

# IPA Spring Institute

## Introduction to the MCMI-IV: Assessment and Therapeutic Applications

6 Continuing Education Credits

Presented by:  
Seth Grossman, Psy.D.

Friday, April 29, 2016  
8:30 AM to 4:30 PM

The Chateau Hotel and  
Conference Center  
in the Jesse Smart Auditorium  
1601 Jumer Drive  
(just off Veterans Parkway)  
Bloomington, Illinois

Sponsored by:  
Illinois Psychological  
Association



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## About the Workshop

This workshop will introduce the newest revision of the MCMI, the MCMI-IV (Millon, Grossman, & Millon, 2015) and provide an overview of changes and updates to its constructs, scales, standardization, and interpretive features. Included in the workshop's activities will be a comprehensive overview of Millon's Evolutionary Theory (including the last modifications and additions to the theory prior to his passing), and their application in the new test. The workshop will place particular emphasis on the underlying theory's usefulness not only in constructing the instrument, but in creating a basis for an enhanced, empathic understanding of persons and an interface for creating effective, personalized therapeutic interventions.

## Workshop Outline

**8:30 – 9:00 am: Registraton and Continental Breakfast**

9: 00 – 10:15am: Structure and changes from MCMI-III to MCMI-IV: An overview

10:15 – 10:30am: Break

10:30am – noon: Millon's Evolutionary Theory: Application to personality assessment

**Noon – 1pm: Lunch on your own**

1 – 2:30pm: MCMI-IV and the nature of deductive personality assessment

2:30 – 2:45pm: Break

2:45 – 4:30pm: Therapeutic Applications with the MCMI-IV

## About the Presenter



**Seth Grossman, Psy.D.**

Dr. Seth Grossman is a licensed psychologist in the state of Florida. He was the project leader and primary co-author with Dr. Theodore Millon, the world-renowned personality theorist and personality assessment author, for the revision of the Million Clinical Multi-axial Inventory (MCMI-IV). Dr. Grossman worked under the direction of Dr. Millon over the course of nearly two decades, co-authoring many textbooks, journal articles, and personality tests. A highlight of Dr. Grossman's contribution to the assessment field was the construction of the Grossman Facet Scales, first introduced in the MCMI-III and now updated in the MCMI-IV. Dr. Grossman has also been a guest lecturer on personality and clinical assessment at universities and professional settings both nationally and internationally. He is currently the director of the Center for Psychological Fitness in the Ft. Lauderdale, Florida region, and a member of the clinical faculty at the Florida International University Herbert M. Wertheim College of Medicine in Miami.

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**67 E. Madison Street Suite 1817**  
**Chicago, Illinois 60603**  
**312-372-7610 x 201**

## Learning Objectives

Attendees will be able to:

1. List the structures, scales, and constructs of the MCMI-IV.
2. Discuss three ways in which Millon's evolutionary theory was utilized in test construction, assessment and interpretation of the MCMI.
3. List 3 changes from the MCMI-III to the MCMI-IV.
4. Describe an example of utilizing underlying Millon theory to develop an interpretation of scale configuration.
5. List 3 examples of how the MCMI-IV primary personality scales can be utilized with the Grossman Facet Scales to develop a personalized psychotherapy approach.
6. Define and describe how clinical hypotheses drawn from the MCMI-IV contribute to the structure of collaborative and therapeutic assessment.

## Six (6) CE Credits

This program is sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor CE credits for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content. The Association is also a registered Social Worker Continuing Education Sponsor #159-000291. American Psychological Association Continuing Education Credits are also accepted for Licensed Clinical Professional Counselors.

## Cancellation Policy

There are generally no refunds for cancellations but refunds may be made on a case-by-case basis if requested in writing. Grievances about the workshop may be addressed to the Illinois Psychological Association in writing.

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## Arrangements for Persons with Disabilities

Persons with disabilities attending these workshops should contact Ms. Marsha Karey (312) 372-7610 ext. 201 concerning arrangements that they may need to facilitate workshop attendance. To ensure the availability of workshop assistance, arrangements should be made a minimum of two weeks before the workshop. The workshop facility is accessible.

## About the Setting

The workshop will take place at The Chateau Hotel and Conference Center in Bloomington, Illinois located at 1601 Jumer Drive (just off Veterans Parkway) in the Jesse Smart Auditorium. The hotel is holding a group of rooms at the special rate of \$89 for a single or double for arrival on April 28. Please contact the hotel directly for reservations at (309) 662-2020 **by 4/1/2016**.

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, she/he should contact Marsha Karey by April 22, 2016 to discuss what accommodations can be provided. All questions, concerns, or complaints should be directed to Ms. Karey (312-372-7610 x201) or [mkarey@illinoispsychology.org](mailto:mkarey@illinoispsychology.org).

There is no commercial support for this program, nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.



## Registration Form

### Register Early at a Reduced Rate for MCMI-IV Workshop

Registration by April 22, 2016

\$140 for IPA Members

\$175 for Non-Members

\$55 for IPA Student Members

Registration after April 29, 2016 or on-site

\$165 for IPA Members

\$200 for Non-Members

\$80 for Students who are not IPA Members

To join the Illinois Psychological Association, apply online at [www.illinoispsychology.org](http://www.illinoispsychology.org).

Contact the IPA Office (312-372-7610 x 201) if you any questions.

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Phone: \_\_\_\_\_ email: \_\_\_\_\_

Pay by:  Check (Pay to Illinois Psychological Association)  Credit Card (Amex, Visa or MC)

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**Fax to: 312-372-6787**

**or mail to: Illinois Psychological Association**

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### PRE-CONFERENCE DINNER

For those arriving on April 28, 2016, there will be get-together dinner at 7 PM at the Destihl Restaurant and Brew Works at 318 S. Towanda Avenue in the Shoppes at College Hill Mall. RSVP to Dr. Mary Dellorto by April 23, 2016 at 309-825-1050 or [drdellorto@frontier.com](mailto:drdellorto@frontier.com).