



# The Graduate Quarterly

Newsletter of IPAGS - Illinois Psychological Association Graduate Students

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## IPA Convention 2006 Update: The Complete IPAGS Experience

By: Molly Pachan

Last fall, IPAGS celebrated a successful program entitled "A Toolkit for Early Career Psychologists." Our panel presentation featured speakers who addressed a wide array of issues important to the development of early professionals in psychology, including presentation of research, licensing, empirically supported treatments, working with translators, and prescription privileges. Following the presentation, audience members engaged in a lively discussion with panelists. We plan to present an equally winning program this year, and we want your input.

For the convention on October 26<sup>th</sup>-28<sup>th</sup>, 2006, IPA has assumed the theme of "The Complete Psychologist: Making a Living and Having a Life." Your IPAGS committee is busily planning our complementary program. We hope to include your feedback in choosing the specific topics and panelists. It is not too late for IPAGS members to submit requests for attention to topics of special interest. Contact any student committee member with your ideas. (See the last page of this

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## The Changing Field of Psychology and the Importance of Graduate Student Advocacy

By: Breese Anderson, M.A., IPAGS Chair- Elect

As graduate students, we all hear that we are "the future of psychology." But, many times, we don't really think about what this means. Through IPAGS, we hope to offer graduate students the opportunity to become aware and involved in those issues which will determine the course of our profession. Currently, there are two initiatives that you should be aware of and have the potential to change the training and practice of psychology. The first initiative involves the amendment of APA's recommendation for licensure requirements and the second concerns the legislation requiring that psychology be a licensed profession.

### *Change in APA Licensure Policy*

According to Kelly Ducheny, Psy.D, IPA Academic Section Chair, for the last six years, some groups in the American Psychological Association have been discussing the possibility of a change in the traditional APA licensure policy. This long standing policy recommended psychologists receive one year of post doctoral supervision prior to obtaining licensure. While APA does not regulate licensure requirements, state Boards often look to the APA policies to inform individual state requirements. In a 2001 report, the Commission on Education and Training Leading to Licensure in Psychology recognized that the endorsement of the postdoctoral year of supervised experience as a requirement for licensure was put into place when many students graduated with minimal practicum experience.

However, today, we know that is not the case. Upon going on internship, many graduate students will have had over one thousand of hours of practicum training. Thus, in February 2006, the APA Council of Representatives voted to change APA's policy to affirm that an applicant for licensure must demonstrate that they have had "sequential, organized, and supervised professional experience equivalent to two years of full time training which can be completed prior or subsequent to the granting of the doctoral degree". According to Ducheny, this recent APA policy change does

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## IPAGS MISSION STATEMENT

We at IPAGS strive to enhance the professional development of Illinois Graduate Students in Applied Psychology by developing and implementing programs to educate our members about legal and ethical concerns, clinical issues, and emerging roles. IPAGS believes that by educating future clinicians we help individuals make informed decisions, which will increase the practice of a competent psychologist. By developing professional relationships with psychologists and students, IPAGS strengthens the field of applied psychology and creates an environment for students to grow, learn, and develop.

## 2005- 2006 IPAGS ELECTIONS

There are six positions available on the Illinois Psychological Association of Graduate Students Committee for the coming term (July 1, 2006-June 31, 2007):

- **Chair –Elect**
  - This position serves as IPAGS Section Chair whenever the Chair is unable. The biggest job is planning the IPAGS program of the IPA Convention held each fall. This position may also be appointed by the Chair to assist in fulfilling IPAGS Committee responsibilities
- **Multicultural/Diversity Chair**
  - This position is vital in actualizing IPAGS's commitment to incorporating diversity into all that we do! Specifically, responsibilities include coordinating activities and events (i.e., colloquia, workshops, roundtable discussions) which will contribute to enhance student awareness and clinical development regarding diversity and multicultural issues. This position will support the Professional Development Chair in creating student cultural development events for the length of their term. Duties include formulating topics of interest, contacting speakers, locating an event site and advertising. The Multicultural and Diversity Development Chair will attend all events and work with other IPAGS Committee members to ensure attendance to at least 2 events.
- **Professional Development Chair**
  - This position is responsible for coordinating activities and events (i.e., workshops and seminars) which will contribute to student development in the field of psychology. This position will support the Multicultural and Diversity Development Chair in creating student cultural development events for the length of their term. Duties include formulating topics of interest, contacting speakers, locating an event site and advertising. The Professional Development Chair will attend all events and work with other IPAGS Committee members to ensure attendance to at least 2 events.
- **Communications Chair**
  - This position is responsible for maintaining communication via internet to and from members of IPAGS and updating the IPAGS website.
- **Newsletter Editor**
  - This position is responsible for coordinating quarterly newsletter mailings to members of IPAGS
- **Social Advocacy Chair**
  - This is a new position on the IPAGS committee and is responsible for monitoring social justice issues related to mental health and professional development of IPAGS members. The position works in collaboration with the IPA Executive Director to coordinate membership efforts for local and state lobbying. IS also responsible for monitoring the current licensing requirements and any disaster relief efforts in which IPAGS members can partake

To apply, you must submit your CV and a cover letter to the IPA Office, Attention IPAGS Elections, stating why you want the position by April 1<sup>st</sup>

For more information, visit [www.illinoispsychology.org](http://www.illinoispsychology.org)

## ...Changing Field, continued from page 1

not have immediate impact on Illinois licensing requirements since it is up to the individual state to determine any revisions. However, there may be a range of potential future impacts for academic programs, organizations that use post doctoral fellows, internships, practica, and the IPA if the organization decides to advocate for a change in the current Illinois postdoctoral licensure requirement.

### *The Sunset of the Illinois Clinical Psychologist Licensing Act*

Additionally, December 31, 2006 marks the sunset of the Clinical Psychologist Licensing Act in Illinois. If this Act ceases to exist, any person who wishes to call him or herself a psychologist or practice psychology can do so without any training. Further, if psychology is no longer a licensed profession, insurance companies will not reimburse for services. And, very importantly, without licensure, consumers will no longer be afforded the protection that comes with maintaining a certain level of professional standards and training. This is most certainly something that will affect us as the next generation of psychologists.

Thus, at the beginning of this year, the Illinois Psychological Association introduced two bills that extend the Licensing Act for another ten years - one to the Illinois Senate (SB 2297) and another to the House (HB 4556). As of the writing of this newsletter, SB 2297 had passed both Houses and is in the process of being sent to the Governor for his signature. If you are on the IPA listserv, respond to requests that you send prewritten letters to the Governor about this and other issues of importance to future psychologists. If you are not on the listserv write and email to [ipaexec@aol.com](mailto:ipaexec@aol.com) requesting to join. You must be an IPA member to participate in this list.

These two initiatives are only two of the important issues that have the potential to change the future of psychology. It is vital that graduate students become active in advocating for the retention of policies that ensure both quality of the profession and positive changes that keep the field relevant. This is your chance to shape that path! There are many ways to get involved! You can go to the IPA website [www.illinoispsychology.org](http://www.illinoispsychology.org) and find out about this and other legislative initiatives and how to contact your state Senators and Representatives. Additionally, IPAGS is excited to announce that we have created a Social Advocacy position, which will partially be responsible for keeping IPAGS members up to date on all of these important issues! IPAGS plans on not only continuing but increasing our involvement with other IPA Sections (such as the Academic Section) who work closely with these issues. If you would like more information, feel free to contact me at [breesee\\_anderson@hotmail.com](mailto:breesee_anderson@hotmail.com).

*Information regarding the APA licensing requirements was gathered from an article written by Dr. Kelly Ducheny, Psy.D., IPA Academic Section Chair, entitled "Will the Required Post Doctoral Year in Illinois go the Way of the Buggy Whip?"*

*Thank you to Dr. Ducheny for her suggestions and help with this article.*

## ... IPA Convention 2006, continued from page 1

with your ideas. (See the last page of this newsletter for contact information.) In our development efforts, we will be working closely with IPA President Elect, Dr. Nell Ryan, to prepare a program that is relevant, accessible, and reflects the convention's overall theme. What could be more applicable to the rigors of graduate study than balancing the "complete" pulls of personal and professional life?

In addition to preparing a worthwhile program, IPAGS is offering to students an opportunity to present their research in a special poster session. Academic pursuits derived from your master's thesis, dissertation, and outside research projects are welcome for display. Sharing your research at a state-wide conference like IPA's is an excellent way to showcase your hard work and network with professionals of similar interests. As extra incentive, IPAGS will be offering monetary prizes to notable research projects included in the poster session. Start thinking now about how you can contribute to this exchange of knowledge! We'll see you in October!

## IPA Convention 2006

### A call for poster presentations!

**Do you:** Have research that you would like to share and possibly receive a cash reward for? Want to get your name out in the Illinois psychological community? Want to bulk up your resume and highlight your research skills and experiences? Want to attend the 2006 IPA convention at no cost? If you answered yes to any of these questions, presenting a poster at the 2006 IPA Convention might be for you!

#### What are the benefits to presenting a poster at the IPA convention?

- \*Use the IPA convention to display your talents and get your name out in the Illinois Psychology Community!
- \*Present your poster highlighting your research for hundreds of area psychologists to view!
- \*If you are a Psy.D. student, this is an excellent way to hone your research presentation skills
- \*If you are a Ph.D. student, this is an excellent way to display your work to many area psychologists in one setting
- \*The winner of the poster presentation will receive a cash prize!!
- \*Presenters get admission to the IPA convention waived!!!

For more information, please contact  
Breese Anderson, IPAGS Chair-Elect:  
[breese\\_anderson@hotmail.com](mailto:breese_anderson@hotmail.com).



**Illinois Psychological Association  
IPAGS Presents:**

**Unlocking the Secrets of *Crash***

From the screenwriter and producer of *Million Dollar Baby*, join IPAGS for an exciting journey through the making and motivations behind *Crash*. Following the movie viewing, there will be a one-hour discussion led by Dr. Cerbone, Ph.D., ABPP where discussant and participants will offer critique of the movie. Come with an open mind and be willing to explore urban biases.

Movie synopsis: “This compelling urban thriller tracks the volatile intersection of a multiethnic case of characters struggling to overcome their fears as they careen in and out of one another’s lives. In the gray area between back and white, victim and aggressor, during the next 36 hours, they will all collide.”

Movie running time: 122 Minutes; Spanish Subtitles available

Discussant: **Armand R. Cerbone, Ph.D., ABPP**

Date: **April 1, 2006**

Time: **1:00 – 4:00PM**

Location: Olson Auditorium at Illinois Masonic Hospital

*All attendees must register as space is limited.*

*For questions email: [claudelle\\_glasgow@yahoo.com](mailto:claudelle_glasgow@yahoo.com) or [bseth@csopp.edu](mailto:bseth@csopp.edu)*

*Return this portion to register - To receive an email confirmation, please give your email address below*

**Unlocking the Secrets of *Crash***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\$5 (IPA member)

\$10 (student: non-IPA member)

\$15 (non-IPA Licensed)

My registration fee is enclosed (Cash, Credit Card or Check: Make checks payable to: IPA)

Credit Card No. \_\_\_\_\_

*Mail to: IPAGS Unlocking Crash Workshop*

*203 N. Wabash, Suite #1404*

*Chicago, IL 60611*

*For more information about IPAGS or to become an IPA member, go to [www.illinoispsychology.org](http://www.illinoispsychology.org)*

**IPAGS**

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## IPAGS WANTS YOU! To become an IPAGS Campus Representative

### ***Definition of Position:***

A Campus Representative for the Illinois Psychological Association of Graduate Students (IPAGS) is a member of the Illinois Psychological Association (IPA) and a member of the IPAGS section who acts as a point person for the organization on his/her school's campus.

### ***Benefits:***

- ♦ Learn about state advocacy
- ♦ Learn about the many IPAGS opportunities
- ♦ Enhance your professional development
- ♦ Develop priceless leadership skills
- ♦ Network with other psychology students and professionals
- ♦ Opportunity for advancement in IPAGS leadership
- ♦ Have an impact on the field of psychology

### ***Responsibilities:***

- ♦ Disseminate IPAGS information and updates on issues that affect state psychology to your departmental colleagues via e-mail, mailings, posting information, etc.
- ♦ Communicate with the IPAGS Student Membership Chair providing updates on any questions or student needs
- ♦ Recruit new members by distributing applications for IPAGS, possibly speaking in classes, or contacting the appropriate individuals to speak about IPAGS
- ♦ Respond to IPAGS calls for action by encouraging your colleagues to become involved in state legislative initiatives
- ♦ Attend IPAGS meetings as required; Position involves a minimal time commitment which depends on your availability

For more information or to inquire about involvement contact Julie Atkins, Illinois Psychological Association of Graduate Students Membership Chair at [julieatkins79@hotmail.com](mailto:julieatkins79@hotmail.com)

To become a member of the Illinois Psychological Association and the Illinois Psychological Association of Graduate Students section apply online at [www.illinoispsychology.org](http://www.illinoispsychology.org)

# IPAGS

## IPAGS is proud to highlight student researchers in our newsletters!

Are you working on research that you would like to share with the psych community? Get your research and name out there by having your research highlighted in the IPAGS newsletter! For more information or to have your research included, contact Bridget Burnett, IPAGS Academic Liaison at [bburnett@csopp.edu](mailto:bburnett@csopp.edu)

### Numbers You Should Have

**Illinois Psychological Association**  
203 N. Wabash Ave. Suite 1404  
Chicago, Illinois 60601  
**Phone:** (312) 372-7610  
**Fax:** (312) 372-6787

**Executive Director e-mail:**  
Terrence Koller, Ph.D., ABPP  
[ipaexec@aol.com](mailto:ipaexec@aol.com)

**Administrative Assistant e-mail:**  
Ronald Woods  
[IPAManager@aol.com](mailto:IPAManager@aol.com)

**IPA Web Site**  
[www.illinoispsychology.org](http://www.illinoispsychology.org)

**Illinois Department of Financial &  
Professional Regulation**

**Licensure Requirements or Pending  
Applications:** (217) 785-0800

**New Applications and Changes to  
Current Licenses:** (217) 785-0800 ask  
for *Licensure Maintenance Unit*

**Complaints against licensed  
professionals:** (312) 814-6910

**Mailing Labels of Licensed  
Professionals:** (217) 785-0920

**IDFPR Web Site**  
[www.idfpr.com](http://www.idfpr.com)

**Abuse Reporting Hotlines**

Child Abuse  
(800) 252-2873

Elder Abuse  
(800) 252-8966 (8 a.m. - 5 p.m.)  
(800) 279-0400 (after 5 p.m.)

**American Psychological Association**

(800) 374-2721  
Web Page  
[www.apa.org](http://www.apa.org)

## Quick Reference E-Mail Center for IPA

### IPAGS Officers

Amy Tilley, Chair  
Breese Anderson, Chair-Elect

Molly Pachan, Secretary  
Lesile Crea, Treasurer  
Bridget Burnett, Academic Liaison  
Julie Atkins, Student Membership Chair  
Bindu Seth, Professional Development Chair  
Yoendry Torres, Communication Chair  
Claudelle Glasgow, Diversity Chair

Eric Willms, Newsletter Editor  
Jason LaHood, IPA Graduate Student Liaison  
John Blattner, Ph.D., IPA President  
Nell Ryan, Ph.D., IPA President-Elect  
Armand Cerbone, Ph.D., ABPP, IPA Past-President, IPAGS Liaison  
Terrence J. Koller, Ph.D., ABPP, IPA Executive Director  
Lynda Behrendt, Psy.D., R.N., Director of Professional Affairs  
Ron Woods, IPA Office Manager

tilleyal@sbcglobal.net  
breese\_anderson@hotmail.com  
mpachan@luc.edu  
lcrea@csopp.edu  
bburnett@csopp.edu  
julieatkins@hotmail.com  
bseth@csopp.edu  
yoendryt@hotmail.com  
claudelle\_glasgow@yahoo.com  
ewillms@csopp.edu  
lahood@hotmail.com  
drblatz1@aol.com  
drearyan@yahoo.com  
arcerbone@aol.com  
ipaexec.@aol.com  
ipapractice@aol.com  
ipamanager@aol.com

**Save these Dates!**

**The 2006 Annual IPA CONVENTION**

**October 26, 27, & 28, 2006**  
**Lisle/Naperville Hilton Hotel**  
**Lisle, Illinois**