



Advocating for Our Patients, Our Practice and Ourselves

Friday, December 6, 2024
3:00 to 4:30 pm (CST)

Online Webinar: A link will be sent to all registrants

**Sponsored by: Illinois Psychological Association
Clinical Practice Section
1.5 Hours of Continuing Education Credit**

**Presented by
Linda Michaels, PsyD, MBA**



Linda Michaels, PsyD, MBA is a psychologist with a private practice in Chicago. She is Chair and Co-Founder of the Psychotherapy Action Network (PsiAN), a grassroots nonprofit that advocates for therapies of depth, insight and relationship. She is a Consulting Editor of *Psychoanalytic Inquiry*, Clinical Associate Faculty at the Chicago Center for Psychoanalysis, and a fellow of the Lauder Institute Global MBA program. She is author and co-editor of *Advancing Psychotherapy for the Next Generation*, and has published, presented, and been interviewed by the New York Times, Wall St. Journal, NPR and other national media on the value of psychotherapy, the therapeutic relationship and technology, and the public narrative about therapy. Linda has a former career in business, with over 15 years' experience consulting to organizations in the US and Latin America.

Program Description

This presentation will outline the forces and factors, from within and without our field, that are shaping the mental health landscape and contributing to the diminished understanding and appreciation of relational, depth therapies. Misunderstandings among the public and policymakers about efficacy and “gold standard” treatments are common, and new technology apps and companies are redefining what therapy is at scale. From the insurance industry, to venture capital and private equity, to the educational system training therapists and the fragmentation of our field, there are many ways in which the work we

do is threatened. To help therapists know what they can do to protect and advance their work, this presentation will address these factors as well as share key findings from the original, nationwide research study assessing what the public wants and needs from therapy conducted by the presenter on behalf of Psychotherapy Action Network.

Learning Objectives

Participants will be able to:

- 1) Describe the impacts of new technology companies and venture capital investment entering the mental health field
- 2) Describe how stakeholders, such as insurers, policymakers, and the mental health professions, have influenced evidence-based treatments and public opinion on therapy
- 3) Describe the benefits that the general public seeks from therapy and their attitudes towards issues of mental health care

CONTINUING EDUCATION CREDITS

Advocating for Our Patients, Our Practice and Ourselves is sponsored by: The Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

1.5 continuing education credits for psychologists will be awarded.

CONTINUING EDUCATION GRIEVANCE POLICY

The Illinois Psychological Association (IPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists. The IPA will comply with all legal and ethical guidelines for non-discrimination in promotional activities, program content and in the treatment of CE participants.

While the IPA strives to assure fair treatment for all participants and to anticipate problems before they occur, occasionally grievances may be filed. In cases where a participant files a written or oral grievance, the following action will be taken:

If the grievance concerns the content of the workshop, an IPA representative will mediate and will be the final arbitrator.

Direct correspondence to:

Illinois Psychological Association
67 East Madison Street Suite 1904
Chicago, Illinois 60603
lwallace@illinoispsychology.org

LOCATION

This workshop is being held as a live webinar only.

REGISTRATION

***Advocating for Our Patients, Our Practice and Ourselves* will be held on Friday, December 6, 2024, from 3:00 to 4:30pm (CST) as a live interactive Webinar. You will receive a reminder from CE21 with a link to the webinar the week of December 2nd.**

Register online on the IPA Website or call the IPA Office: 312-372-7620 x 201

www.illinoispsychology.org

Friday, December 6, 2024, from 3:00 to 4:30pm (CST)

Workshop Fees

Member: Free
Non-Member: \$45
Student: \$10

Group Student/Trainee Rate: \$25
Supervisor/Teacher must enroll at full workshop fee
(Contact Dr. Litesa Wallace lwallace@illinoispsychology.org for details)

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Dr. Litesa Wallace by November 8, 2024 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Dr. Litesa Wallace 312-372-7610 x201.

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The work of IPA is possible because of member support. If you are a member, we THANK YOU!

The more individuals who participate, the louder our collective voice can be towards positive changes in Illinois Mental Health. If you would like to join, please visit our website.

