



## ILLINOIS PSYCHOLOGICAL ASSOCIATION

67 E. Madison, Suite 1817 Chicago Illinois 60603

Fax: 312/372-6787 Phone: 312/372-7610

[www.IllinoisPsychology.org](http://www.IllinoisPsychology.org)

### Tangled Up in Food: Treating the Patient with Comorbid Trauma and Binge Eating

**Friday, February 22, 2019  
9 AM – 11 AM**

This program will review diagnostic considerations, neurobiological foundations, and treatment strategies for patients presenting with comorbid traumatic stress and binge eating pathology. Specific attention will be paid to interventions that can be used in outpatient practice as well as higher levels of care with a case study presented at the end for further illustration of a new, evidence and exposure-based treatment for trauma.

#### Presenter



Julie Friedman, Ph.D., is the National Senior Director of the Binge Eating Treatment and Recovery Program at Eating Recovery Center. She is also an Assistant Professor at the Northwestern University Feinberg School of Medicine in the Department of Psychiatry and Behavioral Sciences. Dr. Friedman has been featured in multiple publications and media outlets advocating for increased awareness, diagnosis, and treatment of Binge Eating Disorder and Night Eating Syndrome.

#### Location

The Illinois Psychological Association will host this workshop at its office at 67 E. Madison, Suite 1817, Chicago, Illinois 60603.

#### Date

Friday – February 22, 2019

#### Time

The workshop is scheduled from **9AM to 11AM**

#### Parking

The Illinois Psychological Association does not have parking facilities. However, the building at the 5 South Wabash entrance has valet services and the Grant Park Garage is on Michigan Avenue.

## **Arrangements for Persons with Disabilities**

The facility is accessible. Please contact 312-372-7610 x201 concerning arrangements to facilitate workshop attendance. Arrangements should be made two weeks before the workshop.

## **Continuing Education**

**This workshop offers 2 CE credits.** The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

The IPA has been approved by The Illinois Social Work Continuing Education Committee for the Illinois Department of Professional Regulation to offer CE credit for social workers. #159-001359.

APA CE credits satisfy the continuing education requirements of Illinois Licensed Professional Counselors.

## **Workshop Objectives**

1) Participants will describe two ways underlying stress and PTSD informs the clinical intervention and psychiatric intervention.

2) Participants will list one way in which clinical, psychiatric, and, dietary interventions are influenced by Binge Eating Disorder neurobiology.

## **References**

Afifi TO, Sareen J, Fortier J, Taillieu T, Turner S, Cheung K, Henriksen CA.  
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Brewerton TD, Rance SJ, Dansky BS, O'Neil PM, Kilpatrick DG.  
Int J Eat Disord. 2014 Nov;47(7):836-43. doi: 10.1002/eat.22309

Killeen T, Brewerton TD, Campbell A, Cohen LR, Hien DA.  
Am J Drug Alcohol Abuse. 2015;41(6):547-52. doi: 10.3109/00952990.2015.1080263.

Vanzhula IA, Calebs B, Fewell L, Levinson CA.  
Eur Eat Disord Rev. 2018 Aug 7. doi: 10.1002/erv.2634.

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Treating the Patient with Comorbid Trauma and Binge Eating**

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**Registration Form**

Cost for IPA members: \$65.00

Cost for IPA Student members: \$35.00

Cost for Non-Members: \$85.00

**Cancellation Policy:** There are no refunds for cancellations after Wednesday of the week of the Workshop.

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Registration Fee:

Payment:  Check or  Credit Card (Visa or MC) Total: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Call the Illinois Psychological Association at 312-372-7610 x201 or email [mkarey@illinoispsychology.org](mailto:mkarey@illinoispsychology.org) to register using your credit card. Call or email to confirm your registration. You can also mail or fax your registration to the:

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