



Navigating the Challenges of Islamophobia: Specific Psychosocial Issues Facing Muslims

Three Continuing Education Credits

Presented by
Fahad Khan, Psy.D.
&
Hooman Keshavarzi, M.A.

Friday, March 24, 2017
1:30 PM to 4:45 PM

Illinois Psychological Association
Building Conference Room
67 East Madison Street 18th Floor
Chicago, Illinois 60603
312-372-7610 x201

Sponsored by:
Illinois Psychological
Association

About the Workshop

The current sociopolitical climate has created many hurdles for Muslim Americans. They now face a challenge of preserving their own religious and cultural identity while attempting to integrate into the mainstream American culture. The goal of this workshop is to educate the attendees on these challenges and effective approaches to take towards clients.

Learning Objectives

Participants will be able to:

1. List 3 psychosocial problems prevalent within Muslim communities and list their perceived origins.
2. Identify 3 common challenges to doing therapy with Muslim clients and strategies to overcome these challenges
3. Identify 3 culturally competent approaches to improve therapeutic relationship and effectiveness of therapy with Muslim clients

THE PRESENTERS

Fahad Khan, Psy.D.

Dr. Fahad Khan has a Doctorate in Clinical Psychology and a Master's degree in Biomedical Sciences. He currently serves as the Deputy Director of Khalil Center, a spiritually-congruent wellness center. He has studied Islamic studies with various scholars in the Muslim world and the US. He is a faculty member at Concordia University Chicago and College of DuPage. He has conducted research studies on help-seeking attitudes of Muslim Americans as well as the effects of Acculturation & Religiosity on Psychological Distress. The primary focus of his practice has been with Muslims suffering from serious mental illnesses.

Hooman Keshavarzi, M.A.

Hooman Keshavarzi is a Licensed Clinical Professional Counselor, holds a Masters of Clinical Psychology. He is currently an Adjunct Professor of Psychology at Argosy University Chicago, American Islamic College, Hartford Seminary, instructor of psychology at Islamic Online University and founder/director of Khalil Center – a community spiritual & mental wellness center. He is also a fellow at the Institute for Social Policy and Understanding at the Global Health Center, conducting research on topics related to Muslims and Mental Health. Hooman Keshavarzi is a national public speaker and trainer currently serving as a Clinical supervisor of graduate students of clinical psychology at the Village of Hoffman Estates (DHS). He also delivers seminars on specialized topics around multiculturalism and psychology. Hooman Keshavarzi has also authored numerous published academic papers in recognized peer-reviewed journals on integrating Islamic spirituality into psychology. In addition to his academic training, Hooman Keshavarzi has studied Islamic theology both formally and informally.

Workshop Schedule

- | | |
|-----------------|----------|
| 1:30 – 3:00 PM: | Workshop |
| 3:00 – 3:15 PM: | Break |
| 3:15 – 4:30 PM: | Workshop |

CONTINUING EDUCATION CREDITS

Navigating the Challenges of Islamophobia: Specific Psychosocial Issues Facing Muslims is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

Three continuing education credits for psychologists will be awarded.

CANCELLATION POLICY

No refunds will be offered for this workshop.

Grievances about the workshop may be addressed to the Illinois Psychological Association in writing.

**Illinois Psychological Association
67 East Madison Street Suite 1817
Chicago, Illinois 60603**

LOCATION

Illinois Psychological Association

Navigating the Challenges of Islamophobia: Specific Psychosocial Issues Facing Muslims will be held on Friday, March 24, 2017 from 1:30 p.m. to 4:45 p.m. at the Illinois Psychological Association Building conference room located on the 18th floor of 67 East Madison Street, Chicago, Illinois 60603. Although valet parking is available, attendees can also park in the Millennium Grant Park Garage. Public transportation is highly recommended.

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by March 2, 2017 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201) or mkarey@illinoispsychology.org.

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

See Registration Form on Next Page

REGISTRATION FORM

Navigating the Challenges of Islamophobia: Specific Psychosocial Issues Facing Muslims
March 24, 2017

Register Early - Attendance is limited

Name/Degree: _____

Profession (Psychology, Social Work, etc.) _____

Address: _____

Telephone: _____

email: _____

Fees

IPA Members	\$70
Non-Members	\$85
IPA Student Members	\$50

After March 17, 2017 and On-site Registration Fees

IPA Members	\$90
Non-Members	\$105
IPA Student Members	\$70

Payment

Enclosed check for \$ _____ or

Charge \$ _____ to: Visa Mastercard

Card #: _____

Expiration Date _____

Authorized Signature _____

Make checks payable to:

Illinois Psychological Association

Mail to: IPA Black Women's Mental Health

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Chicago, Illinois 60603

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