



## Brief Overview of Reproductive Psychology: An Update

Wednesday, March 8, 2023  
6pm to 7:30pm (CST)

Sponsored by: Illinois Psychological Association  
Women's Issues Section  
1.5 Hours of Continuing Education Credit

Presented by  
Julie Bindeman, PsyD

*This event is free of charge and open to IPA members only*



Dr. Julie Bindeman graduated from the George Washington University and is the co-owner of [Integrative Therapy of Greater Washington](#) in Rockville, Maryland. Her specialty is in the field of Reproductive Psychology, where she actively writes, lectures, and presents. She is an approved consultant in EMDR through EMDRIA. She has served on several committees within the Mental Health Professional Group of the American Society for Reproductive Medicine and was elected in 2021 to its Executive Committee. She served as a former Board Member of the Maryland Psychological Association for over 10 years. Dr. Bindeman is a member of multiple organizations focused on Maternal and Reproductive Mental Health and was appointed by the Governor of Maryland to serve on its Maternal Mental Health Task Force. She was recently awarded the Karl Heiser Award for her legislative efforts on behalf of psychology. Dr. Bindeman has published several chapters and articles pertaining to Reproductive Psychology.

### Program Description

This program will provide a brief overview of the field of reproductive psychology, a field relevant to all persons but that disproportionately affects women. This program was developed as a means of addressing an education gap for many clinical psychologists that became clear in the wake of the overturning of Roe v. Wade. As they face new ethical and legal terrains, Illinois psychologists have voiced interest in refreshing their knowledge of the field of reproductive psychology. It has been over 10 years since the IPA has hosted such programming.

## Learning Objectives

Participants will be able to:

1. Discuss the importance of being proficient in reproductive psychology as it is an area that applies more broadly than to "women" or "people of a reproducing age."
2. Demonstrate at least two ways of how experiencing reproductive trauma might impact a person, long after the event concludes.
3. Identify two types of reproductive trauma a person might experience.

## CONTINUING EDUCATION CREDITS

***Brief Overview of Reproductive Psychology: An Update*** is sponsored by: The Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

1.5 continuing education credits for psychologists will be awarded.

## CONTINUING EDUCATION GRIEVANCE POLICY

The Illinois Psychological Association (IPA) is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists. The IPA will comply with all legal and ethical guidelines for non-discrimination in promotional activities, program content and in the treatment of CE participants.

While the IPA strives to assure fair treatment for all participants and to anticipate problems before they occur, occasionally grievances may be filed. In cases where a participant files a written or oral grievance, the following action will be taken:

If the grievance concerns the content of the workshop, an IPA representative will mediate and will be the final arbitrator. Since no fee is being charged for this workshop, no refunds will be given.

### **Direct correspondence to:**

Illinois Psychological Association  
67 East Madison Street Suite 1904  
Chicago, Illinois 60603  
[mkarey@illinoispsychology.org](mailto:mkarey@illinoispsychology.org)

## LOCATION

**This workshop is being held as a live webinar only.**

## REGISTRATION

***This event is free of charge and open to IPA members only.***

***Brief Overview of Reproductive Psychology: An Update*** will be held on Wednesday, March 8, 2023 from 6pm to 7:30pm (CST) in a live interactive Webinar format.

Presenter: Julie Bindeman, PsyD

Moderator: Christina Biedermann, PsyD, ABAP, Associate Chair, IPA Women's Issues Section

**If you would like to attend this event, please RSVP to Jaclyn Psenka, IPA Grad Assistant, by March 6th, [jpsenka@illinoispsychology.org](mailto:jpsenka@illinoispsychology.org). A Zoom link will be emailed to all participants closer to the date of the event.**

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by February 29, 2023 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Marsha Karey 312-372-7610 x201.

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

