



# The Graduate Quarterly

Newsletter of IPAGS - Illinois Psychological Association Graduate Students

Vol. 2, No. 1 - October 2005

## IPAGS Convention Program: "A Toolkit for Early Career Psychologists"

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### IPAGS Helps with Katrina Relief Effort

In light of the recent events of Hurricane Katrina in Louisiana, the members of the IPAGS Committee extend their sincere support to all displaced persons. Katrina left many children, families, and students without a home or university in which to study. As active members of the community, IPAGS is reaching out to those people in need. We are asking all students and psychologists attending the annual Illinois Psychological Association Convention to help us in our outreach efforts. IPAGS is working with South Suburban PADS, a center near Tinley Park, Illinois. Tinley Park Mental Health Center is being used as a Katrina refugee location for families that evacuated the hurricane. South Suburban PADS is coordinating a relief effort to help the families in need. IPAGS is collaborating with this organization with the goal of sending a donation box to Tinley Park Mental Health Center. We are asking convention attendees to bring one or two items to donate to the relief effort. The following items are needed: children and adult clothing, children's toys, stuffed animals,

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Because we are busy graduate students and always on the move often many of our questions go unanswered and important information fails to fall on the ears of every individual. That is why it is important to take advantage of opportunities such as the annual IPA Convention. It is also important to remember that we are here to serve you and to address your needs as a graduate student. By putting together workshops, conferences, and seminars such as the one at this year's convention entitled *A Tool Kit for Early Graduate Students*, IPAGS strives to bring graduate students the information they need to make a difference in their professional careers. We are extremely proud of the seminar we've put together for this year's IPA Annual Convention *Essentials 2005: a Tool Kit for Professional Practice*. One of the reasons we are so enthusiastic is that our seminar will be the first ever student run seminar to be held at an IPA Convention. It will focus on helping students prepare for life after graduate school, how to plan ahead, and some of the common pitfalls that many graduate students face while attending these formidable years prior to their first work experience. The purpose of focusing on these issues is to ease the

decision making process for early graduate students. The seminar will help you, as graduate students, become aware of the different options that are available as well as important need-to-know information you may not have learned in school. Students will learn about the role of prescription privileges in the future of psychology and the training needed to prescribe, working within a multicultural society, researching and presenting posters, securing a post-doctorate internship, and finding a job after licensure. The IPAGS Committee feels it is our job to make your life easier and to bring you as many opportunities and tools as possible to aid in you in your journey to becoming a mental health practitioner. Don't let this opportunity to network with colleagues and learn more about the field pass you by. Register for the IPA Convention today! Applications are located within this newsletter or in any IPA Convention Brochure. The IPA Council and the IPAGS Committee look forward to seeing you all at this year's convention and having it as the best convention yet. Below is a list of the speakers at the seminar.

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### IPAGS MISSION STATEMENT

We at IPAGS strive to enhance the professional development of Illinois Graduate Students in Applied Psychology by developing and implementing programs to educate our members about legal and ethical concerns, clinical issues, and emerging roles. IPAGS believes that by educating future clinicians we help individuals make informed decisions, which will increase the practice of a competent psychologist. By developing professional relationships with psychologists and students, IPAGS strengthens the field of applied psychology and creates an environment for students to grow, learn, and develop.

## Attention IPA Student Members:

It has come to our attention that there are many Illinois Psychological Association (IPA) student members that have not joined the Illinois Psychological Association of Graduate Students (IPAGS). We believe this has been due to some confusion about the difference between IPA and IPAGS. Below is some important information regarding the difference between one's status as an IPA student member and involvement in IPAGS.

IPAGS has recently become a *section* of IPA specifically for graduate students. Prior to this change, students became IPAGS members automatically when they joined IPA, but this is no longer the case. This status change has resulted in a number of benefits for students such as holding a voting seat on IPA council and establishing ourselves as a more independent entity. By having a voting seat on IPA council, students have a real voice for the future of our profession in Illinois.

This change has led to a large number of students who are members of IPA and receive all the benefits associated with that membership, such as the IPA quarterly newsletter, but are *not members of IPAGS*. By joining IPAGS you will pay a small fee of \$10, which will pay for itself in the benefits you receive as an IPAGS member.

### ***Benefits of IPAGS***

- Members receive a quarterly newsletter directed at students and student concerns developed by the IPAGS council members.
- IPAGS holds monthly two-hour workshops on issues relevant to student members. IPAGS members receive admission to these workshops at significantly discounted rates.
- IPAGS holds an annual Networking Breakfast where students meet psychologists. IPAGS is also working to establish an online resource linking students to professionals for ongoing communication.
- IPAGS offers members many opportunities to develop and become involved in grassroots projects. One example is becoming a Campus Representative; this person distributes information generated by IPAGS to students at his/her graduate institution.
- Membership in IPAGS is a way to enhance your Vitae
- Through your membership in IPAGS you become a part of a supportive network of fellow students and professionals
- IPAGS offers many student leadership opportunities

### ***How to Join IPAGS***

- If you are already a member of IPA you can send your \$10 check (payable to IPAGS Membership Fee) to: The Illinois Psychological Association, 203 North Wabash Avenue, Suite 1404, Chicago, IL 60601.
- If you are not an IPA or IPAGS member applications are available online at [www.illinoispsychology.org](http://www.illinoispsychology.org) or by request from the above address. Be sure to fill out the section for IPA and IPAGS and include fees for both.
- For more information contact Julie Atkins at [julieatkins79@hotmail.com](mailto:julieatkins79@hotmail.com), Bridget Burnett at [bburnett@csopp.edu](mailto:bburnett@csopp.edu), or Amy Tilley at [tilleyal@sbcglobal.net](mailto:tilleyal@sbcglobal.net).

## Join Illinois Psychological Association as a Graduate Student Member!

### *Our Mission:*

We, the Illinois Psychological Association of Graduate Students (IPAGS), strive to enhance the professional development of Illinois graduate students in applied psychology. Our focus is on developing and implementing programs to educate our members about legal and ethical concerns, clinical issues, and emerging roles. IPAGS will help our student members make informed decisions to increase their competency as future clinicians. By developing professional relationships with psychologists and students, IPAGS strengthens the field of applied psychology and creates an environment for students to grow, learn, and develop.

### *Why IPA?*

- ◆ Preparation for a successful career in psychology demands more than classroom and training experiences. It demands knowing what is happening in our rapidly changing profession.
- ◆ Joining the IPA as a student member provides you with a variety of resources and opportunities including:
  - Networking with professionals
  - Notification of upcoming workshops and conferences
  - Opportunities to learn from experts in the field/ Mentorship Program
  - A forum to explore student issues
  - Enhancement of your Vita due to membership in a professional organization
  - An opportunity to become proactive in your education
  - Opportunities to develop and become involved in grassroots projects
  - Membership in a support network of fellow students and professionals
  - Access to resources for professional practice information
  - Student leadership opportunities

### *Other Benefits of Joining*

- ◆ Members receive *The Illinois Psychologist*, a quarterly newsletter with important professional development information such as licensure issues, education and advanced training opportunities, and HIPPA.
- ◆ Members also receive a quarterly newsletter directed at students and student concerns developed by the IPAGS council members
- ◆ Opportunities to attend professional development programs and workshops developed by IPAGS Committee Members

### *Become Involved with IPAGS*

- ◆ There are many opportunities to become involved in projects with IPAGS. For more information contact [jmanfre1@aol.com](mailto:jmanfre1@aol.com), [tilleryal@hotmail.com](mailto:tilleryal@hotmail.com), or [julieatkins79@hotmail.com](mailto:julieatkins79@hotmail.com)

\*For more information and to become a member, log on to the IPA Website at [www.illinoispsychology.org](http://www.illinoispsychology.org)

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## Student Membership Chair

Julie Atkins, M.A.

Hello, everyone. I would like to announce the current Campus Representatives for IPAGS. These graduate students have been instrumental in forwarding all of the information generated by the IPAGS committee out to students at their programs and we are all very grateful for everything they have done this year. The current Representatives are: Aileen Harzell (Rosalind Franklin University of Medicine and Science); Ali Gravier (Masters in Counseling at Northwestern University); Anita Hund (Counseling Psychology at the University of Illinois at Champaign/Urbana); Colin Ennis (Clinical Psychology at the Illinois School of Professional Psychology); Justin Li (Loyola University); and Sarah Butler (DePaul University). If you are from any of these graduate institutions and would like information about IPAGS initiatives, please contact your Campus Representative. If you are from a graduate institution that does not have a Campus Representative, please consider this opportunity. Becoming a Campus Representative is a great way to become involved in IPAGS and a minimal time commitment. If you or anyone you know might be interested in becoming a Campus Representative, please look over the flyer in this newsletter and contact me for more information.

As was discussed in the previous newsletter, one of the initiatives I have been working on is better tracking of our student members. In this newsletter is a survey for graduate

students regarding current and future participation in IPAGS and IPA. It would greatly help us to serve you better if you would take a few short moments to fill out this survey. Thank-you for your support with this!

Finally, the Annual Networking Breakfast, which is a forum for students to meet professionals to discuss relevant issues and form relationships, is fast approaching. Please look for more information on this event to come soon. If you have questions about any of these projects please contact me at [julieatkins79@hotmail.com](mailto:julieatkins79@hotmail.com) for more information.

## IPAGS September Workshop: First Impressions: *The Client, The Supervisor, The Self*

Bindu Seth, IPAGS Professional Development Chair

On Tuesday, September 20<sup>th</sup>, IPAGS welcomed four incredibly knowledgeable and engaging speakers to the Chicago School of Professional Psychology to speak at our first workshop of the year. The workshop, entitled "First Impressions: The Client, The Supervisor, The Self," addressed transference and counter transference issues that arise in various practicum settings as well as personal anecdotes from each of the speakers regarding their own practicum and internship experiences. Toward the end of the evening, the workshop turned into an informal discussion of the dos and don'ts of the practicum/internship application and interview process. Students who attended were able to receive insider information from the speakers regarding the types of questions supervisors love to hear during interviews as well as the most effective ways for students to convey their interest in the practicum/internship position. Overall, the workshop was a complete success and all

who attended walked away feeling as though they had been a part of something special. IPAGS would like to thank Dr. Terry Koller, Dr. Greg Sarlo, Dr. Mike Fogel, and Dr. Jim Crawford for enlightening us at the workshop. Please be sure to check out our flyer for IPAGS' November workshop entitled, "Creating Cohesion: Special Considerations for Treating Children and Adolescents" in this month's issue of the newsletter! If you have any questions or ideas for future workshops, please contact [bseth@csopp.edu](mailto:bseth@csopp.edu) or [claudelle\\_glasgow@yahoo.com](mailto:claudelle_glasgow@yahoo.com) !

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Katrina - Continued From Page 1

books, school supplies, and toiletries. IPAGS will have a donation box set up near the registration table at time during the convention. We are asking everyone for help in our efforts, as we are helping others begin a new life in Tinley Park. We look forward to seeing you on November 11, 2005 at the convention.

## IPAGS Tracking Survey

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Graduate Students: Please take a few moments to fill out the following information. IPAGS is attempting to better track our student members so that we can meet student needs more effectively and improve our existing programs. This can be returned via email to IPAGS\_IL@hotmail.com or to The Illinois Psychological Association, Student Tracking Survey, 203 North Wabash Avenue, Suite 1404, Chicago, IL 60601

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

1. What school do you attend currently? \_\_\_\_\_
2. What year are you in school? \_\_\_\_\_
3. Do you have a specific concentration? Y      N  
If yes, what is your concentration? \_\_\_\_\_
4. What type of program are you enrolled in? \_\_\_\_\_
5. What degree will you receive upon graduation? \_\_\_\_\_
6. Which externships have you completed and what was the name of the site?  
\_\_\_\_\_
7. Would you be willing to be contacted about your externships? Y      N
8. How many years have you been a member of IPA? \_\_\_\_\_
9. Are you a member of IPAGS, the student section of IPA? Y      N
10. How did you become aware of IPA? \_\_\_\_\_
11. Why did you join IPA? \_\_\_\_\_  
\_\_\_\_\_
12. How did you become aware of IPAGS, if you are aware? \_\_\_\_\_
13. Why did you join IPAGS? \_\_\_\_\_  
\_\_\_\_\_
14. What aspects of your membership in IPA are most important to you?  
\_\_\_\_\_
15. What aspects of your membership in IPAGS, if you are a member, are most important to you?  
\_\_\_\_\_
16. Do you plan to remain an IPA member for the remainder of your graduate training? Y      N

**PLEASE FINISH QUESTIONS 17-23 ON THE NEXT PAGE**

**IPAGS**

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## IPAGS Tracking Survey - Continued

- |  |   |   |
|--|---|---|
| 17. Do you plan to remain an IPAGS member for the remainder of your graduate training? | Y | N |
| 18. Are you planning to remain in Illinois once you are licensed?                      | Y | N |
| 19. Will you remain involved in IPA once you are licensed?                             | Y | N |
| 20. Will you join a section of IPA as a licensed member?                               | Y | N |

If yes, which section? \_\_\_\_\_

- |  |   |   |
|--|---|---|
| 21. Are you interested in holding a council position as a licensed member? | Y | N |
| 22. What would you like to see IPAGS offer to students in the future?      |   |   |

23. What would you like to see IPA offer to licensed members for the future?

Thank-You for your participation!!!

**When Finished Please Send to:**

IPAGS\_IL@hotmail.com

The Illinois Psychological Association  
Student Tracking Survey,  
203 North Wabash Avenue, Suite 1404  
Chicago, IL 60601

Check out our website at [www.illinoispsychology.org](http://www.illinoispsychology.org) and click on IPAGS!

# IPAGS

# IPAGS WANTS YOU!

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## To become an IPAGS Campus Representative

### *Definition of Position:*

A Campus Representative for the Illinois Psychological Association of Graduate Students (IPAGS) is a member of the Illinois Psychological Association (IPA) and a member of the IPAGS section who acts as a point person for the organization on his/her school's campus.

### *Benefits:*

- Learn about state advocacy
- Learn about the many IPAGS opportunities
- Enhance your professional development
- Develop priceless leadership skills
- Network with other psychology students and professionals
- Opportunity for advancement in IPAGS leadership
- Have an impact on the field of psychology

### *Responsibilities:*

- Disseminate IPAGS information and updates on issues that affect state psychology to your departmental colleagues via e-mail, mailings, posting information, etc.
- Communicate with the IPAGS Student Membership Chair providing updates on any questions or student needs
- Recruit new members by distributing applications for IPAGS, possibly speaking in classes, or contacting the appropriate individuals to speak about IPAGS
- Respond to IPAGS calls for action by encouraging your colleagues to become involved in state legislative initiatives
- Attend IPAGS meetings as required; Position involves a minimal time commitment which depends on your availability

For more information or to inquire about involvement contact Julie Atkins, Illinois Psychological Association of Graduate Students Membership Chair at [julieatkins79@hotmail.com](mailto:julieatkins79@hotmail.com)

To become a member of the Illinois Psychological Association and the Illinois Psychological Association of Graduate Students section apply online at [www.illinoispsychology.org](http://www.illinoispsychology.org)

IPAGS

**A Toolkit for Early Graduate Students**

IPAGS is excited to announce the first student-run seminar at an IPA Convention. It focuses on helping students prepare for life after graduate school. Students will learn about prescription privileges, working in a multicultural society, researching and presenting posters, securing a post-doctorate, and finding a job after licensure.

**Amy Lynn Tilley, MA**, Chair, IPAGS

**Erica Berg, PsyD**, Post-doctoral Fellow

**William Gorman, Ph.D., ABPP**, Departments of Psychology and Psychiatry, University of Illinois at Chicago

**Joseph A. Durlak, Ph.D.**, Dept. of Psychology, Loyola University of Chicago

**Melba J. Nicholson, Ph.D.**, Northwestern University

**Marlin Hoover, Ph.D., ABPP**, Chair, IPA Prescription Privileges Task Force

**Molly K. Pachan, B.A.**, Dept. of Psychology, Loyola University of Chicago

## IPAGS Call for Student Volunteers

Following are several opportunities for graduate students to become involved in the IPA. If you are interested in serving in any of these positions, please contact Jennifer Manfre at [jmanfre1@aol.com](mailto:jmanfre1@aol.com) for more details.

### IPAGS Mentorship Program

*Description:* Students are needed to work with Julie Atkins, IPAGS Student Membership Chair, to develop a mentoring program between IPA members and graduate students based on area of interest and graduate program. Both practicing psychologists and student members have expressed interest in participating in this program, and this committee will match appropriate candidates.

*Time Commitment:* On-going: April 2004 – June 2005. This committee will meet as needed and correspondence will also occur via email.

### IPAGS Internship Fair Committee

*Description:* IPAGS is planning to host an Illinois internship fair in 2005, and all graduate students in psychology and APPIC internship sites will be invited to attend. Responsibilities will include planning and organizing facility, booths and program for this event.

*Time Commitment:* On-going: April 2004 – June 2005. This committee will meet bi-monthly through January 2005, and will then meet as needed through the Fair.

### Assistant to the Director of Professional Affairs

*Description:* Dr. Lynda Behrendt, IPA Director of Professional Affairs, would like a student volunteer to assist her with contacting IPA members to discuss legislative issues.

*Time Commitment:* Temporary: Approx. 5 hours per week for 1 month. The volunteer will come into the IPA office to meet with Dr. Behrendt for an orientation on a Friday. It is possible that the remaining phone calls can be made from the student's home.



IPAGS Presents:

## Creating Cohesion: Special Considerations in Treating Children and Adolescents

A culture in and of itself, the child and adolescent population can require added legwork to paint a “complete” clinical picture. The child and adolescent population often requires communication with several people including parents, teachers, caseworkers, social workers, physicians, and therapists. This workshop will offer discussion about the pros and cons of working among these different agencies and its impact on treatment. This workshop will also highlight special considerations and cultural implications that emerge when treating this population. There will be a short presentation by our speakers followed by a roundtable discussion driven by participants’ questions, so please bring your questions and concerns!

### On the panel:

Elizabeth Yellen, PsyD  
Others TBA

**Date:** Thursday, November 17th, 2005

**Time:** 7:00 pm – 9:00 pm

**Location:** Room 412

The Chicago School of Professional Psychology  
325 N. Wells, Chicago, IL

*All attendees must register as space is limited.*

*For questions email: [claudelle\\_glasgow@yahoo.com](mailto:claudelle_glasgow@yahoo.com) or [bseth@csopp.edu](mailto:bseth@csopp.edu)*

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*Return this portion to register - To receive an email confirmation, please give your email address below*

### Creating Cohesion: Special Considerations in Treating Children and Adolescents

Name: \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**FREE** (IPAGS member)  **\$5** (IPA member)

**\$10** (student: non-IPA member)  **\$15** (non-IPA Licensed)

My registration fee is enclosed (Cash, Credit Card or Check: Make checks payable to: IPA)

Credit Card No \_\_\_\_\_

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*Mail to: IPAGS Creating Cohesion Workshop  
203 N. Wabash, Suite #1404  
Chicago, IL 60611*

*For more information about IPAGS or to become an IPA member, go to [www.illinoispsychology.org](http://www.illinoispsychology.org)*

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## Quick Reference E-Mail Center for IPA

### IPAGS Officers

Amy Tilley, Chair  
 Breese Anderson, Chair-Elect  
 Molly Pachan, Secretary  
 Lesile Crea, Treasurer  
 Bridget Burnett, Academic Liaison  
 Julie Atkins, Student Membership Chair  
 Bindu Seth, Professional Development Chair  
 Yoendry Torres, Communication Chair  
 Eric Wilms, Newsletter Editor  
 Jason LaHood, IPA Graduate Student Liaison

tilleyal@sbcglobal.net  
 vwbree@hotmail.com  
 mpachan@luc.edu  
 lcrea@csopp.edu  
 bburnett@csopp.edu  
 julieatkins@hotmail.com  
 bseth@csopp.edu  
 yoendryt@hotmail.com  
 ewillms@csopp.edu  
 lahood@hotmail.com

John Blattner, Ph.D., IPA President  
 Nell Ryan, Ph.D., IPA President-Elect  
 Armand Cerbone, IPA President, IPAGS Liaison  
 Terrence J. Koller, Ph.D., IPA Executive Director  
 Lynda Behrendt, Director of Professional Affairs  
 Ron Woods, IPA Office Manager

drblatz1@aol.com  
 drearyan@yahoo.com  
 arcerbone@aol.com  
 ipaexec.@aol.com  
 ipapractice@aol.com  
 ipamanager@aol.com

**Save these Dates!**

## **The 2005 Annual IPA CONVENTION**

***Essentials 2005: A Toolkit for Professional Practice***

**November 10,11 & 12, 2005  
 Northbrook Hilton Hotel, Northbrook, Illinois**