires all licensed healthcare professionals to take at least a one-hour course in Implicit Bias Awareness Training.

#### **LEARNING OBJECTIVES**

#### Participants will be able to

- 1. Define implicit bias and microaggressions.
- 2. Identify strategies to mitigate implicit bias in the therapeutic relationship.
- 3. Identify the possible harmful effects of implicit bias on the therapeutic relationship.

# 4. Recognizing and Reporting Child Abuse: Training for Mandated Reporters Webinar

September 13, 2024 12 to 1pm

#### Erin Alexander, PsyD

University of Illinois-Urbana Champaign, School of Social Work Illinois Department of Children and Family Services

Dr. Erin Alexander is a Licensed Clinical Psychologist. With over 20 years of clinical service, leadership experience and continued professional development. Dr. Alexander has held positions as a therapist, adjunct professor, supervisor, trainer, consultant, and professional mentor. She currently has a thriving practice in Downtown Chicago where she works with a diverse group of individuals, couples, and families. In addition to her practice, Dr. Alexander has worked as a Consulting Psychologist for DCFS since 2012. In 2017, Dr. Alexander was promoted to the Assistant Program Administrator position for the statewide Psychology & Psychiatry Program and as of 2019 Dr. Alexander assumed the role of Clinical Division Chief Psychologist and Psychology & Psychiatry Program Director.

Dr. Alexander is an active member of both the American Psychological Association (APA) and the Illinois Psychological Association (IPA). She is the Section on Ethnic Minority Affairs (SEMA) committee chair and serves as a member of IPA's Legislative Committee. In 2019, Dr. Alexander was honored to have been nominated and selected to serve on the American Psychological Association's Minority Fellowship Program Training Advisory Committee, where she selects, mentors, and provides advisory assistance to a talented group of psychology graduate students from across the country.

#### **ABOUT THE WEBINAR**

#### The training shall include the following topics:

- ✓ Indicators for recognizing child abuse and child neglect as defined under this Act;
- ✓ The process for reporting suspected child abuse and child neglect in Illinois as required by this Act and the required documentation.
- ✓ How to respond to a child in a trauma-informed manner.
- ✓ Understanding the response of child protective services and the role of the reporter after a call has been made.

Each mandated reporter is required to take a child abuse reporting course every three years. They shall report to their employer and, when applicable, to their licensing or certification board

that they received the mandated reporter training. The mandated reporter shall maintain records of completion. This law states that "Persons required to report child abuse or child neglect must complete an initial mandated reporter training within 3 months of their date of engagement in a professional or official capacity as a mandated reporter, or within the time frame of any other applicable State law that governs training requirements for a specific profession and at least every 3 years thereafter."

#### **LEARNING OBJECTIVES**

Participants will be able to

- 1. List 3 indicators for recognizing child abuse and child neglect as defined under this Act.
- 2. Understand the process for reporting and documenting suspected child abuse and child neglect in Illinois as required by this Act.
- 3. List 3 ways to respond to a child in a trauma-informed manner.
- 4. Understand the potential responses of child protective services after a call has been made
- 5. Understand the role of the reporter after a call has been made.

#### CONTINUING EDUCATION CREDITS

These webinars are sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

#### **CANCELLATION POLICY**

There are generally no refunds for cancellations, but refunds may be made on a case-by-case basis if requested in writing to Dr. Litesa Wallace <a href="wallace@illinoispsychology.org">wallace@illinoispsychology.org</a> or call the IPA office 312-372-7610 x201

**Grievances about the workshop** may be addressed to the Illinois Psychological Association in writing.

#### **ACCESSIBILITY**

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201 or mkarey@illinoispsychology.org).

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

# **Registration:** <u>ipa - CE Catalog (ce21.com)</u>

	Sexual Harassment Prevention Webinar on 6/14/24		
	Alzheimer's and Dementia Webinar on 6/28/24		
	Implicit Bias Webinar on 7/12		
	Sex Abuse Reporting Webinar on 9/13		
Cost for IPA members:		Full Series \$100	Per Webinar \$30
Non-Members		Full Series \$140	Per Webinar \$35

If you are currently not an IPA Member and would like to join, please go to: <a href="https://www.illinoispsychology.org">www.illinoispsychology.org</a>