

THE ILLINOIS PSYCHOLOGIST

Newsletter of The Illinois Psychological Association



www.illinoispsychology.org

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Vote 10 for Illinois!

On November 1, 2005, the APA will be mailing, to all voting members, a ballot asking you to decide who you would like to represent you on the APA Council.

This ballot gives you 10 votes to distribute to States and Divisions. You can divide your votes however you choose.

The IPA is recommending that you give all 10 votes to Illinois. The APA divisions are well represented on council. Laws and rules governing psychologists vary from state to state and your Illinois representatives are the only people who makes sure that the APA's policies are consistent with your needs here at home. Your Illinois representatives are very accessible and report back to you after every meeting by writing an article for this newsletter. Let someone who knows you represent your needs.

Give all ten of your votes to Illinois.

IPA President's Message

John Blattner, Ph.D.



Greetings!

Hurricane Katrina has impacted all of us. As I write this column, we are just beginning to understand the magnitude of the devastation. The physical destruction will eventually be rebuilt in some form, but as professional psychologists, we are all aware of the psychological trauma that individuals and families have, and will continue to experience. I am confident that many of you have already contributed in some way, be it financially or otherwise, and that you will continue to do so. I have asked our executive director to keep us informed through our list serve and have asked Dr. Ryan to communicate with us from the Disaster Response Network. We will continue to

communicate to you and inform you as best we can.

As you may know, many evacuees have been relocated here in the Chicago area. I just heard from Dr. Troiani who spent a recent evening in a Tinley Park facility assisting approximately 180 evacuees until 4 am. This is just a small example of the enormity of effort needed to help these people who have lost everything.

I have come up with one small fundraising idea that will help us contribute as an Association. We know that donations will be needed long into the future. I have produced some IPA t-shirts, which we were going to sell at the con-

Continued on page 4

President-Elect Message

Nell Ryan, Ph.D.

For the past two IPA Council Meetings, we have been favored with pro-bono consultation from two IPA member-experts: Drs. Bernie Liebowitz and Gene Morrissey. They graciously guided us through further development of our strategic plan for the future.

Those who are familiar with business consultation know that this is a wise business activity. It usually helps to focus on the "big picture" and to keep participants heading in the most appropriate direction. Like most members, I await the results of this effort and I hope it will help IPA to survive as the business that it is. We are approaching our 70th year of existence and we have acquired responsibilities that we did not have originally and did not really anticipate. These responsibilities are financial as well as intangible.

I hope, however, that in adopting a business stance, we do not lose sight of the human elements. The manner in which we treat others and interact with one another is important in all facets of life.

Unfortunately, kindness, equitable treatment, and sensitivity to the effects of our behavior on others are not qualities that abound in our culture. They certainly are not fostered in our media—where the "bottom-line" focus, "winner-take-all" attitude seems to be promoted. Nowhere does there seem to be any awareness of the effects such behaviors have on those who do not "win". Regardless of the remuneration, which may be involved, it can hardly support or enhance the self-esteem of the one who is told, for the entire world to hear, "You're fired" by a magnate who is noted for his cruelty to employees.

And this atmosphere continues despite research results which demonstrate that workers who are treated with respect and are positively reinforced for their efforts are more productive and loyal than those who are considered commodi-



ties of the company—to be disposed of if this increases the value of the stock or the dividends. Of course, the executives who make these decisions seldom suffer for them. In fact, they often benefit

In the past, those at the bottom of our economic ladders could look to our laws or their unions for assistance or relief. This is no longer the case. These entities are no longer trustworthy. Like many of our institutions, they seem to have succumbed to corruption. Once lost, trust is difficult to re-establish.

We need to be vigilant regarding legislation as it affects our profession and practice and the public whom we serve. Political tactics are seldom considerate of others. Rather, they foster narcissism that can seduce the best of us. We need to guard against the harmful behaviors, which can result from the narrow focus on self and personal achievement.

We all represent the profession of psychology and the IPA. We should all always work toward what is best for the profession and for the IPA. This is espe-

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Illinois Psychological Association

The Illinois Psychologist is published four times a year and mailed to members of the Association. Single issues and library copies are \$5.00 per issue (price subject to change).

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December 9, 2005

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Executive Director's Report

Terrence J. Koller, Ph.D., IPA Executive Director

Hurricanes

When Hurricane Katrina hit the Gulf Coast, the disaster it created resulted in significant problems for those wishing to provide assistance. One of the main difficulties disaster relief professionals experience in the early stages of a disaster is a lack of organized management of resources. We, at the IPA, also experienced this when members began calling to ask what the IPA was doing about the disaster. As those of you on the listserv know, once a coordinated effort of volunteer recruitment by the Red Cross was established, the APA published this information to the Chairs of the Disaster Response Networks (DRNs) in the states. In this case, information was sent to our Chair, Dr. Eleanore Ryan who then published this information to the listserv.

The next step the IPA took was to establish a method for the Association to make a contribution to the Red Cross hurricane relief. This effort was initiated by our president, Dr. John Blattner, who managed to obtain a donation to purchase T-shirts that are now being sold to members with the proceeds going to the Red Cross. You will find an ad for those T-shirts in this newsletter.

Our next effort was to assist psychologists who, displaced from the Gulf Coast, have moved to Illinois. We have placed a box on our web page telling these psychologists to contact us for help so we can provide the following:

1. Free membership in the IPA until the psychologist can return home. This free membership will allow displaced psychologists to have access to the IPA's Placement Services and listserv to help them locate work.
2. Free attendance at the 2005 Annual Convention. Attendance at a state convention is the best way for psychologists to network and gain support from peers.
3. Psychology and Illinois law workshop. If a number of these psychologists do contact us we will run a free workshop to orient them to the legal practice of psychology in Illinois.
4. Expedited licensure review. We talked with members of the Psychologists Licensing Board (Drs. Ken Kessler and J. B. Goebel) in hopes of encouraging the licensing board to help facilitate the licensure of psychologists who were displaced by the hurricanes. The Board wrote a resolution that basically states that any psychologist displaced from the Gulf States as a result of the hurricanes can simply write on the top of their license application that this is their situation. These psychologists will be immediately placed at the top of the list of those being reviewed for licensure.

Convention 2005

By now you should have received your convention brochure. If not, call the office and we will send another one to you or download a copy from the Website www.illinoispsychology.org. This year's program is excellent and demonstrates the success Dr. John Blattner is having in breathing new energy into the IPA. We had a very large number of proposals this year and had to turn many excellent ones down. Don't miss this year's convention. Look me up when you are there.

Web Site

Our new website is taking much longer to launch than anticipated. As I write this column, we are now editing a near final draft version. This site is extremely comprehensive and complicated, which is why it is taking so long. We're almost there so thank you for your patience.

Congratulations

Congratulations to Dr. Armand Certbone, IPA's Immediate Past-President, on being awarded the Outstanding Achievement Award by APA's Committee on Lesbian, Bisexual and Gay Concerns.

President-Elect Continued from page 2

cially true of the officers. As a professional psychological group, we should know what is best in human relationships. However, knowing does not ensure good practice. We need to examine our interactions to be certain that what we project by our behavior is, like that of Caesar's wife, above suspicion. It is devoutly to be hoped that our strategic plan will include in it the intent to treat everyone with the kindness we should have learned in kindergarten—that we will respect not only other persons but their opinions; that we will not act antagonistically toward anyone, whether directly or passively; that we will not collude with others to enhance our own status or promote a favored cause whether or not it may be in the best interest of the group or the public.

I hope that I will see all of you at the IPA Convention in November.

President's Message Continued from page 1

vention in November. We will now be donating all proceeds to the hurricane relief effort. Please consider purchasing one or more of our IPA shirts. We will have them available at the convention or you may call the central office and speak to Ron Woods to order one.

On the topic of the convention, I am very excited about this upcoming event. I believe that we have many excellent programs along with a very informative all-day workshop on Evidence Based Practice. This year, I thought it would be great to begin our convention with an "IPA Conversation Hour." I think this will set the tone for some good learning, fun and sharing. I want to thank Dr. Randy Georgemiller who offered to be the moderator for this event. If you have not received your convention brochure, please contact the central office. And don't forget to pick up your free "toolkit" on registration day. I'm looking forward to seeing all of you in November!

We have continued with our strategic planning process. As a reminder, at our first session, there was significant input that generated four major categories: 1) growth of membership, 2) membership retention, 3) changing our organizational culture and 4) influence policy change on the local and national level. At the last council meeting, facilitators Drs. Liebowitz and Morrissy led us through the second step of the process, further development of the ideas from our first session. Once again, we worked in small groups. I found the interest and energy of all participants to be significant and certainly many substantial objectives were crafted for each of the four categories. The facilitators then asked for volunteers to take responsibility to further develop these objectives. The volunteers will be asking others to help in this task. We agreed that they would report back before the next council meeting on their progress. I encourage any member interested in contributing to this process to please contact us.

I believe that the strategic planning process is extremely important for our Association. We have completed the first step, but much work remains. For any strategic plan to be successful, action steps need to be identified and followed through with accountability. Without this essential part of the process, the plan is nothing but a piece of paper. It takes commitment to bring it alive.

The stewardship of a plan is important. It was suggested at our meeting that our executive director consider being the steward of the plan for the time being. As you know, each year our leadership changes with a new incoming president. The executive director will assist future presidents in the transition of stewardship of the plan.

It is also important to remember that a strategic plan is dynamic and fluid. It is not a static process but is intended to guide an organization in its goals and mission and how to get

there. It is my hope that this endeavor will continue for many years in the future and will be helpful to our continued viability as an Association.

Let me review some of the changes that have taken place. Our past-president, Dr. Cerbone initiated procedural changes for our council meetings. We now address Association business items requiring a vote at the beginning of our meetings. This change allowed for us to discuss important issues first and allowed for greater efficiency of the council members' time and energy. Simply stated, it created a better process.

I introduced the strategic planning process already discussed, to help guide the Association for the next three to five years. I will continue to steward this planning process until next year. I will ask president-elect Dr. Ryan to continue this process into the future and hopefully future presidents will carry on with this endeavor also.

We continue to make progress with the Prescription Authority initiative thanks to the efforts of Drs. Hoover and Pimental. They continue to work tirelessly and have devoted countless hours of their time and energy. The fundraising activity coordinated by Drs. Klehr and Grossman have been extraordinary. I want to extend a huge thank you to both of them. In regard to the fundraising effort, I would ask that each member consider making a modest contribution of ten dollars.

I would like to personally thank and acknowledge Dr. Grossman for her tremendous contribution as our APA Council representative over the past six years. She has worked very hard in this role, and her efforts have not always received the recognition they deserve. She has continued to represent IPA at the national level and also contributed a lot of work in helping IPA achieve the best State Association award from APA Division 31. Dr. Grossman also contributed much to IPA when she was president. We will miss her on the executive committee and council. I also want to congratulate her on her election to the APA Board of Directors. I am very confident the Dr. Grossman will keep us in mind in her new role, and we wish her the best of luck!!

I also want to acknowledge and congratulate Dr. Cerbone on his receiving from APA an "Outstanding Achievement" award for his work with GLBT issues. I personally want to thank him for his continued work and mentoring with me in my presidential year. He continues to work hard at improving IPA.

I hope to see all of you at the convention this year and I will continue to strive to improve our Association. In closing, I want to acknowledge all of our new council members for their willingness to be part of the leadership IPA. With everyone's help, we will move forward in our transition from "good to great."



1. What does this common saying mean? "Life changes on a dime."

- ☐ 0 pt. response: If someone gives you a dime, you can buy something OR a dime isn't worth what it used to be?
- ☐ 1 pt. response: Don't step in front of a moving train
- ☐ 2 pt. response: Major events, such as a serious medical condition, unemployment, a malpractice lawsuit or licensing board complaint can occur at anytime
- ☐ 3 pt. response: Life is governed by unforeseen very small events, just like a dime is a small coin. They can change your life forever and you need to be prepared.

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to assess if you have put this
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Legislative Liaison's Report

Terrence J. Koller, Ph.D., Legislative Liaison

As you know the Illinois legislature has been on break for the summer giving us the opportunity to meet our legislators in more informal settings that enhance the possibility of our issues being heard. Thanks to you members who attended picnics, receptions, barbecues, etc. for your legislator. We managed to garner more support and co-sponsors for our prescriptive authority bill as a result of these contacts. Keep in mind that the Illinois Psychologists PAC has funds available to pay for your attendance at fundraisers. Contact me in advance of any fundraiser you plan to attend and I will tell you how you can access these funds.

Our downstate constituents led by Dr. Richard Elghammer have been doing an outstanding job of soliciting downstate legislative support for our prescriptive authority bill. Drs. Lisa Grossman, Katie Klehr, Marlin Hoover and Pat Pimental have had tremendous success in their fundraising drives. Stay tuned for receptions that psychologists will be holding in your area. However expect our prescriptive authority fundraising efforts to be on hold for the time being in order to avoid competing with fundraising efforts to the victims of the hurricanes.

The legislature will meet for six days this fall for the Veto session. Those dates are October 25, 26 and 27 and November 2, 3, and 4. We will be alert during those times to ensure that the interests of psychologists and the people we serve are protected.

As you know the IPA is a member of the most influential mental health coalition in the state, the *Mental Health Summit*. I chaired their September meeting where next year's priorities were discussed. Here are some of the items that were presented:

The *Summit* will work to coordinate a mental health rally. This rally will be held on Monday, October 17th at noon at the Plaza in front of the Thompson Center, 100 W. Randolph Street in Chicago. This is the second of two rallies that is held every year. The first was held in Springfield. Some of the issues that will be presented include: (1) keeping new federal matching dollars in the community system; (2) ensuring access to medications and (3) creating housing options for people leaving state hospitals and nursing homes. Other issues may be placed on the agenda as they develop.

The *Summit* also discussed strengthening the Mental Health Parity Act. After a successful battle to include Post-Traumatic Stress Disorder and Anorexia and Bulimia to the list of covered diagnoses this year, the coalition is considering introducing a bill that will increase the number of outpatient visits from 35 to perhaps 60.

The *Summit* meets monthly and is therefore agile in its ability to respond to issues affecting the mentally ill. Additionally, there is always some member of the coalition in Springfield

who is able to support or oppose legislation as it comes up for a hearing.

We cannot advance our agenda without your help. You can help in two ways; one is by joining the IPA listserv (email me at ipaexec@aol.com) and the other is by contacting Dr. Lynda Behrendt and volunteering to be a Legislative Advocate. In both cases you will be informed of what is going on in the legislative arena and will be able to add your voice to the mix.

Stay tuned!

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EDWARD F. BRUNO, J.D., LL.M., formerly counsel to
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for APA President**

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The Illinois Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists, and maintains responsibility for this program.

News from the Prescribing Privileges Task Force

Marlin C. Hoover, Ph.D., M.S., A.B.P.P., Co-Chair Prescriptive Authority Initiative of the Legislative Committee

Prescriptive Authority for Psychologists – What Louisiana Has Gained

Prescriptive authority for psychologists in Louisiana could not have come at a better time. The catastrophic events in that state created a great additional need for empowered health care workers, including Medical Psychologists (the legal name for psychologists with the post-doctoral masters in clinical psychopharmacology in that state). The 44 Medical Psychologists will be providing a broad range of services including mental health medications to grief and trauma stricken citizens of the state as well as to those who are battle weary providing care for the victims of hurricane Katrina.

In Illinois, our campaign to alleviate the tremendous shortage of doctors who can provide mental health medications is moving forward. Please take the time to log on to the IPA web site (www.illinoispsychology.org) and click on “prescription privileges” to watch our 16 minute DVD as well as to review the materials that are available there. Send Dr. Pimental and me an e-mail and tell us what you think. (mchphd@juno.com or dr.pimental@comcast.net)



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Support Prescriptive Authority for Psychologists in Illinois

Lisa Grossman, JD., Ph.D., Katie Klehr, Ph.D., Co-Chairs RxP Fundraising Committee

IPA's top legislative priority is to obtain prescriptive authority for Illinois psychologists. We are well on our way with a bill in the Illinois legislature along with a number of co-sponsors. But now we need your help! To be successful, we need to raise a significant amount of money over the next 5 years. This money is critical to support: (1) an educational campaign to increase public awareness of the mental health crisis created by a shortage of providers of psychotropic medications and, (2) our lobbying efforts to increase the state legislators' understanding of the acute need for competent and specially trained psychologists to provide this service to their patients.

Although we have begun a very successful fundraising campaign, we have the opportunity from a major contributor to obtain \$100,000... **but only if half our membership contributes a minimum of just \$10 apiece!** If we don't receive these contributions, we will forfeit this generous contribution.

Won't you please help us and join our efforts to gain RxP in Illinois? Please send your checks payable to Illinois Psychology PAC to:

Illinois Psychological Association
203 North Wabash Ave.
Suite 1404
Chicago, Illinois 60601

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On behalf of IPA, we thank you in advance for your generosity and support of RxP and IPA.

Drs. Georgemiller & Whyte announce...

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IPAGS Convention Program: A Toolkit for Early Psychologists

Amy Tilly, M.A., Chair, IPAGS

IPAGS is a fast growing section within the IPA and we feel it is important to be as active as professional members of the association. Several months ago, the IPAGS Committee began thinking about participating in this year's convention, November 10-12, 2005. With the energy of newly appointed committee members, and the guidance of returning members, the committee is excited to announce that there will be a graduate student program on November 11, 2005 at 9:00am. IPAGS is extremely excited to have a program in the convention this year; it has never been done by the committee before. The theme of the convention focuses on a toolkit for professionals; therefore, the IPAGS Committee decided to focus on hot topics and issues that can help graduate students succeed and enhance their knowledgebase. With the help of all the committee members, there will be a panel of 6 speakers, each focusing on a different issue that is important to graduate students in all areas of interest.

IPAGS is proud to announce the following speakers for the program: Dr. Marlin Hoover will speak on the future of prescription privileges for Illinois psychologists. Dr. Erica Berg will speak on early career issues, including post-doc, EPPP, and finding the first job after licensure. Dr. Joseph A. Durlak, Dept. of Psychology, Loyola University of Chicago will speak on evidenced based treatment. Dr. Melba J. Nicholson, Northwestern University will speak on multicultural issues. Dr. William Gorman, ABPP, Departments of Psychology and Psychiatry, University of Illinois at Chicago will speak on multicultural issues and the use of interpreters during therapy sessions. IPAGS' very own Molly K. Pachan, Dept. of Psychology, Loyola University of Chicago, will speak on poster presentations and researching at the graduate level. IPAGS thanks Dr. John Blattner, IPA President, for allowing graduate students the opportunity to have a program specialized for their needs as well as the speakers who are dedicating their time to enhance student's knowledge in the field of psychology. We encourage you to sign up for this program when you register for the IPA Convention. We look forward to seeing you there!

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News From the Hill

Chris Stout, Psy.D., IPA Legislative Committee Co-Chair, APA Federal Advocacy Coordinator

As you know from my many email postings over the past few weeks to the IPA listserv concerning federal-level advocacy requests, things have been hopping in DC. I will review the current issues in case you may not have seen them and I encourage you to participate if you have not already done so.

The following is excerpted from the APA Practice Organization website, www.APAPractice.org:

Co-sponsors Needed for House Parity Bill

Representatives Jim Ramstad (R-MN) and Patrick Kennedy (D-RI) reintroduced the Paul Wellstone Mental Health Equitable Treatment Act (H.R. 1402), which is identical to the original bill from last Congress except now it covers everything in the DSM-IV including substance abuse. Both Members are really pushing hard for support in the House of Representatives and have asked for our assistance in securing additional cosponsors. The good news is that 192 Representatives are already cosponsors of H.R. 1402, and should be thanked for their support. But, we need to increase this number, especially since 48 of the previous cosponsors have not signed on to H.R. 1402.

Support the Senate and House Medicare Reimbursement Bill

Are you ready to see your Medicare reimbursement rates go down next year by \$2,000, \$3,000 or maybe more? I didn't think so. But, unless Congress acts soon Medicare reimbursement rates for psychologists and other healthcare professionals will be cut by 4.3% on January 1, 2006, and will continue to be reduced by about 4.5% each year through 2010.

Representatives E. Clay Shaw (R-FL) and Benjamin Cardin (D-MD) recently introduced the Preserving Patient Access to Physicians Act of 2005 (H.R. 2356), which would actually increase the Medicare reimbursement rate by 2.7% in 2006 and revise the payment formula beginning in 2007 to avoid future reductions. Senators Jon Kyl (R-AZ) and Debbie Stabenow (D-MI) introduced the companion bill (S. 1081) in the Senate.

Even if you do not see Medicare patients, your practice may still be affected because unfortunately private insurance often looks to Medicare when it reviews its rates. So, the effects of these reductions could potentially be devastating to the profession of psychology. We need to build momentum on this critical issue today!

Oppose the Senate AHP Bill

It is APA Practice Organization's opinion to oppose the Small Business Health Fairness Act (Introduced 2/16/2005). Congress should reject this bill introduced by Senator Olympia Snowe (S. 406), which would exempt Association Health Plans (AHPs) from state laws that protect health care consumers,

including laws to help those persons who need or seek mental health services.

AHPs are health plans usually sponsored for small businesses and professional groups. They exist in some form today in many states and are subject to state consumer protection and other laws. To encourage enrollment in AHPs, S. 406 would exempt them from state laws. States have enacted consumer protection laws to ensure that consumers, including those enrolled in AHPs, receive quality care and adequate benefits. As a result, 42 states have enacted psychology freedom of choice statutes. Further, 32 states have enacted either minimum mandated benefit laws or mandated offering laws for mental health services. In addition, 41 states have enacted mental health parity laws. S. 406 would thwart years of effort by states to protect persons enrolled in AHPs by ensuring that they have adequate mental health coverage.

Under S. 406, it is likely that AHPs would reduce costs by offering pared-down benefits that exclude important health care coverage, such as mental health services and prescription drug benefits. These low-cost plans would appeal to those employers with primarily young, healthy employees. As a result, persons in need of more comprehensive benefits would be forced into traditional coverage at higher cost.

While S. 406 is meant to make insurance more affordable for small businesses, the Congressional Budget Office predicted AHP legislation would increase coverage for only 330,000 persons, out of approximately 43 million uninsured. Most of those covered by AHPs would have been previously covered

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Invitation to Join DuPage Psychologists

The Association of DuPage County Psychologists is an association of Illinois Licensed Clinical Psychologists offering professional fellowship and a referral service. To learn more about the Association meeting times, and locations, please call or email Fred Yapelli, Ph.D. at 630-279-2660 or clinpsychaff@earthlink.net fyapelli@sbcglobal.net

Central Illinois Psychologists: Come to a Local Meeting

James Hannum, Ph.D., ABPP 217/618 Area Code Representative

There are two psychological societies in central Illinois that welcome local psychologists to attend their meetings. The Central Illinois Psychological Society (CIPS) is located in Springfield. Current Co-Presidents are Dr. Rachell Anderson and Dr. Melissa Fisher Paoni. You can reach Dr. Paoni at 217-793-3949 for more information, or email her at MSPAONI@aol.com. Upcoming meetings of this group are:

October 20:

Dr. James Myers: Using Hypnosis in Psychological Practice

Jan. 19:

Tosha Campbell (representative): National Alliance for the Mentally Ill (NAMI)

Feb. 16:

Cindy Knight-Harris, SSP: The New IDEA: Implications for Assessment and Intervention of Learning Disabilities

The Champaign Area Psychological Society (CAPS) is located in Champaign-Urbana. The current officers of this group are Dr. Kimberly Collins (President) and Dr. Graciela Andresen (President-Elect). Several meetings are planned for this fall, though the dates have not yet been set. For more information, contact Dr. Collins at 217-649-0051 or email her at kdcollin@uiuc.edu.

News from the Hill Continued from page 13

by traditional plans. This minor increase in coverage would come at tremendous cost—Employers with the healthiest employees would choose AHPs, which would provide coverage at a lower cost because they are no longer state regulated. Unfortunately, these plans would also potentially have inadequate benefits, including mental health benefits, and inadequate quality checks provided by consumer protection laws.

Your Assessment at Work

Did you know that if you are an APA member who pays the APA Practice Organization practice assessment that you can use the Legislative Action Center link located at www.APAPractice.org to send these messages, which will enable you to:

- ~ Look up biographical, contact and legislative information on your legislators
- ~ Find out their voting record on key mental health issues
- ~ Track the status of legislation pending before Congress
- ~ Read confidential summaries on the issues
- ~ Sign up for *Megavotes* to receive weekly e-mails on your legislators' voting records

~ Check on the daily activities of the House and Senate through Congress Today

~ Review additional grassroots tips to assist you in your advocacy endeavors

~ Track any state or federal election and link directly to the candidates' web-sites

~ Research political action committee contributions to federal candidates

~ Look up and directly send a message to virtually any media outlet in the U.S.

I encourage you to do so, it's easy and does a great deal of good. And, as always, please feel free to be in touch with me on these and any other federal legislative issue as well. I'm always at cstout@ix.netcom.com, thanks!

Disaster Relief Networking Against Terrorism and Mother Nature: Since the Last Issue There's Been Quite a Bit of Activity

Eleanore Ryan, Ph.D., Disaster Response Network Chair

First, on June 26, 2005, there was the United Nations International Day in Support of Survivors of Torture which was celebrated by the Marjorie Kovler Center. This year, it was held at Mundelein College of Loyola University. The program was planned and conducted by survivors who have been helped by the Kovler Center. As usual, the buffet consisted of dishes from many different countries and cultures. This event is held annually to help survivors appreciate their accomplishments at living through the ordeals they've experienced. Sometimes they look a little puzzled about the honor. Sometimes they are still grieving for their friends and kin who have not survived. However, they are gradually beginning to understand the ceremony.

As the DRN Chair, I represent IPA at the Illinois Disaster Mental Health Coalition (IDMHC) meetings that are usually held monthly at the Office of the Mental Health Association of Illinois. At the June meeting, plans were completed for the "All Hazards Planning for a Behavioral Health Response" which was held on June 20, 2005. This event was sponsored by the Illinois Department of Human Services' Division of Mental Health and Substance Abuse and funded through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). Co-sponsors were Community Behavioral Health Association (CBHA), Illinois Alcoholism and Drug Dependence (IADDA), and the Mental Health Association of Illinois (MHAI). The program was planned and directed by J.W. Holcomb, MA, MAPA, Senior Administrator and Statewide Coordinator of Mental Health Disaster Resources. JW promoted this meeting to educate all disaster workers regarding the importance of the psychological aspects of experiencing disaster. More than 50% of those presenting for treatment after a traumatic event are suffering from psychological stress rather than physical problems.

The program was excellent and informative. I proctored one of the group exercises that were designed around a hypothetical terrorist attack at a transit station. This was ironic, in that real terrorist attacks at transit stations in London occurred shortly thereafter. The program helped all of us to seriously consider how we would respond in adverse conditions.

On July 23, 2005, I represented IPA at the 3rd Annual Congressional TriCaucus Minority Health Summit at the University of Illinois in Chicago (UIC). This is an annual meeting conducted by the Congressional Black Caucus, the Congressional Asian Pacific American Caucus, and the Congressional Hispanic Caucus. This event was sponsored by a number of NGOs and commercial entities.

The objectives of the summit are to promote the interests of minority communities and all Americans through legislative action and social outreach. Several Congressional Representatives attended this Summit.

It was at the suggestion of Dr. Chris Stout, our federal Legislative Committee Co-Chair, that I attended the Caucus. The agenda for this all-day meeting covered many aspects of health care, with a view to providing fair and equal access to it. However, not one of the sessions in any way addressed mental health issues. The first opportunity I had to question this omission was at the Wrap-Up, when comments from the audience were finally sought. My question about how mental health needs can be included in the health care initiated a 10-minute interaction regarding the importance of this issue. Congresswoman Linda Sanchez of California was especially interested and promised conscientious follow-up on the issue.

Community response to the threat of terrorism is emerging as a network of local teams. This development is sponsored and coordinated by the U.S. Centers for Disease Control and Prevention. The local teams consist of the regular first responders (fire, police, and other emergency personnel), who are usually on the scene before anyone else. These individuals are accustomed to focusing on the physical aspects of an event. Of course, it is important to attend to the physical needs. However, because of the preponderance of psychological problems that emerge in the face of trauma, DuPage County sponsored First Responder Training on "The Far-reaching Psychological Impact of Terrorism and Disasters" an all-day meeting on August 26, 2005. There I met recruiters for the DuPage Citizens Corps, which is organizing to meet the demands of terrorist activities and other disasters.

On August 27, 2005, I attended "Be Prepared", sponsored by the Medical Reserve Corps of Kane, McHenry, and Lake Counties. This is the introductory (entry) course for the corps of any community in Illinois. It was a condensed, but all info was relevant and well presented. I encourage all psychologists to look into the Medical Reserve Corps in their counties. This is an important aspect of response to any disaster. As has been well demonstrated by the hurricane, the local community is the most important facet of immediate response.

As I write this, I am monitoring the reporting of assistance needed for Hurricane Katrina survivors and how it is being provided. Continuing reports on Katrina needs and assistance

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Apply to be an IPA Fellow

IPA Fellow Status

IPA Fellow Status recognizes those IPA members who:

1. Have been members of the Association for at least seven years.
2. Have made unusual and outstanding contributions or performance in the field of psychology.
3. Have been nominated for Fellow status by two members of the Association who have submitted written endorsements to the Council of Representatives.
4. Have been elected to Fellow Member status by a majority vote of the Council of Representatives.

IPA encourages all qualified members to apply for Fellow status. Send a letter detailing your qualifications along with written endorsements from two IPA members to Dr. Lisa Grossman at: LRGROSSMAN@aol.com

Procedures

It shall be the task of the Fellows Committee of IPA to review the applications and to present their recommendations to IPA Council for approval.

A one time fee of \$50 will be charged for the processing and review of credentials.

A certificate/plaque of recognition of Fellowship status will be awarded.

Application for Nomination as a Fellow in the IPA

Attach Additional Sheets for Supporting Information

Name: _____

Mailing Address: _____

Email Address: _____

Phone: _____

IPA Membership Status: _____

Number of Years as an IPA Member: _____

Sections in which Membership is Held: _____

1. Educational History (include undergraduate, graduate and postdoctoral institutions):

2. Describe your outstanding contribution or performance in one of the specific areas listed in the Criteria listed above. Provide details where appropriate.

For example (the following is not intended to be exhaustive):

Public Service: Describe exact nature of services performed, dates, names of community organizations

Service to the Profession: List offices and/or committee memberships held, dates, names of professional organizations, explanation of specific services performed.

Scholarly Contributions to the Profession: List publications in accordance with APA editorial style for reference lists.

The IPA Ethics Committee in the Post-Adjudication Era

Keith A. Baird, Ph.D., ABPP, Chair IPA Ethics Committee

Why the Ethics Committee no longer adjudicates ethical complaints

In the Spring of 2004, the membership of IPA voted to end the Ethics Committee's (EC) role in adjudicating complaints of ethical violations. This is a growing trend among state psychological associations. Concern about the liability associated with adjudication is one of the key reasons. A second concern is that the same ethics complaint can be filed both with APA and with a state association's ethics committee. This means that a psychologist could face adjudication twice over the same incident, placing an undue burden on the psychologist. The process of adjudication was a pains-taking one and clearly the most time-consuming of the IPA ethics committee's three roles. With adjudication now a function of the past, the EC is ready to devote more time to its other two responsibilities, that of consultation as well as education and training.

Consultation

As a free service to its members, the IPA provides an ethics consultation service. There is always a member of the EC on call to answer questions about ethical dilemmas that arise in the course of your professional work. It is conventional wisdom that the best way to avoid ethical pitfalls is to know the APA ethics code, related guidelines, and the statutes governing our work in Illinois. And, always consult with someone when

facing ethical dilemmas. So, when the need arises, just call the IPA office at (312) 372-7610 and tell them that you would like an ethics consult.

Education and Training

The ethics committee is also committed to education and training. We will be at the IPA convention in November for a lively panel discussion of ethics cases. Some of the cases that we will be presenting are ones in which there is a conflict among ethics, the law, and/or moral aspects of a case. Please join us and feel free to bring cases of your own for discussion.

We will also be submitting articles in future newsletters of the IPA. Look for up-coming articles on such topics as: how to respond to a subpoena; the ethics of writing off patient co-payments; and what to do when your patient drives drunk. Please feel to contact us at keithabaird@sbcglobal.net if you have requests for other topics for us to include in future newsletters.

The members of the EC are also available for speaking engagements on a variety of topics dealing with ethics. These requests can be submitted via the same e-mail address just mentioned. In addition, please feel free to contact the Chair of the Ethics Committee directly at (630) 325-5300 regarding speaking engagements. We look forward to serving you.

When Does Your License Expire?

The IPA receives several calls every year from psychologists who are surprised to discover that their license has expired. A psychologist cannot practice with an expired license. Even for a brief period of time this is very risky. The Department of Financial Professional Regulation prosecutes individuals practicing without a license and a professional would not be covered by liability insurance. It can take weeks to renew a license.

The following are some suggestions to prevent this occurrence.

- ✓ Always notify the Illinois Department of Financial and Professional Regulation about any address changes.
- ✓ Keep track of the license expiration date.
- ✓ Do not rely upon the Department of Professional Relations to send you your renewal form.
- ✓ Complete the renewal form including the signature and payment enclosure.
- ✓ Mail completed renewal by certified mail.
- ✓ You can renew your license online at www.idfpr.com
- ✓ Keep proof of license renewal for employers, insurance provider panels, and your liability insurance.

Call the Department of Professional Regulation Licensure Maintenance Unit at (217) 785-0800 with any questions

APA Council of Representative's Report

Lisa Grossman, JD, Ph.D., Illinois Representative to the APA Council

Forever let us hold our banner high

Well, it's coming to the end of my second term as Illinois representative to the APA Council of Representatives. My last council meeting met at APA convention this past August. As always, there were a number of interesting and challenging issues facing APA with which we struggled, debated, compromised and most often resolved.

APA's financial status is in good shape. Council approved a 2006 Preliminary Budget that called for a 2005 probable surplus of \$456,900 and a surplus of \$463,400 for 2006. Consistent with the actions of Council in August 2000 and 2002 to institute the practice of increasing the APA base member dues and graduate student affiliate fees annually by an amount linked to the consumer price index (CPI-U), Council also approved an \$8 member dues increase from \$253 to \$261 for the 2006 dues year and a \$1 graduate student affiliate fee increase from \$43 to \$44. Revenues generated from this latter increase will be added to the APAGS budget.

There were several agenda items that may directly affect Illinois psychologists:

1. Report of the Board of Directors Work Group on the Recommendations of the Commission on Education and Training Leading to Licensure in Psychology. Council agreed to receive this report and approved circulation of the report to external communities of interest for review and comment prior to taking action on the policy statement proposed in February 2005. What is the most important change in this policy statement is the required sequencing of the supervised experience. While the draft policy main tains the recommended requirement in current APA policy for two years of supervised experience prior to licensure, a requirement common to most licensure jurisdictions, it allows flexibility as to when those two years may be obtained. The draft policy statement reads, in part: "The American Psychological Association recommends that for admission to licensure, applicants demonstrate that they have completed two years of supervised experience, which can be completed prior to the granting of the doctoral degree." This draft policy would allow the supervised experience to occur prior to one's degree, thereby not necessitating the post-doctoral year.
2. Council approved revisions to the American Psychological Association Practice Organization (APAPO) Bylaws to create a new category of constituents who are voluntary contributors to the Education Advocacy Trust known as Education Constituents.
3. Council adopted a *policy statement on evidence-based Practice in Psychology*.
4. Council adopted as APA policy a *Resolution on Anti-Semitic and Anti-Jewish Prejudice*.
5. Council approved the inclusion of \$30,000 in the 2006 Preliminary Budget for the funding and *establishment of a Task Force on the Implementation of the APA Guidelines on Multicultural Education, Training, Research, Practice and Organizational Change*. The Task force mission will be to suggest methods for the infusion of these guidelines throughout APA.
6. Council adopted as APA policy the *Resolution Recommending the Immediate Retirement of American Indian Mascots, Symbols, Images and Personalities by Schools, Colleges, Universities, Athletic Teams and Organizations*.
7. Council adopted the Resolution of the President's Task Force on *Enhancing Diversity in APA*. Please contact me if you would like copies of any of these policy statements or resolutions.

In addition, President Levant invited four ethnic minority psychological associations to observe our Council meeting with the hopes of finding common interests that might allow further collaboration in the future. The groups included the Black Psychological Association, the Latino/a Psychological Association, the Asian Psychological Association and the Native American Psychological Association.

Who are the new leaders of the band?

Beginning in 2006, Illinois will be represented at APA Council of Representatives by Drs. Bruce Bonecutter and Mary Halpen. I wish them the very best and hope their experiences on APA Council are as exciting and rewarding as mine have been. I know they will represent our Illinois issues well and be a strong voice for us in APA governance.

And now it's time to say good bye to all my Illinois Family ... Mic ... See you soon! KEY ... Why? Because IPA has a strong voice in APA governance ... MOUSE! Th ... Th ... Th ... That's all folks!

Q: At What Point in Your Training Do You Learn the "How To" of Being a Psychological Consultant?

A: After You Join the Consulting Section

Steven E. Rothke, Ph.D., Chair Consulting Section

Our July meeting featured a live consultation to a new CEO of a mid-size, not-for-profit organization. The consultants were **Bernie Kliska, Ph.D.**, chair of the Family Business Center at Loyola University, and **Miceal Rooney, Psy.D.**, principal of Rooney & Associates. They demonstrated the types of questions one asks a new CEO such as what are his/her goals, length of tenure if known, the nature of the corporate culture, and who are the allies/opponents of the changes the CEO hopes to make. Our consultants also addressed the possible roles that the CEO's coach could play ranging from typical telephone and face-to-face individual sessions to meeting with other members of the organization's board to facilitate the new executive's success. The presenters passed out additional materials on how to coach executives and set the stage for change in organizations, and they were kind enough to share some of the contract materials they use when working as consultants. It was an excellent learning opportunity for clinicians seeking to understand what effective consultants do and how they do it.

Psychologically Healthy Workplace Award (PHWA)

One of the major tools our section has for promoting the work of consulting psychologists and for learning how to perform an organizational site visit and psychological audit is the PHWA. Our section members have a golden opportunity to participate in or lead site visits to top flight Illinois businesses and employers during which we are given access to executives, facilities, and employees in a way that is not available to the general public. Information about the award and application materials is found on the IPA website.

We are delighted to announce that the International Assistance Program (IAP) of Caterpillar, Inc. of Peoria is the award winner for 2005. This award is given in recognition of a creative effort to attend to the psychological, medical, social, and educational needs of over 1,000 expatriate employees and their families. The program is charged with helping international service employees (ISEs) and families adjust to new cultures, schools, management styles, languages, and finding language-appropriate and culturally-relevant psychological and other services when needed in over 30 countries. Clinical research has shown that ISEs and their families are at increased risk for depression and adjustment disorders that can negatively affect employee performance, marital relationships, and length of stay in an assignment. The IAP facilitates a positive experience for its workers and enhances productivity and

successful tenures in challenging assignments. The award will be presented at the upcoming IPA convention.

Over 35 states now participate in the PHWA program. Each state psychological association grants an award annually, and bases it on five criteria:

- 1) Opportunities for Employee Involvement
- 2) Employee Growth and Development
- 3) Work-Life Balance
- 4) Health, Safety, and Security
- 5) Employee Recognition

The American Psychological Association will select a national award winner in 2006 from among this year's state winners.

Previous Illinois Winners:

2002 DSM-Desotech, Elgin IL

2003 Kelmscott Press, Aurora, IL

2004 Maine Plastics, North Chicago, IL

Upcoming Programs of Interest

Chris Johnson, Psy.D., associate chair of the consulting section, will be running a course on the use of Mindfulness Meditation for the treatment of stress and pain, and for the enhancement of resiliency. The title is A Mindful Course, which is based on the work of Jon Kabat-Zinn. Call Chris at 630-368-0122 for details.

The September 16 section meeting features Steven Julius, Ph.D., founder of a large suburban clinical practice, on the subject of Consulting to Prominent Clients (among his clients are Chicago sports teams and athletes).

The section is sponsoring a program on the assessment of cognitive functioning in business and industry using the Wonderlic Personnel Test at the IPA Convention on Friday, November 11. The test publisher will present test norms, how to interpret the findings of an assessment, and discuss the relevance of cognitive abilities to future job performance.

Section Meeting Schedule for 2006:

January 20

March 17

May 19

July 21

September 15

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Perspective on State Associations...

Katherine C. Nordal, Ph.D., Chair APA Committee for the Advancement of Professional Practice

GREETINGS! When I completed my term as member at large of the APA Board of Directors, my state association (Mississippi) president asked me to share with our association members my perspectives on my state association and how they may have (or have not) changed as a function of my national service. I would like to share my impressions with you also.

The breadth and depth of activities undertaken by APA for its members is absolutely mind-boggling. Our APA Practice Organization is always very hard at work for practitioners and state associations. A special thanks and appreciation go to Russ Newman and Mike Sullivan for their leadership and to their staff who put in a Herculean effort on a daily basis in spite of an underfunded APA Practice Organization. Their activities include: legal and regulatory activities to advance practice; the Public Education Campaign with its newest iteration focusing on psychologist specific messages and the mind-body connection; advancement of prescriptive authority for appropriately trained psychologists; HIPPA training in conjunction with APAIT; invaluable conceptual guidance for states regarding legislative initiatives; nuts and bolts advocacy training; and very necessary financial support (\$550K in 2004) to state associations for a variety of essential activities. Our annual State Leadership Conference is APA's premier advocacy training event for state leaders. The practice Portal (www.apapractice.org) and electronic newsletter provide valuable information to practitioners in a timely manner. More recently, the Locator Service with free listings for all Practice Assessment payers was launched. Practitioner Website development, with a link to the Locator Service, is also available. And, thanks to the legal and regulatory staff, many practitioners are now receiving checks from the CIGNA settlement. While the money is a nice bonus, the real victory lies in the changes managed care companies will have to make about their business practices.

Kudos to APAPO notwithstanding, the state association is where the rubber meets the road for most of us. It is in the state legislatures and regulatory agencies where the action takes place: statutes that define the scope and nature of and protect our practice; prescriptive authority; mental health parity legislation; managed care and insurance company litigation; Medicaid funding; immunity legislation for court appointed custody evaluators; and funding for education and training programs. When you develop and sustain relationships with key members of your state legislature and state agencies, you will achieve important legislative and regulatory victories over time. Some of those battles are long and difficult. The recent successes of the New Mexico and Louisiana Psychological Associations in gaining prescriptive authority are a testament to such relation-

ship building. The efforts of hospital-based public service psychologists in California in gaining an expanded scope of practice in those settings are another example of persistence in getting the desired results.

I believe that some state associations fail to appreciate the extent to which they can have an important impact on their state elected officials. It is because of the development of and sustaining of ongoing relationships with members of your state legislature, particularly chairs of key committees, and persons in key agency positions that your state association will be able to achieve important legislative and regulatory successes over the years. Some of those battles are long and difficult and it is those important relationships that you nurture over time that will make the difference and win those important victories.

As individuals, we can have the largest impact, see more immediate results, and feel more intimately connected to our colleagues and profession in our state association than anywhere else! Your state association should be your primary and most important link to professional psychology. Our state associations provide us with a sense of professional identification, support, and networking opportunities.

State associations can also have significant influence in APA governance and policy setting. Your association's main voice is your APA Council representative who is elected by your association membership. Collectively, you can give state associations an even stronger voice. Stop throwing away those annual apportionment ballots and cast your ten (10) votes for your state association and/or Division 31 (State Psychological Associations). The more votes your individual state gets, the more Council representatives you can potentially gain. The more votes states get collectively, the stronger their voice will be. When state associations work together, they can achieve legislative victories in the Council. That is how the states, provinces, and territories eventually got more seats (votes) on Council overtime. You are fortunate to have excellent leadership in the APA Council's States' Caucus and APA's Division 31 (State Associations) who are working hard on your behalf.

Your state association representative(s) to the APA Council also elect members of many APA boards and committees. Your association receives a yearly call for nominations for standing boards and committees and can nominate any number of individuals for those positions. It takes a lot of work and visibility to get on those ballots and to get elected but your state leaders do not stand a chance of serving at that level of governance if they are never nominated. Nominate your colleagues. It is important for the voice of states to be heard in those venues.

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Perspective on State Associations..

Continued from page 20

I hope that you will share this article with a colleague who is not a member of your association...maybe it will help them to understand why state association membership should be an important part of their professional development and identity as a psychologist. And, if you are not already a member of Division 31, the only APA division devoted solely to the interests of state associations, consider joining.

And on a final bittersweet note...Dr. Mike Sullivan, who has served in the APA Practice Directorate for the past 13 years as the Assistant Executive Director for State Advocacy is retiring this year. Mike will be sorely missed!! He has been a lifeline for many state associations and has worked tirelessly to build the strength of state associations and their members. Dr. Dan Abrahamson has been selected to succeed Mike. Dan is an independent practitioner from Connecticut and has served as CPA's Director of Professional Affairs. Dan knows personally the issues facing practitioners and state associations. He has been a long time ardent advocate for psychology and the issues that are important to all of us. He has state association and APA governance experience, so he knows first hand the challenges that face all of us in the practice and professional association communities. He understands those systems and is able to work effectively in them. Dan is bright, energetic, articulate, a plea-

sure to work with and passionate about our issues. He is wonderful addition to an already dynamic Practice Directorate and Practice Organization staff. I look forward to working with Dan over the next several years as we advance our practice agenda through national and state venues.

As the current Chair of the Committee for the Advancement of Professional Practice (CAPP), I hope that you will feel free to contact me by phone at 601-634-0118 or by email at knordal@vicksburg.com with any questions or concerns you might have about practice issues or the Practice Organization's efforts on behalf of state associations.

Note: Katherine Nordal, Ph.D. is a full-time independent practitioner. A past president of her state association, former member-at-large of the APA Board of Directors, first independent practitioner APA Congressional Fellow, and trustee of the American Psychological Association Insurance Trust, Dr. Nordal is the current chair of APA's Committee for the Advancement of Professional Practice. You can visit her Website at www.DrNordal.com.

Consulting

Continued from page 19

The above dates are Fridays and meetings are 8-10 AM at:
Advocate Health Care
2025 Windsor Drive
Oak Brook, IL 60523

Graduate Students:

All graduate students are welcome to attend our meetings and to participate in PHWA site visits.

Section Information

Contact Steven Rothke (s-rothke@northwestern.edu, 847-480-5744) to be added to the section listserv or with any questions or suggestions.

THE Family INSTITUTE

FAMILIES IN FLUX

Exploring the Evolution of Today's Family

A conference presented by
The Family Institute
at Northwestern University

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Northwestern University
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more information about the
conference speakers and workshops.

For a brochure:
Call: 847.733.4300, ext. 646
Email: familyinstitute@northwestern.edu

November 10

Keynote Speaker

William J. Doherty, PhD, LMFT,
Professor of Family Social Science and
Director of the Marriage and Family
Therapy Program at the University of
Minnesota, will present *Therapists and
the Consumer Culture of Family Life*.

November 11

Panel Presentation

**Family Therapists: A Look into
the Future**

Six nationally-recognized experts will
explore new clinical approaches for
the effective treatment of couples and
families in the 21st century—including
challenges from same sex marriage to
divorce to cultural diversity and more.

Plus, 16 stimulating workshops will
focus on customizing treatment
interventions for the unique issues
facing today's families.

*Join us for 2 days of training, networking
and developing your own talent for
strengthening and healing families.*

CEUs available

Greetings from the Chicagoland Area Code Representatives

Carroll Cradock, Ph.D and Angelique Sallas, Ph.D.

We both feel honored to be serving you at IPA Council. However, a few questions have arisen: What exactly is an “Area Code Representative and what is his or her role and function? As best as we can figure, a long time ago the IPA leadership, at that time, decided that it would be a keen idea if the Council had representation from the respective geographical areas of the State. Maybe they thought regional differences would loom large...maybe they thought members in one region or another would be more likely to call someone with a concern if it didn’t involve a long distance charge...maybe they thought we’d have land lines forever and that someday people will think area codes were soooo 20th century like phones that went ring ring... maybe they thought we’d have area code meetings, barbecues and cocktail parties—and maybe we should. Well, in any case here we are, intent on making ourselves useful to our members in area codes 224, 312, 630, 708, 773, and 847. So, since we represent you, we want you to have input into the defining of our roles and functions.

We are clear about three functions. First, we support the initiatives of our IPA President, John Blattner. The organization needs reinvigorating and we need you, our members, to participate in this effort. John is leading us in a strategic planning process to transform IPA. Let’s all get on board and join in the process. As John says, let’s all get on the bus and take the trip together.

Second, since many of the psychology graduate schools are in our area, we are also working with the IPAGS (the graduate student section) to stimulate interest in and support of the State organization. To that end, we put on a seminar, “Making A Living And Having A Life.” We invited psychologists from various venues who spoke about what their work is like. It was well received and we plan to put on more seminars. Any ideas? Would you like to participate?

Third, we want to represent you and be a voice from you to Council but in order to do that, we need to hear from you. We’ve decided to ‘fess up to the fact that we actually haven’t lived and worked in each of the area codes—all the more reason that we need to hear from you. And while between the two of us, we have worked in a range of venues (private practice, community mental health, graduate level teaching, organizational consulting, corporate health care, administration, social services), there are quite a few we’ve missed. So, we are most interested in hearing from you about how you want the organization to better serve you and your interests. We also want to know what you have to contribute to the organization. Let us know!

Please contact us at DrSallas@aol.com or CACradock@aol.com with all your thoughts and opinions about how IPA and you can serve each other: serious, funny, profound, quirky, in- and out-of-the-box.

Disaster Relief Continued from page 15

will be posted on the IPA Listserve. Also on the list serve in information regarding training for the Disaster Mental Health Service (DMHS), which may be available in conjunction with disaster deployment. A 6-page document describing the service and including an application form is available there.

When a disaster the magnitude of Hurricane Katrina occurs, first reports are always very shocking. They are usually of the “worst-case scenario” type; delineating what might happen. It is encouraging to hear the good news that is emerging as the effects are being documented. However, disasters like Hurricane Katrina require survivor assistance for a long time. If you cannot devote time to help now, you will have ample opportunity to help as the recovery proceeds.

Wanted!

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Northbrook, Illinois

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REQUIRED: Volunteers must be IPA Student Members or Applicants for student membership.

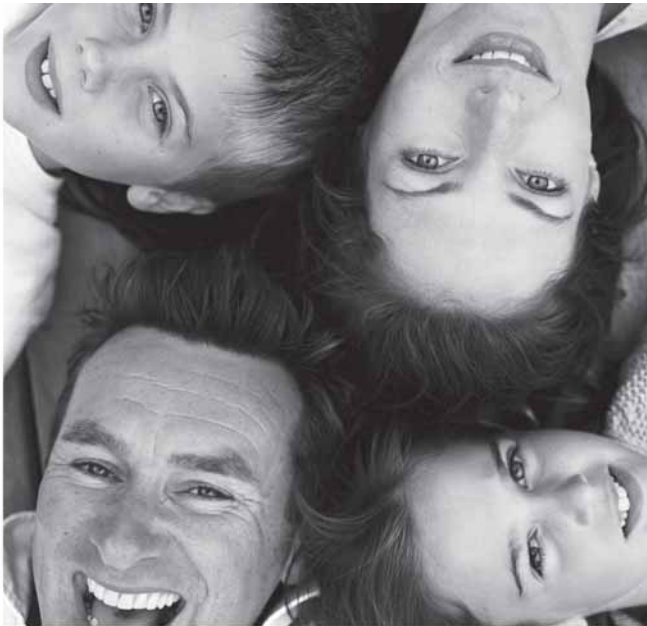
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- Register convention participants
- Monitor meeting rooms
- Give direction, help with problems
- Assist exhibitors & presenters

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The Cook County State's Attorney's HMO Consumer Assistance Program is designed to help Cook County citizens voice their concerns about HMOs that fail to honor their commitments. Their goal is to identify HMOs engaging in deceptive advertising, service and marketing practices. The program will investigate consumer complaints received on their HMO consumer hotline. Every complaint will be evaluated to determine whether there is a pattern of abuse by an HMO. If so, the State's Attorney's Office can investigate further and take legal action.

The Cook County State's Attorney's HMO Consumer Assistance Program will be an advocate for consumers and a resource to collect, evaluate and respond to complaints about HMOs. Please contact them if you feel that you have been the victim of HMO abuse. Their phone number is

(312) 603-8666

National Provider Identifier Enrollment Begins

The U.S. Department of Health and Human Services (HHS) has started the process of assigning a unique identification number to each health care professional or entity. The use of a single identifier, rather than a tax ID number or social security number, is intended to enable the efficient electronic transmission of health care information. The enrollment deadline is not until May 2007. All health care providers are eligible to apply for the 10-digit identifier. However, all “covered entities” (mandated to comply with HIPAA guidelines) are required to obtain an NPI. In applying for an NPI, providers will be asked to pick a “taxonomy code” which corresponds to various categories (such as addiction, child, youth, family, neuropsychology and forensics). The full listing and definitions for these taxonomy codes are not yet complete. Clarification of enrollment will be provided in the coming months. If you wish to learn more go to www.cms.hhs.gov/hipaa/hipaa2/regulations/identifiers/default.asp.

ETHICS CONSULTATION AVAILABLE FOR IPA MEMBERS

While the IPA Ethics Committee has discontinued any adjudication function, the Committee will continue to offer individual telephone consultation to IPA members on ethical issues. Members can access this service by contacting the IPA office at 312/392-7610. Other educational functions provided by the Committee include ethics presentations, workshops, and seminars for psychologists, agencies, and academic programs. Contact the IPA if you are interested in arranging such programs.

Managing Traumatic Stress After Hurricane Katrina: Public Education Campaign Brings Message of Resilience

Nancy Molitor, Ph.D., IPA Public Education Campaign Chair

September was supposed to be the month that the APA Practice Directorate's public education campaign was to officially kick off "Mind/ Body Health Month" with its release of materials designed to support the newest message of the campaign "For a Healthy Mind and Body...Talk to a Psychologist." Hurricane Katrina changed all that. The Practice Directorate rapidly responded by shifting the focus of the campaign to delivering more messages of resilience and dealing with trauma. In the subsequent weeks, the focus then included messages of possible long-term challenges and how all of this affects the mind/body health.

Almost immediately the APA Help Center (www.APAHelpCenter.org) began offering the public fact sheets, which are currently still available on the site and can also be used by psychologists for outreach with your patients. Managing Traumatic Stress: After Hurricane Katrina; Managing Traumatic Stress: Hurricane Katrina and Children and Managing Traumatic Stress: Dealing with Hurricane Katrina from Afar (which is incredibly helpful in dealing with patients who possibly experienced indirect trauma by watching the round the clock coverage on TV).

The Practice Directorate also collaborated with several public health agencies and associations of first responders such as firefighters and journalists to offer our services to present programs on resilience and coping. Around the country, many public education and disaster response network psychologists responded to requests from the media to help the public understand the extent of the short and long term psychological sequelae.

By the time you read this, hopefully some of the initial grief and uncertainty will be over, but the messages that we psychologists can offer the public, of effective ways to manage trauma and its potential long-term effect on mind/body health will endure. This Campaign has much to offer and we need you to volunteer to join us now! The Illinois Public Education Campaign is looking for psychologists to help host community forums as well as reach the media with our message. The APA Practice Directorate will provide you with an all-inclusive toolkit to get you started and our local Illinois Campaign will help get you into local community venues and support and mentor you!

Visit the Practice Directorate's website to obtain the toolkit (www.apapractice.org) which includes fact sheets, useful statistics and data on mind-body health tips and strategies for dealing with the media and information and materials for participating in health fairs and other venues. Then attend our

upcoming three hour workshop, "Train the Trainer: Making Psychology a Household Word" at IPA's convention on Friday, November 11 at the Northbrook Hilton. Look for more information in your IPA Convention Brochure. During this intensive workshop, led by Helen Mitternacht, head of the Practice Directorate's Public Relations staff, you will get hands-on experience in both media training and community speaking and be poised to take part in this important public education campaign. For more information, please call me at 847-251-0425.

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Lynda Behrendt, Psy.D., RN, IPA Director of Professional Affairs

CIGNA Settlement

The American Psychological Association participated in a suit brought by psychologists against CIGNA and twelve other managed care companies. The lawsuit alleged a conspiracy among the country's largest managed care companies to delay, reduce or deny payment of claims. Over 52,000 therapists applied for reimbursement. The writer was one of the Illinois psychologists who applied and received a portion of the 12 million dollar settlement. Although the settlement checks do not fully match what we were deprived, it hopefully sends a message to insurance companies that psychologists will notice unfair reimbursement practices. CIGNA is also obligated to reform policy regarding reimbursement, authorization and referral practices. We would like to keep track of how many Illinois psychologists benefit from this reimbursement. Please call 312-372-7610 x203 or email me at ipapractice@aol.com with your information. We will keep your information confidential.

Aetna Disconnecting from Magellan

Aetna has used the Magellan's provider list for many previous years. However, Aetna is severing its relationship with Magellan this fall. If you are a Magellan provider you will not automatically be made an Aetna provider. You will need to make application with Aetna. You can begin the process by calling the credentialing office at Aetna (800-999-5698) and requesting an application. Aetna states that it takes 2-3 weeks to receive the application and three months to complete credentialing. The turnover date is January 1, 2006. You will need to begin this process immediately if you work with Aetna.

National Provider Identifier

The U.S. Department of Health and Human Services has started the process of assigning a unique identification number to each health care professional or entity. The use of a single identifier, rather than a tax ID number or social security number is intended to enable the efficient electronic transmission of health care information. The enrollment deadline is May 2007. All health providers are eligible to apply for the 10-digit identifier. However, all covered entities mandated to comply with HIPAA guidelines are required to obtain an NPI. You can now begin to apply for your national number. This process can be done by mail, phone, or online. Whichever system you chose, you will need to continue to use that system in the future to make data changes.

Phone: 800-465-3203
 Mail: NPI Numeration
 P.O. Box 6059
 Fargo, ND 58108-6059
 Online: <https://nppes.cms.hhs.gov>

I completed the online process in approximately 10 minutes and received my NPI 15 minutes later.

United Behavioral Health

UBH in Illinois has contracted with a company call Multiplan to "provide Bill Review". Multiplan is sending letters to out-of-network psychologists stating that they are "reviewing the claim against industry related standards for usual, customary and reasonable pricing." They are requesting that psychologists sign and accept reduced fees even if they have no contract with UBH. The wording could be interpreted as implying that payment will not be released until the psychologist agrees. Psychologists have received numerous phone calls and letters repeating the request. Psychologists that clearly state that they refuse to reduce their out-of-network fees have then received reimbursement. Please notify us so that we become aware of the breadth of this practice. The Ohio Psychological Association has reported that Ohio psychologists have received similar letters from Pacificare Behavioral Health (PCBH).

Medicare Reductions May lead to Reductions by Other Insurers

Unless congress acts in the next few months Medicare will reduce provider payments by as much as five percent annually, beginning in 2006. Since fees paid by private insurers and other programs are often linked to the Medicare fee schedule this could impact reimbursements from many insurance companies. Please contact your Members of Congress through the Legislative Action Center at www.apapractice.org. It only takes minutes to send letters to your congressman through this system.

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Lara W. Hughes, Psy.D.
Kin Ching King, Ph.D.
Thomas Lambert, Psy.D.
Janet Lundgren, Psy.D.

Anthony O'Connell, Psy.D.
Andrea S. Platt, Ph.D.
John C. Pompe, Psy.D.
Stephanie A. Ross, Ph.D.
Nancy J. Skuble, Psy.D.

Non-Licensed Doctoral Level Members

Cynthia Cornejo, Psy.D.
Robert W. Hotes, Ph.D.
Candace McMillan, Psy.D.
Geneva Reynaga-Abiko, Psy.D.

Student Members

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Priscilla Butler, M.F.A.
Matthew Coopersmith
Nicole Cox, M.A.
Carissa Dimaculangan
Marilyn Fettner, M.A.
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Sari Weintrob, M.A.
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Out of State Members

John C. Courtney, Psy.D.

Numbers You Should Have

Illinois Psychological Association
203 N. Wabash Ave. Suite 1404
Chicago, Illinois 60601

Phone: (312) 372-7610

Fax: (312) 372-6787

Executive Director e-mail:

Terrence Koller
ipaexec@aol.com

Administrative Assistant e-mail:

Ronald Woods
IPAManager@aol.com

IPA Web Site
www.illinoispsychology.org

**Illinois Department of
Professional Regulation**

**Licensure Requirements or Pending
Applications: (217) 785-0800**

**New Applications and Changes to
Current Licenses: (217) 785-0800 ask
for *Licensure Maintenance Unit***

**Complaints against licensed
professionals: (312) 814-6910**

**Mailing Labels of Licensed
Professionals: (217) 785-0920**

IDFPR Web Site
www.idfpr.com

Abuse Reporting Hotlines

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Elder Abuse
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(800) 279-0400 (after 5 p.m.)

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Provider Information:

(877) 908-9499

Providers website: www.wpsmedicare.com

General website: www.wpsic.com

American Psychological Association

(800) 374-2721

Web Page
www.apa.org

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Classified Advertisements

Classified Advertisements (Positions and Services) may be placed on the IPA Web Page. There is a \$30 charge for a one month listing Ads can be composed directly at the site.

www.illinoispsychology.org

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Licensed Psychologist: Private Practice Part/Full time. Locations in Oakbrook, Carol Stream, Naperville, & Oak Lawn. Child/Adolescent, exper. required. Resume to: 630/586-9990 or Centers for Family Change 2907 Butterfield Rd., Ste. 240, Oakbrook, IL 60523

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Chicago: Sunny, spacious and nicely furnished office, in a three office suite, on North Michigan Avenue, in an Art Deco Landmark Building available to sublet. There is a nice waiting room and a kitchen. It's available on Tuesdays, Thursdays, Fridays and Weekends, beginning October 1st. Contact Ellen Rosenberg, Ph.D. at (312) 782-6302 for information.

Chicago: Downtown: 55 E. Washington, 27th floor. Offices for rent in newly constructed therapist's suite. PT/FT (minimum 1 day per week) Beautifully furnished, wonderful views, soundproof, kitchen, bathroom, etc. in suite. Jeffrey Shore, Partners for Change, 312/782-3888 x22.

Chicago: Near North and Deerfield: Attractive, furnished offices at State and Superior, and Lake Cook and Waukegan respectively. Therapists in suites are Ph.D.'s, MA's, and MSW's in private practice. Call Dave McKay, Ph.D. at 847/864-6048.

Evanston: Downtown, very nice location. Full or part time (share with another applicant) in suite with a psychologist and a psychiatrist. Contact Mark A. Moulthrop, Ph.D., 847/869-3702.

Lake Forest Hospital: Full or part time office in shared therapist suite; waiting room, separate exit, kitchen, bathroom, collegial atmosphere. Contact Bob Heinrich, Ph.D., 847/615-9900 or robheinrich@sbcglobal.net.

Northbrook: Deluxe space, large furnished rooms. Directly off Edens, ample parking. Hourly/monthly rates. Contact Rick Tivers, L.C.S.W. 847/291-0468

Northbrook: Beautiful, furnished office in three office suite, available part time; varied hours. Some daytime, evening and weekend hours available. Share suite with other therapists. Co-marketing opportunities. Great location, in medical complex. Close to highway. Ample parking. Call Lisa Baron, LCSW, 847-501-0371.

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Oak Park: Attractive office space available in downtown Oak Park on Mondays, Fridays and Sundays, day and evening. Office is in elevator building, with easy access to public transportation and parking. Please call Dr. Laura Lerner 708/383-3070.

Park Ridge: Gorgeous office space available in Park Ridge very close to 294. Each office has a dataport with instant internet access; each therapist can be listed on the main building directory as well as on the suite door and the door to their own office; the phone system can be programmed to provide a guest mailbox for "visiting" therapists; the suite is handicapped accessible and has a kitchen and a children's waiting area with a blackboard. We're a warm and collegial group! Individual offices available from one day a week to full time. Call if interested. Dr. Amy Robinson 847/699-3399 X3

Park Ridge: Office-space available in attractive four-suite 1/4 mile from Highway 294's Dempster exit. The suite is comfortably roomy with a common waiting room, plus an additional area connecting the four offices. Day, evening or week-end hours are available, at very reasonable rates, with a 4-hour minimum, week rental. Call Linda at 847/864-4196 or Erika at 847/297-7339.

Continued on page 33

Classified Advertisements
Continued from page 32

Schaumburg: Near the I-90 and I-294 intersection, this furnished, decorated room shares a common waiting room, bathroom and records room with a second office. Multiple days a week available with evening hours. Please call Martha Stamper, Psy.D. at 847-519-0520.

Winnetka: Office space available for sublet in downtown Winnetka office—2 days and a morning. Located on Elm Street, btw Greenbay and Sheridan Roads, 5" from Edens. Separate rooms for child and adult psychotherapy, kitchenette and bathroom in elevator bldg. Call 847-446-0422 for more info.

Obituary

Natalie R. Haimowitz, Ph.D., 82, long time IPA member, passed away in Oakland, California on September 4, 2005 of temporal lobe dementia. Dr. Haimowitz was an international lecturer and co-author of four books, including "Suffering is Optional", a 1976 psychology textbook used in hundreds of colleges. Dr. Haimowitz practiced psychology in Chicago, holding license number 483 before moving to California. In the 1970's Dr. Haimowitz presented workshops with her husband on relationship therapy. She was a member of the IPA Social Responsibility Section and was a dedicated volunteer at Marjorie Kovler Center where she never missed a volunteer meeting. Her life was a model of commitment to those in need.

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IPA MEETING CALENDAR

IPA Executive Committee Meetings will be held at 4 PM on Friday, October 21, December 17, 2005 and January 21, February 11, March 18 and April 25, and June 24, 2006.

IPA Council Meetings will be held at 9:30 AM on Saturday January 22, April 23, and June 25, 2006.

IPA Legislative Committee Meetings will be held on Friday, October 21, 2005 at 2PM, Friday, December 17, 2005 at 2PM, Saturday, January 22, 2006 at 8AM, Friday, February 11, March 18, 2006 at 2PM, and Saturday, April 26, 2006 at 8AM, May 20, 2006 at 4 PM and June 25, 2006 at 8 AM.

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Past-President	Armand Cerbone, Ph.D., ABPP	773/755-0833
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Secretary	Joseph E. Troiani, Ph.D.	815-727-8521
Treasurer	Linda Papach Goodsitt, Ph.D.	708/354-0065
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Clinical Practice Section	Stephen Kahn, Ph.D.	773/324-1155
Consulting Section	Steven Rothke, Ph.D.	847/480-5744
Health & Rehabilitation Section	Virginia Mullin, Psy.D.	219/462-1303
IPAGS Section	Amy Lynn Tilley	773/857-6813
Sexual Orientation Issues Section	Gregory M. Sarlo, Psy.D.	773/880-2235
Social Responsibility Section	Mary Fabri, Ph.D.	773/381-4070 x302
Women's Issues Section	<i>Vacant</i>	

At-Large Representatives

217/618 Area:	Jason W. Engel, Psy.D.	618/283-2670
217/618 Area:	James Hannum, Ph.D. ABPP	217/352-9206
224/312/708/847/630/773 Area:	Carroll Cradock, Ph.D.	312/243-7441
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224/312/708/847/630/773 Area:	Angelique A. Sallas, Ph.D.	312/266-0489
309/815 Area:	John Day, Ph.D.	309/692-7755
309/815 Area:	Robert Meyer, Ph.D.	815/338-9199

IPA Committee Chairs

Annual Convention	John Blattner, Ph.D.	630/968-5950
Continuing Education	Trish Morris, Ph.D.	708/403-9556
Cultural Diversity (Ad Hoc)	Susana J. Schlesinger, Ph.D.	708/210-1133
Disaster Response Network Committee	Eleanore A. Ryan, Ph.D.	630/887-0413
Elections Co-Chairs	Greg Lewis, Psy.D. & Randy Kettering, Ph.D.	312/864-8035 & 847/934-8475
Ethics	Keith A. Baird, Ph.D. ABPP	630/325-5300
Finance Committee	Linda Papach Goodsitt, Ph.D.	708/354-0065
Healthcare Reimbursement Committee	Alan Graham, Ph.D.	847/824-1235
IPA Committee on Legal Issues (ICOLI)	Mary Gardner, Psy.D.	312/372-3322
Legislative Co-Chairs	Chris Stout, Psy.D. & Kenneth H. Kessler, Ph.D.	312/814-2720 & 847/514-0602
Legislative Subcommittee-Rx. Privileges	Marlin Hoover, Ph.D. & Patricia Pimental, Psy.D., A.B.P.N.	708/403-9556 & 708/643-4059
Membership	Russell Bishop, Psy.D., ABPP	815/787-6463
Psychologists Peer Assistance Program	Susana J. Schlesinger, Ph.D. & Melvin French, Ph.D.	708/210-1133 & 309/663-1623
Placement	Carlissa Richards Hughes, Ph.D.	312/531-2375
Psychology and the Law	Mary Gardner, Psy.D. & Peter W. Demuth, Psy.D.	312/372-3322 & 847/361-7281
Public Affairs	Katherine B. Klehr, Ph.D.	847/446-4800
Student Development	<i>Vacant</i>	

Liaison positions:

APA Ethnic-Minority Committee	Susana Schlesinger, Ph.D.	708/210-1133
APA Business of Practice Network	Alan Graham, Ph.D.	847/824-1235
APA Public Education Campaign	Nancy Molitor, Ph.D.	847/251-0425
APA Rural Psychology	Melvin French, Psy.D.	309/663-1623
Federal Advocacy Coordinator	Chris Stout, Psy.D., M.B.A.	312/814-2720
From the Psych Examining Board	Kenneth H. Kessler, Ph.D.	847/514-0602
PAC Chair & Liaison to the IPA Council	Kenneth H. Kessler, Ph.D.	847/514-0602

Staff

Executive Director	Terrence J. Koller, Ph.D.	312/372-7610 x-202
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