



## Suicide Intervention with Mental Health Patients

### A Live Interactive Webinar

Sponsored by the  
Illinois Psychological Association

Friday June 24, 2022 from 9:00am-1:00pm

Presented by:

Phil S. Lebovitz, MD  
Anita Carmona-Caravelli, LCSW  
Jeffrey Saunders Kellogg, PsyD  
Lynda Behrendt, PsyD

4 Continuing Education Credits

A Zoom Link Will be Emailed to Registrants Before the Webinar

## Registration

Register online on the IPA Website or call the IPA Office: 312-372-7620 x 201  
[www.illinoispsychology.org](http://www.illinoispsychology.org)

A Zoom link will be sent to all registrants before the workshop.

## About the Webinar and Learning Objectives

**Frontline Workers – Phil S. Lebovitz, MD**  
9:05am-9:45am

### Description:

The principles of treatment will address acute stress in first responders and their despair will be described in addition to presenting pilot study results of treatment.

### Learning Objectives:

1. Participants will be able to describe the psychodynamic clinical principles used in the brief treatment of suicide prevention.
2. Participants will be able to describe the stresses of frontline personnel during the COVID Pandemic which will be the vulnerable to suicide thinking.

## **Veterans – Anita Caromona-Caravelli, LCSW**

9:50am-10:30am

### Description:

This section will focus Interventions utilized by the Department of Veterans Affairs to reduce Veteran suicide. Topics that will be covered include – Lethal Means Safety, Safety Planning, the VISN 12 Clinical Resource Hub and an overview of the Suicide Prevention Program in VA.

### Learning Objectives:

1. Participants will be able to list the key elements of lethal means safety and VA resources available to Veterans.
2. Participants will be able to identify the four steps of a safety plan and its importance in suicide prevention.
3. Participants will be able to describe the role that Suicide Prevention Coordinators play throughout the VA enterprise to reduce Veteran suicide.

## **Teen– Jefferey Saunders Kellogg, PsyD**

10:50am-11:30am

### Description:

Suicidal ideation and behaviors among adolescents, multifactor risk assessment, protective factors, potential evidence-based interventions and monitoring treatment outcome measurement will be presented with case examples.

### Learning Objectives:

1. Participants will be able to complete a multifactor youth risk assessment and know what repeated measures are available for monitoring treatment improvement.
2. Participants will be able to describe how Illinois youth compare to national youth in the level of risk behaviors and firearm access.
3. Participants will be able to describe of the protective factors known in teen suicide attempts with acute and chronic clients.
4. Participants will be able to describe the importance of therapist attitude and management of emotional reactions to suicidal youth.

## **Older Adult Patients – Lynda Behrendt, PsyD**

11:40am-12:50pm

### Description:

Prevalence of Older Adult Suicide, Suicide Risk Factors, Assessment of Risk and Creation of an Intervention Plan with older adults will be discussed.

### Learning Objectives:

1. Participants will be able to list four risk factors for suicide with older adults.
2. Participants will be able to identify and know how to use two suicide screening instruments.
3. Participants will be able to list three resources to create a safety plan with at risk patients.

## **PROGRAM SCHEDULE**

99:00-9:05:	Introduction
9:05-9:45:	Phil S. Lebovitz, MD
9:45-9:50:	(Q&A)
9:50-10:30:	Anita Caromona-Caravelli, LCSW
10:30-10:40:	(Q & A)
10:40-10:50:	BREAK
10:50-11:30	Jeffrey Kellogg, PsyD
11:30-11:40:	Q & A
11:40-12:50:	Lynda Behrendt, PsyD
12:50-12:55:	Final Q & A
12:55 – 1:00:	Closing remarks

## ABOUT THE PRESENTERS



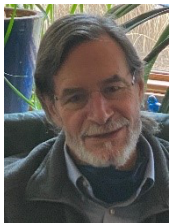
### **Phil S. Lebovitz, MD**

Dr. Lebovitz is a training and supervising psychoanalyst on the faculty of the Chicago Psychoanalytic Institute. He is also a former Director of CPI. His credentials include being certified by the American Board of Psychoanalysis of which he was one of its founding members as well as having been a Board member and the first Treasurer. He has also served on the Board and as Treasurer of the Accreditation Council for Psychoanalytic Education; this organization represents an effort by the consortium of the American Psychoanalytic Association, Division 39 of the American Psychological Association, the American Academy of Dynamic Psychiatry and Psychoanalysis and the American Association of Psychoanalysis in Clinical Social Work. Dr. Lebovitz initiated and coordinated the COVID 19 Project of the Chicago Psychoanalytic Institute to provide treatment for frontline personnel of any professional discipline.



### **Anita Caromona-Caravelli, LCSW**

Ms. Caromona-Caravelli is the Lead Suicide Prevention Coordinator at Hines VA Hospital. She has been a Social Worker in Mental Health for nearly 17 years, with over 12 of those years serving our Nation's Veterans within the VA system. Her VA career began in 2010 at the Danville VA on Inpatient Psychiatry, and in 2012 she joined the Suicide Prevention Team at Hines. Ms. Carmona Caravelli is passionate about raising awareness regarding Veteran suicide and reducing stigma tied to seeking Mental Health treatment. She is also committed to furthering the VA's mission of partnering with the community to ensure Veterans have access to comprehensive services which promote dignity and quality of life.



### **Jeffrey Saunders Kellogg, PsyD**

Dr. Kellogg is a clinical child and adolescent psychologist with over 40 years' experience in independent practice with children, adolescents and their families. He is an Adjunct Assistant Professor and Clinical Supervisor, Clinical Child Psychology Ph.D. Program, School of Psychological and Behavioral Sciences, Southern Illinois University.



### **Lynda Behrendt, PsyD**

Dr. Behrendt received her Psy.D. from Pepperdine University. Prior to becoming a psychologist, Dr. Behrendt was a registered nurse for ten years. She has a private practice with adults in the northern Chicago suburbs. Lynda was the Director of Professional Affairs for IPA from 2000-2016.

## CONTINUING EDUCATION CREDITS (4 CREDITS)

This webinar is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

## CANCELLATION POLICY

**No refunds will be offered for this workshop.**

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There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

## Registration

### Workshop Fees

\$60 members

\$80 non-members

\$20 students

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